

AI-Anon Information Service of Greater Rochester NY
Meeting Minutes 09/11/2021
Zoom Meeting-links on Rochester AIS Website

Chair: Open meeting with a moment of silence followed by the Serenity Prayer.

Read: 12 Traditions, John B., 12 Concepts of Services, Rebecca B., Warranties, Pat, and Expanded Version of Concept 9- Loron

Roll Call first names: Mel, Loron, Pat H., John B., Sue C., Deb G., Maggie G., Pam (welcome!), Karen R., Mike H., Janise, Robin S., Rose B., Dennis C., Rebecca, Rose, Maureen, Excused, Diane our wonderful treasurer

Welcome to all newcomers, AIS Welcome statement below from Mel:

We welcome you to the AIS Rochester monthly meeting, and hope you will find in this fellowship:

1. Growth in your program and understanding of how AIS works.
2. A welcoming environment where members feel safe and can express opinions and ideas freely w/o interruption or criticism.
3. Discussion and actions that benefit the AI-Anon groups in the Rochester area and beyond. We welcome feedback on how our organization is working on ideas for improvement.
4. Contact information for officers and AIS members-an orientation for new members.
5. Lastly, thank you for your service, rotation of service is important for all group's health.

Reports Below

Secretary: Last month's minutes on website, I will be asking members to complete the minutes of this meeting for publication-I will not be able to complete.

<http://www.aisrochester.org/minutes.html> approve- Pat, second-Mel, amends-none, minutes accepted

Distribution list for attendees of meeting screenshared. Any changes please email secretary@aisrochester.org

September minutes will be late this month.

Chair Report-Mel Y- welcome our hybrid format, great space at church!

Vice-Chair: Vice Chair Report - Pat H.

Hi everyone, Summer is winding down and Fall is approaching which means we are getting ready at Rochester AIS to get back in the swing of things. We have elections coming up in November and a budget to vote on.

I haven't heard from anyone who's willing to step up for Chairperson, Secretary, Book Depot Chair or Volunteer Coordinator for the Service Center: please announce these positions in your meetings'. Rotation of service is important and gives us all a chance to step out of our comfort zone and try something new. We will work with you along the way.

Since our Intergroup Rep (Maggie), and our Finance Chair (John) are currently holding these positions, I have asked them if they would be willing to stand again for these positions and they are willing. If anyone else is interested in standing for Intergroup Rep or Finance Chair please be in touch by contacting me at vicechair@aisrochester.org (Once again, we have elections in November.)

I'm excited to announce that Maureen L. is now an AMIAS (AI-Anon Member Involved in Alateen Service.) Maureen's paperwork was submitted to WSO and has been approved. Maureen is standing for the position of Alateen Coordinator for Rochester AIS and we will be voting on this at our September 11th meeting.

We need more members to become an AMIAS so that we can have Alateen meetings throughout our area. This is another service position where we definitely need help, dual members are welcome.

We have our Fall Assembly in a week, September 17th - 19th. The flyer is on our website. This will be a virtual meeting.

However I can be of help please let me know, my contact info is vicechair@aisrochester.org

Gratefully, Pat H.

Discussion- agree open positions are concerning and wonder how this can be remedied. Agree that asking face to face often helps show our confidence in others. Keep asking and thanks to all present for their service.

Maureen -Muffy has been nominated to be Alateen coordinator, she accepts and the group approves. She will be asking for adult volunteers to get training (called AMIAS) at Fall Assembly. This is a position open to dual members.

Treasurer: -reports attached to agenda. Diane's reports at: <http://aisrochester.org/pdf/treasurer-report.pdf> motion to approve, Dennis, second by Karen.

AIS Rochester has purchased a Zoom Account, please Contact Sue C-web Committee to access this resource. See last month's meeting minutes for a description of how to use this account.

*Discussion-*John notes we are in "flat" with budget. This is good news; all donations are needed as we do not have book sales to help with budget and face to face meetings that generate income have decreased. Rent will increase, we have some fixed costs for the website, and we want to be able to continue to provide information at no cost to interested people. Please ask your groups to donate to AIS and thank you in advance.

We want to thank Serenity on Saturday, for donating after a recent fundraiser to AIS Rochester, they raised \$250.

Book Depot: Rebecca- we have lots of literature, do not expect to order before years end. We do have Alateen literature. Delivery and mailing of literature available, call AIS Rochester.

Report from Outreach Committee 7/21-9/11/21

The new beginner meeting, Healing Hearts, on Saturday at 11:30, is doing well. We have had five newcomers during the month. We are asking for support from members to announce the new meeting, welcome the newcomers and share your experiences. This is one way to carry the message of Al-Anon.

There is a group of volunteers going to Norris Clinic on Monday night to bring Al-Anon to the clients at the clinic. Loron led a meeting of Norris volunteers during August to help define the format of the meetings and clarify the schedule of the volunteers. They are being well received and we have a good number of volunteers at present. All our volunteers agree it has helped our programs to be at Norris.

We hope to put any new volunteers to work with Freedom House. Their representative asked for weekly meetings as soon as their Family Meetings start.

De Paul has three family programs and also wants Al-Anon meetings as soon as they open the facility to clients, which may happen in two weeks. Pre-Trial continues with a volunteer, every 6 weeks, and Jennifer House will open on September 8 to Al-Anon presenters.

We are making tri-folds for the Health Fairs which will be starting in the fall and will be looking for volunteers for a few hours to help at the booths.

If any members are interested in any of these projects, please call the office at 288-0540 and leave your name and number, someone on the committee will contact you. Our Outreach meetings are listed on the website and we'd love to have you visit or join our team. Thanks to all our members for service to outreach at Norris Clinic and other sites.

Discussion: members who attend Saturday beginners meeting help share more stories of experience, strength and hope and help others avoid burnout. We do have a space for the Saturday meeting when desired.

Newsletter: Karen R.-please have articles by 9/18, publish by 9/20.
Newsletter at <http://aisrochester.org/pdf/newsletter.pdf>

Website Report- August Website Report

2021 - AIS Traffic

- 3,700 visitors viewing 14,597 pages.
- 67% new and 34% returning visitors.
- 55% mobile and 45% desktop viewing devices.

Top 10 pages visited:

1.	Home Page	3275
2.	Meeting List	555
3.	Sunday	345
4.	Tuesday	298
5.	Saturday	284
6.	Wednesday	263
7.	Monday	248
8.	Friday	223
9.	Thursday	192
10.	Newcomer	129

18 Newcomer Pack Requests

Alateen: Welcome Maureen-new chairperson

Discussion: space for Alateen meeting is available. Considering Saturday 11 am, and looking for volunteers.

Finance: John B. See proposed budget-attached and on website

Discussion: We will vote on this budget at the October AIS meeting. Pandemic effect on budget includes expense of giving away newcomer packets. Janice and others agree this is a good use of funds. There is an electronic newcomer packet from WSO to purchase. Suggest that we provide a link to newcomers packets on the AIS website.

Activities: No report

Intergroup Rep Report for AIS September meeting-Maggie

I attended the August AWSC meeting on August 14th. Goal was to approve the agenda for the Fall Assembly scheduled for 9/18/2021.

Below is a summary of the reports given at that meeting.

Chairperson:

- working on filling the Newsletter Editor position
- The two committees (Finance and Website) and the two thought forces (Considering How to Incorporate Electronic Meetings into the NYN Geographic Area and Assembly Format) have met or have been scheduled to meet.

Delegate:

- For the past several months, I have been meeting with the Diversity Thought Force for part of my World Service Conference Responsibilities.

- The Chair and I are working on filling out the bid to host the 2022 Road Trip event in our area. The form is due in September. The decision will be made on the location sometime in October.
- In the coming months I will be meeting with the electronic meeting thought force, web committee, and finance committees for the area.

Treasurer

- We started the year with bills to pay; a \$5000 donation to WSO that we voted on at the 2020 Fall Assembly and \$2381 Delegate Equalization for 2021.
- The 2020 Spring Assembly Committee returned \$613.71 in funds.
- We have \$40,580.87 in our bank accounts, as of 7/31/2021.
- Our Mutual Fund account had a value of \$2955.23 as of 6/30/2021, for total assets of \$43,536.10.
- We have received \$4678.59 in donations plus subscriptions to the newsletter.
- Total expenses paid were \$9,383.87
- Proposed 2022 budget on NYN website
- Question was raised about how much money is in reserve and if it is too much.

Alateen Coordinator:

- Revised attachments in the appendix of the 2020 Alateen Guidelines with the support of the AAPP and other AMIAS.
- uploaded the revisions to the NYN website with the support of the Web Coordinator
- Combined the Alateen Training Modules I, II, III and IV into one document and made it accessible on the NYN website.
- Communicated weekly with the AAPP via email and or telephone.
- Met three times via Zoom with Alateen Coordinators from other Areas to discuss topics relevant to the Alateen fellowship.
- Sent emails to current AMIAS about upcoming meetings, meeting minutes and updates to current Alateen information.
- Each month I continue to hold an Alateen Interest Meeting (AIM) or as I like to think of them, Alateen Informational Meetings. The first agenda item for these meetings is to provide information to AI-Anon members about Alateen and how to become an AMIAS. Additional benefits for current AMIAS are
 - The ability to have conversations/discussions about current Alateen issues
 - It is an opportunity to share new resources
 - It is a way to check in with the active groups across the Area.
 - AMIAS can ask questions or share experience with other AMIAS.
 - The Coordinator and the AAPP can update members with new information from WSO.
- Alateen Interest Meetings (AIM) will continue to be held electronically each month. Refer to the Events Calendar on the NYN website for upcoming dates. All are welcome. If you are interested in joining us, I can be contacted at alateen@nynafg.com

Area Alateen Process Person Report

- Completed the annual Amias recertification and the Alateen Group recertification.
- There has been one Amias decline since then. Currently 50 certified Amias.
- There are 3 Al-Anon currently working on Amias certification. I have worked with Mary S on the Alateen modules, which Mary has put into google doc form.
- Reviewed the process for frequency of background checks and suggest every 3 years as long as they continue to be in that role.

Archives

- New Capital District Al-Anon Website is now up and running:
<https://www.al-anon-8ny.org/>
- Please hop on when you have a moment and feel free to fill out our Feedback form if you have any comments, suggestions, etc. It was a huge undertaking, and our Website Committee worked many months on it. Now that it is published on the Web, I hope to be able to follow-up with the kind trusted servants who contacted me with Archives comments, suggestions, etc.

E-Meeting Host's Report

- New position began 1/1/2021
- Obtained education in the intricacies of Zoom which is the chosen platform for NYNAFG

Group Records

- Received 9 requests for Certificates of Insurance
- Registered 3 new groups (Districts 1, 8, 19)
- General Changes made 40
- Communicated with 15 districts that had no meeting status

Web Committee:

- We had a committee meeting and started talking about redesigning the website that was created in 2001. It will be a challenge!
- Please check out the information on the website that pertains to your position. Is it up to date? If you have any ideas, questions, concerns, or updates please let me know.
- Made the decision to start using Google drive to store NYN records. We anticipate a private spot for each officer/coordinator, along with a place to easily share reports.
- Started adding events to the calendar. There is a small glitch with our calendar – you can only see the current month to start out. I have added a link (located above the calendar) to be able to see additional months on the page (To view additional months, click here)
- You are welcome to send me your events (web@nynafg.com)

WNY AIS

- Difficulty with filling service positions-don't have a chair or co-chair currently
- Soon will need Treasurer, Alateen Outreach Coordinator, & Secretary

Literature:

The Electronic Welcome, Newcomer! (eK-10) Is Here! It has been reformatted and streamlined to reflect its new life as an electronic recovery tool

- *Welcome, Newcomer!* is available from the listed eBook vendors at <https://ecomm.al-anon.org/EN/ItemDetail?iProductCode=EK10> and most are \$1.40 per copy.

Due to Apple's pricing policy, the booklet is \$1.99 per copy on Apple Books.

Check your eBook vendors' websites for instructions on how to send an eBook as gift.

When gifting, note that newcomers likely have a preferred eBook vendor.

Gifting is currently not available on Kobo.

- Members Blog: Have you read or written a sharing for the Member Blog? Have you encouraged other members to do so? Please check it out at alanon.org/member-blog. Each month there are new topics added, including the Steps, Traditions, and Concepts of Service. The new topic for August is "How have you used technology to aid your Al-Anon recovery?" September's new topic is "How do I stay motivated in my recovery journey?"
- "CAL Corner" Topics: This department is featured each month in The Forum magazine. It contains members' sharings on how a particular piece of our literature has enhanced their recovery. In August, the department will focus on Hope & Understanding for Parents & Grandparents (P-94), and in September on the 40th anniversary of Al-Anon's Twelve Steps & Twelve Traditions (B-8). October's topic is Living Today in Alateen (B-26).
- Sharings needed for "CAL Corner": Please urge members to share in writing about how a piece of CAL has helped them with their recovery. We are currently looking for sharings about Opening Our Hearts, Transforming Our Losses (B-29), A Guide to the Family of the Alcoholic (P-7) on its 60th anniversary, From Survival to Recovery (B-21), and Lois Remembers (B-7). Please see the writing guideline for "CAL Corner" in the Guidelines & Procedures folder under the "Library" folders in the Literature Coordinator community of AFG Connects or at: <https://al-anon.org/pdf/CALcornerSharingRevised%202018.pdf>

Convention Coordinator Report

The 2021 New York North Virtual Fall Assembly

- ___ Is being hosted by Districts 10 and 18 will be held on Zoom September 17, 18, and 19, 2021. The year 2021 is Al-Anon's 70th Anniversary.

- The 2021 NYN Fall Assembly AWSC Meeting is Friday, September 17, 2021, from 7:30 pm to 8:30 pm on Zoom. Just prior to the AWSC, from 6:30 pm – 7:30 pm, District 10 will be hosting a Virtual Icebreaker event also on Zoom. All members are welcome and encouraged to attend both the Icebreaker and the AWSC meeting.
- The Virtual Assembly meeting will be on Zoom Saturday, September 18, 2021 from 9:00 am to 4:00 pm.
- Sunday Morning September 19, 2021, Alateen Coordinator Mary S. will have a Virtual Alateen Interest Meeting (AIM) on Zoom from 9:00 am – 10:00 am. Immediately following that meeting there will be a Virtual Spirituality Panel with AA, AI-Anon and Alateen speakers from 10:00 am – 11:00 am, also on Zoom.

2022 Assemblies

- No volunteers to host the Spring or Fall Assembly (as of the time of the meeting)
- Discussions ongoing related to virtual vs in person vs hybrid
- Many ideas are being shared and discussed-more details in the NYN website

Discussion- Fall assembly next week. NYNorth needs a host for spring assembly.

Unfinished Business:

Election of Alateen Chair, motion for Maureen to fill this position, accepted Dennis, Rose second, motion passed. Welcome to Maureen, contact her at alateen@aisrochester.org

New Business:

How did the hybrid meeting go-4 in person and 12 online. The space is large and we can distance. We will meet as a hybrid meeting next month.

Maggie-She was contacted by WSO. Maggie is a contact person through WSO records for a meeting that is no longer being held. This fact was not updated in WSO records and someone showed up. *Discussion*-how to update meeting information?

Process for updating the WSO:

1. Complete the form: Temporary AI-Anon Electronic Meeting Change Form <https://form.jotform.com/201006291804141> located on the alanon.org website under the members tab/group records
2. To complete the form, you will need your Registered group name and WSO ID Number
3. Email form to grouprecords@al-anon.org.
4. Send updates as often as needed (each time you update AIS, also update the WSO).

Who can vote at district meetings? Elected members, this would be GR, as this position is elected, contact person is not elected so cannot vote.

Interest in Dansville outreach-From Pam

- This is new treatment program that wants family participation
- They reached out to Pam, can AIS Rochester help?
- We did have AI-Anon meeting at Noyes Hospital, not presently meeting. ACTION- Mel will contact Pam to share contacts with Dansville meeting hosts.

Dennis will be leaving his position as ISR for Spiritual Awakenings, Sunday 11 am meeting as of 10/31/2021. Thanks for your service, Dennis-with AIS and outreach.

Bullet Points for take away/follow up Bullet points from 9/11/2021 AIS Rochester meeting

- Hybrid meeting today, 4 in person, 13 online
- Elections for AIS positions -November 13, 2021 see website
- Newcomer's meeting-new, virtual, Healing Hearts 11:30 Saturdays. We need experienced folks to stop in and share experience strength and hope-service and program opportunity
- September Assembly, virtual meeting Sept. 17-19th-all welcome-hear about NYN activities and WSO updates
- Alateen meeting is being planned, we need adult volunteers-if interested contact AIS Rochester
- See AIS Rochester website, help wanted section for service opportunities
- We are presenting in person at Norris, Jennifer House and Court diversion programs. More to come, call AIS Rochester if interested 585 288-0540

Business for next month- October 10th.

Budget, Slate of new officers, support for meetings that are struggling.

Motion to adjourn-Karen, Pat Second

Adjourn with Declaration and Serenity Prayer.

Next meeting October 9, 2021-reports due 10/4/2021.

Respectfully Submitted, Loron O.

Bullet Points:

Adjourn: Motion-, Second, passed. ended with AI-Anon Declaration

Next Meeting: Sept. 11, 2021 10 am-see electronic link on website-reports due Sept 6th.

Respectfully Submitted Loron O. Secretary AIS.