

AI-Anon Information Service of Greater Rochester NY
Meeting MINUTES 11/13/2021
HYBRID Meeting-links on Rochester AIS Website and at
Faith Lutheran Church 2576 Browncroft Blvd

Chair: Pat opened the meeting with a moment of silence followed by the Serenity Prayer.

Read: 12 traditions, 12 Concepts of Service, Warranties and Expanded Version of Concept 11

Roll Call first names: Pat H., Elissa, John B, Kelly, Maggie G., Rebecca B., Rose B., Dennis C., Sue C., Robin, Laura R., Karen R., Maureen, Mel, Loron, excused Debbie B.

Welcome to all newcomers, AIS Welcome statement below from Pat:

We welcome you to the AIS Rochester monthly meeting, and hope you will find in this fellowship:

1. Growth in your program and understanding of how ais works.
2. A welcoming environment where members feel safe and can express opinions and ideas freely w/o interruption or criticism.
3. Discussion and actions that benefit the AI-Anon groups in the Rochester area and beyond. We welcome feedback on how our organization is working on ideas for improvement.
4. Contact information for officers and AIS members-an orientation for new members.
5. Lastly, thank you for your service, rotation of service is important for all group's health.

Reports Below:

Secretary: Last month's minutes on website, <http://www.aisrochester.org/minutes.html> approve-Pat, second-Rose, amends None-, minutes accepted-approved
Distribution list for attendees of meeting screen share. Any changes please email secretary@aisrochester.org

Chair Report-Mel Y- Elections for next term today-thank you all for service!

Vice-Chair: Pat H.

Hi Everyone, Below is a list of positions and nominees willing to serve. We will be voting on these nominees Saturday, November 13th. On our homepage under "Help Wanted" is a list of responsibilities for the Vice Chair. The best part about this position is reaching out to new ISR's (Information Service Reps) and welcoming them to our team at AIS Rochester. If you are interested in this position, or know of someone, email me at vicechair@aisrochester.org
Chairperson - Pat H.

Vice Chair – open

Secretary - Loron

Book Depot Chair – Pam

Finance Committee - John

Intergroup Rep - Maggie

Volunteer/Service Center – Mel

Discussion/vote: This slate of officers was voted on and all positions approved. Terms to start in January.

Treasurer: -reports attached to agenda, and on website:

<http://aisrochester.org/treasurer.html> motion to approve: done second: done amendments-none

From John B.: Donations from individuals are essential with groups not passing the basket as often. This helps pay for outreach, office expenses and electronic accounts.

Book Depot: Rebecca- she is ordering when books are available as WSO has issues with getting books. We are well stocked. Call the AIS office to order.

Report from Outreach Committee -Rose

Outreach Committee Minutes 10/20/21

Reports were given for Beginner's meeting, Norris Clinic, Pre-Trial, Jennifer House outreach to Recovery centers in Rochester, Canandaigua and Penn Yan. All are continuing.

Dennis will speak with the director at Norris about purchasing literature for the clients and possibly arranging for the clients to attend the beginners meeting on Saturday electronically.

Discussion- Norris has approved purchasing 20 How AI-Anon Works for the clinic. Norris does not have the capability to view online AI-Anon meetings.

Carol will contact former volunteers for Westfall to restart our program there.

All present agreed to begin asking AI-Anon members about being sponsors for Alateen meetings. Personal invitations work.

Saturday Beginners meeting going well, establishing a format, looking for volunteers with program experience to share. The group is moving toward service positions more formally.

Outreach committee will meet every other month beginning 11/17/2021, next meeting 1/15/2022. Electronic meeting link at AIS website.

Newsletter: Karen R.-please have articles by 11/15, Newsletter at <http://aisrochester.org/newsletter.html>

Website Report-Sue C.

October 2021 - AIS Traffic

- 3,934 visitors viewing 16,371 pages.
- 65% new and 35% returning visitors.
- 54% mobile and 46% desktop viewing devices.

Top 10 pages visited:

1.	Home Page	3158
2.	Meeting List	644
3.	Sunday	463
4.	Saturday	416
5.	Tuesday	401
6.	Wednesday	348
7.	Friday	329
8.	Monday	260
9.	Thursday	265
10.	Newcomer	123

9 Newcomer Pack Requests. There are currently five groups using the AIS sponsored Zoom account.

The WSO News page on the AIS website has been updated with news, information and items of interest from AI-Anon World Service including New AI-Anon Group Registration and Changes to an Existing AI-Anon Group.

Alateen: Maureen

Finance: John B. Reviewed finance reports. John is at the office weekly.

Activities:

Intergroup -Maggie

Unfinished Business: Elections-completed see above

Meetings that are looking for support/attendance- Avon Thursday meeting-in person

GOOD OLD GANG EAST AVON 7:30 PM D20

FACE TO FACE

Presbyterian Church*

Corner of Routes 5/20 & 15

Group ID: 30546

East Avon NY

Elissa Reports Victor parents meeting is very helpful this is a hybrid meeting

VICTOR PARENTS 7:30 PM D29

HYBRID (Face-to-Face & Electronic)

Electronic Meeting ID: 8080352353 / NO PC

Presbyterian Church *

70 East Main Street

Group ID: 10365

Victor NY

New Business:

1.Guidance from NY north on registering online meetings. -reference NYNorth-Pat H
Discussion: The information from NY North is confusing-the changes pertain to online only meetings. NY North is having 2 Town Hall Meetings to discuss moving forward on electronic only AI-Anon meetings. These will be held 11/30 at 7pm and 12/5/21 at 7pm, via Zoom. Pat will update how to attend these sessions. See Below:

Town Hall Meetings to discuss this topic and answer questions will be on the electronic zoom platform Meeting ID 986 4321 3127 PC 341891
Tuesday, November 30th @ 7 pm
Sunday, December 5th @ 7 pm

How will this information be distributed, noting that Group Reps are not in every AI-Anon group and may not be meeting? Note that ISR's are back ups for Group Reps.

Updated AI-Anon group information is available from 3 newsletters:

- AIS Rochester Newsletter
- NYNorth newsletter "Northern Hi Lights"
- WSO newsletter "the Loop"

All these are available electronically from respective websites and are helpful.

Group Inventory, Loron to facilitate how we are meeting action items from 11/2020 group inventory? See below for summary:

AIS Rochester Group Inventory from 11/14/2020 - what we learned.

Opening - We were asked to have a group inventory-responding to concerns from our members. The executive committee and officers met in October of 2020 to discuss these concerns. A group inventory was held on 11/14/2020 with ISR's,(Information Service Reps) officers and coordinators - below is what we concluded from that helpful meeting. *We utilized the guideline G-8a-Taking a Group Inventory.*

1. We talked about rotation of service.
2. Creating a more welcoming environment - we added a welcome statement to our opening for newcomers.
3. Sticking to the agenda.
4. Meeting etiquette: raising one's hand to speak, not interrupting the current speaker.
5. Practice the behaviors at the meeting we seek to foster and signaling when there is a behavior we do not support.
6. Our goal is to share in what is working and to work at what needs changing.
7. Caution vs Passion - not embracing new ideas or enthusiasm-fear of change? This turns folks away-suggestion-use "round robin" response method when conflict or decision is presented, everyone gets a chance to speak, no feedback (pass if desired) and go around again to capture group ideas. THEN work on consensus.
8. Would like bullet points stating what to share with groups after each meeting.

9. Welcoming new members as officers or ISR (Information Service Reps), recognizing “newbies” and offering consistent support. We are now mailing a Service Manual to all new members.
10. Our website is organized and helpful. It is up to date. Professional looking and an asset.
11. AIS office holders are working hard with not enough support. We are fearful sometimes of rotating service because-who will step up?
12. Outreach is doing a lot of good.
13. Ask for agenda items and new ideas at every meeting. Follow actionable items at every meeting.

Discussion: Welcome statement is effective. Members are learning from the AIS meeting. Tone of the meeting has improved and new members feel they can speak. Appreciate contact from AIS officers to welcome new members and literature distributed to new members. What literature/contacts help?

- Can we get email list of AIS members to all? That would also describe service position? -yes Loron to distribute will share at next meeting.
- Can we distribute to members literature referenced in meeting like Concepts-best kept secret, as well as Expanded 12 Step and 12 Traditions? This could be part of a “welcome packet: for new members.

Actions post discussion: Pat will look into feasibility of sending out expanded Steps, Concepts and Service Sponsorship to new ISR attendees-will report at next meeting

AIS meeting, is hybrid format working?

Discussion- we have had 3-4 in person members at the AIS meeting since going hybrid in September. Groups feel hybrid at least citing convenience and pandemic variables. Monroe County positive rate 7-8%. Members asked if hybrid worth the effort? We will Meet hybrid in December, modify if needed as two members are interested and can set up the hybrid platform.

Motion to adjourn-, second,

Adjourn with Declaration and Serenity Prayer.

Next meeting December 11, 2021-reports due 12/06/2021.

Respectfully Submitted, Loron O.