

AI-Anon Information Service of Greater Rochester NY
Meeting MINUTES 07/10/2021
Zoom Meeting-links on Rochester AIS Website

Chair: Open meeting with a moment of silence followed by the Serenity Prayer.

Read: 12 Traditions-Robin S., 12 Concepts of Services -Janise- WarrantiesPat H., and Expanded Version of Concept #7- Pat H.

Rollcall first names: John B, Loron O., Mel Y., Pat H., Janise B., Robin S., Sue C., Dennis C., Rose B., Karen R., Maggie G., Rebecca B., Laura R., Cindy, Michelle C.

Welcome to all newcomers, AIS Welcome statement below from Mel:

We welcome you to the AIS Rochester monthly meeting, and hope you will find in this fellowship:

1. Growth in your program and understanding of how ais works.
2. A welcoming environment where members feel safe and can express opinions and ideas freely w/o interruption or criticism.
3. Discussion and actions that benefit the AI-Anon groups in Rochester area and beyond. We welcome feedback on how our organization is working ideas for improvement.
4. Contact information for officers and AIS members-an orientation for new members.
5. Lastly, thank you for your service, rotation of service important for all group's health.

Reports Below

Secretary: Last month's minutes on website, <http://www.aisrochester.org/minutes.html> approve-Robin, second-Rose, amends-none minutes approved.

Distribution list for attendees of meeting screenshared. Record updates-need to clarify Michelle's. Any changes please email secretary@aisrochester.org

Any suggestions for improving meeting minutes and format? contact Loron.

Chair Report-Mel Y

AIS Chairperson Report

The AI-Anon Rochester area is slowly changing. We now have 21 meetings that are Face-to-Face/Hybrid and 20 electronic meetings.

Over the past year we have mailed out over 300 Newcomer packs.

We should start looking to the future and consider having the AIS monthly meeting going back to normal. We can meet at Faith Lutheran Church 2545 Browncroft Blvd when we are ready.

A reminder to all committees to get their budgets in to the finance committee this month.

Otherwise, the current amounts will remain. Please go to

<http://aisrochester.org/pdf/2021budget.pdf> to see the current budgeted allocations. This is very important so the 2022 budget can properly reflect the spending plan.

Vice-Chair- Hi Everyone, Come November we will be voting on the following positions and they are for two years. If you would like to experience more growth in your recovery and connect with people who have experienced recovery at another level, consider stepping up to one of the following positions. We will work with you along the way!

- AIS Chairperson
- Secretary
- Book Depot Chairperson
- Volunteer Coordinator for the Service Center
- Finance Chairperson
- Intergroup Rep

This month I would like to talk about the responsibilities of the **AIS Chairperson**. (This position is not available for dual members.) • The Chair conducts all AIS meetings, and sets the agenda for the meeting. • Coordinates with the Vice-Chairperson and AIS Officers to call special meetings when necessary. • Is the Alternate Intergroup Representative. • Coordinates the Service Workshop with the Vice Chairperson and Activities Committee. • Attends AWSC meetings or finds a substitute. • Reviews the By-Laws, recommends updates, and provides posting for them on the website. Please contact me if you are interested in one or more of the positions listed above, or if you have any questions, at vicechair@aisrochester.org Together we can make a difference

Discussion- we asked members present why they said yes to service-

- Someone expressed confidence in me that I could meet the challenge offered. That meant a lot to me.
- Service helped me learn how AI-Anon works and mechanics of the organization and helping recovery of self and others
- Wanting to give back to a program that helped me so much
- A member I held in high regard asked, of course I said yes
- Service gives me extra connection to the program and helps recovery
- When I ask folks one to one, they often say yes to service
- I was curious about AI-Anon information service and how it helped
- By default, there were not a lot of members at my home group and I was interested in learning “behind the scenes” of how the program works
- I loved our literature and book depot deepened my knowledge of CAL

To fill the above positions, we need to keep asking and sharing.

Treasurer: Diane report at: <http://aisrochester.org/pdf/treasurer-report.pdf> motion to approve:
Dennis second: Karen amendments-none motion passed

We Are “in the black” for our fiscal year, please keep donations coming as we have no summer fundraiser planned. Budget items due 8/31/2021.

Book Depot: Rebecca-please call for book orders. Thanks to Mel who helped with book delivery. We have more office hours, check website

OUTREACH-

Outreach meeting Mondays at 6pm Norris-began 6/14/2021

The meetings have gone well, well received. Dennis, Mike H, Shelia, Loron, Angela have attended. 10-12 folks attended the 2 meetings, Norris is happy to have use weekly. We brought literature and there is a literature spot now in the meeting room for Al-Anon. This is some of what was covered-

- Introductions
- opening statement/serenity prayer
- Reading of literature-offer this to the folks attending meeting as well as 12 steps
- Shares by all in meeting
- Shares from Al-Anon presenters on how the program works for us
- Questions/ comments-describe literature available
- Closing with serenity prayer

How to proceed going forward to avoid service burnout?

Discussion-can meetings host the presentations -bring a few members to cover meetings? Will it be possible to continue weekly commitment? We will ask members to look at this opportunity.

6/28-Loron/Dennis/Angela

7/5 Nancy M/Angela/Rebecca

7/12-Maggie G, Rebecca, Angela,

7/19 open-Angela, Rebecca and dennis

7/26 Loron and?

8/2 open

8/9 Nancy M. and friends

Discussion about Norris format agree 3-4 members are best, following format as above with flexibility. Agreed that Norris's folks have been engaged, asked questions and willing to help with readings. Angelas attendance and speaking is very well received.

Beginner's meeting, new starting 7/17/2021-a "dry run" will be held this Saturday, including assigning people to be at this meeting to chair and facilitate. Please ask members if they could host or co-host this meeting.

Ongoing presentations to Monroe County- Carol has been attending, day is changing to Tuesdays every 6 weeks, she will let us know if she needs a sub for this outreach

Flacra-from Pat. H. she has sent information to flacra, delegating to members. There are 5 flacra sites. Afa and Spanish literature has been distributed and asking for response from programs when to come back and what support and education would work best. There is a "connects in care" program that let us know there is an Al-Anon meeting as part of the program.

To follow up on if this is a registered meeting. We are glad Al-Anon is being spoken in some way. Flacra programs do not presently have family presentations.

Plan going forward-confirming contact persons at the recovery sites to have ongoing sharing of Al-Anon program. Thanks to the members doing this service.

Respectfully submitted, Loron o. Next meeting July 21st 6pm, zoom

Newsletter: Karen R.

Newsletter at <http://aisrochester.org/pdf/newsletter.pdf> -deadline for articles, 7/15/2021-

Members will send articles for July newsletter by 7/15 and Karen will publish.

We are not meeting in August, karen will publish newsletter if articles presented. Karen will send out reminders as group thinks having the august newsletter is important.

Website June Website Report

AIS Traffic

- 4,375 visitors viewing 16,247 pages.
- 65% new and 35% returning visitors.
- 50% mobile and 50% desktop viewing devices.

Top 10 pages visited:

1.	Home Page	3167
2.	Meeting List	623
3.	Saturday	360
4.	Tuesday	358
5.	Sunday	339
6.	Wednesday	324
7.	Monday	296
8.	Thursday	211
9.	Friday	206
10.	Newcomer	211

23 Newcomer Pack Requests

We now have 20 electronic meetings, 12 face-to-face and 9 hybrid.

Alateen: member interested in this position-working with ny north, Pat H. to update

Finance

To All the chair-people of AIS Rochester,

A reminder to all, any change requests to next year's budget amounts need to be submitted by Sept. 1, 2021 to be considered in preparation of next years proposed budget. Any new line items will be considered by finance committee and put forth at our monthly business meeting.

Thanks for your attention,

John B
Finance Chair

Activities: no report

Intergroup-Maggie G.

Intergroup Rep Report July 2021

1. The next AWSC meeting will be Saturday, August 14th, 11am - 4pm.

- This will be a virtual meeting held via Zoom.
- Please check the website at [NYN Newsflash \(nynafg.com\)](http://NYN Newsflash (nynafg.com)) to register and receive meeting ID and passcode. (link is not working-Maggie notified the chair)

2. NYN has tentatively scheduled an Area Watch Party for the 70th Anniversary Virtual Event, which will be Saturday, July 10th, 2pm - 4pm.

- Our Area Watch Party is tentative, subject to the lottery distribution of tickets-we have tickets!
- We have registered for a ticket and the lottery drawing will be on July 7th.
- If we receive a ticket, we will make every attempt to share screen the event through our Zoom account.
- The Zoom Meeting ID is: 915 6754 2520 The PC is: 341891.

3. 2021 NYN Fall Assembly Sept 17-19

- Hosted by Districts 10 & 18
- See attached flyer

FRIDAY, SEPTEMBER 17, 2021

6:30 pm – 7:30 pm Virtual Icebreaker Hosted by District 10

7:30 pm – 9:00 pm VIRTUAL A.W.S.C. Meeting (Carol C. NYN Chairperson)

SATURDAY, SEPTEMBER 18, 2021

8:00 am - 9:00 am VIRTUAL NEW G.R. MEETING (Molly C. Immediate Past Delegate)

9:15 am - 12:00 pm VIRTUAL ASSEMBLY MORNING SESSION (Carol C.)

12:00 pm - 1:00 pm LUNCH BREAK

1:00 pm - 4:00 pm VIRTUAL ASSEMBLY AFTERNOON SESSION (Carol C.)

SUNDAY, SEPTEMBER 19, 2021

9:00 am - 10:00 am VIRTUAL ALATEEN INTEREST MEETING (A.I.M) (Mary S.)

10:00 am – 11:00 am VIRTUAL SPIRITUAL PANEL (A.A., Al-Anon, and Alateen speakers)

All members are welcome to register online for these Zoom meetings at www.nynafg.com and are encouraged to attend all our special events!

4. Membership Survey

- survey of AI-Anon members goes until 7/27/21
- <http://al-anon.org/membersurvey>

Unfinished Business:

AIS Rochester purchase of electronic account for ais and group use. Report of the most economical way to purchase will be shared at the meeting-agree purchase outright best option.

Zoom Meetings Sponsored by AIS -suggested procedure discussed at June meeting.

1. Each Zoom meeting needs a group contact.
2. The group contact will email the website coordinator requesting a Zoom link.
3. The website coordinator will set-up the Zoom link and forward it to the website tech to be added to the website.
4. The website coordinator will also email the group contact back with the Zoom information.
5. If there is a time conflict with two meetings, the website coordinator will contact both group contacts to see if there can be a resolution.

Discussion: Is Zoom here to stay? Will it be used as we go toward more in person meetings? Group majority thought yes as it helps get more folks to meetings. Agree that face to face meets needs of many folks also and happy the meetings are opening up. Zoom has allowed our members to experience meetings out of town or across the county. We have two meetings that will stay electronic only.

Concept 7-self-supporting. We want to be careful of AIS finances and look toward groups for support. We received a request from west side meetings to purchase act. to help groups that could not afford zoom. For groups that are struggling, few funds. AIS goal to help family and friends of alcoholics, if a zoom meeting access would help these families, we should offer. If we buy one account "license" it would cost approx. 150\$ for a year. This will support one meeting at a time, not scheduled at the same time. Sue C. is willing to coordinate with treasurer, and groups, following the above guidelines. We will evaluate this purchase and share with members.

Motion from Loron, second, Sue C.-to purchase zoom account using AIS funds for one year. Sue C. will be the contact person. For groups as Web committee Chair. Motion passed, one abstention

New Business: When will AIS go to face-to-face monthly meetings?

From Mel: Faith Lutheran is open for our meeting to come back. We will have a few options for where to meet in the building. Will members come to the Sept. 11th meeting in person?

Discussion-

- Electronic allows more people to come who would travel longer distances or who have tight schedules.

- Public health concerns-is the church able to support social distancing? What are the churches guidelines? Corona variants are concerning.
- Members miss the in-person discussions and 1:1 conversation.
- Members would consider the hybrid option.
- If the church could support the electronic meeting and face to face hybrid, this would meet the groups needs
- Conclusion/action-mel to check with the church about meeting room and wi-fi options for electronic hybrid. Loron has hosted hybrid meeting and will work with mel and group for “dry run” before September meeting.

No meeting in August-We will have newsletter if articles sent to Karen by 8/15

Bullet Points Bullet points 7/10/21 AIS meeting

Beginner’s meeting will begin July 17th AT 11:30, see AIS website for electronic address

Share you program at the July 17th, Beginner’s meeting-please contact AIS Rochester to sign up to host or co-host this meeting

Norris Clinic-outreach to people in treatment about Al-Anon. Please join and in person presentation every Monday at 6pm at Norris Clinic, South Ave. You will be one of 3-4 Al-Anon members speaking to the group. Call ais for more information. 585-288-0540

AIS is accepting donations by check or through website donation. We are closing our budget gap and ask for continued support through monetary and time donations.

AIS will purchase a “zoom” account for groups to use, following AIS guidelines. This augments the sharing of accounts by districts or members with accounts. Call AIS or email.webcommittee@aisrochester.org, to discuss use of this account.

Next AIS meeting, September 11th will be hybrid. They meeting will be at Faith Lutheran Church 2546 Browncroft Blvd. 10am, electronic sign in on website

Budget items for 2022 fiscal year due 8/31/2021 to treasurer or finance committee.

Books can be ordered through AIS website for Pick up or delivery. See the website for hours the office is open.

AIS Rochester website-is updated daily with information on local, district, and world service information. Please see the website often!

Adjourn: Motion-Robin, Second Rose, passed. ended with Al-Anon Declaration
Thank you all for your service!

Next Meeting: Sept. 11, 2021 10 am-see electronic link on website-reports due Sept 6th.

Respectfully Submitted Loron O. Secretary AIS.