

AIS Meeting Minutes  
August 4, 2018

Connie T, Newsletter  
Deb G, Came to Believe ISR  
Dennis C., Spiritual Awakening  
Deb P., DR alternate D 25  
Elaine R., Mon Noon Canandaigua  
John B, Treasurer/ISR Evening Serenity  
Joni H., Website Chair/ISR Hope 4 today  
Kathleen H., Outreach/Victor Parents ISR  
Lisa M., Eastside  
Loron Vice-Chair/ISR  
Megan, Intergroup Rep/Evening Serenity GR  
Mel, Volunteers/Webster Monday ISR  
Melisa C., Penfield Chapel ISR  
Mike H., Faith & Hope ISR  
Pat H., Penn Yan ISR  
Rebecca B., Book Depot

Loron opened the meeting with a moment of silence followed by the Serenity Prayer and the recommended opening. John read the 12 Traditions, Kathleen read the 12 Concepts of Service, Loron read the Warranties, and Megan read the expanded version of Concept 8.

(Please see submitted reports attached to these minutes)

Secretary: Megan will take and write minutes for this meeting. Loron does not have copies of minutes for this meeting, but she will send them to everyone for feedback so they can be approved at the September meeting.

Chair/vice-chair: Since we no longer have a chairperson, Loron will act as temporary chair and will do as many of the vice-chair duties as she can. She has spoken to our former chair for help.

Treasurer: We are running about \$1800 behind the year's budget, but probably won't be ordering as many books from here on. Donations are down a little, but we are still paying the bills! All the budget info should be in the newsletter. Mel made a motion and Mary Anne seconded that the June and July budgets be approved. Motion carried.

**AIS Treasurer Report July 2018**

Checking Account Balance	5543.86
Savings Account Balance	8041.32

Book Depot Income:	663.75
Donations:	<u>225.00</u>
<u>Total Income:</u>	\$888.75

Rent office and mtg. room	353.50
Phone	62.59
Office Supplies	58.00
Book Depot Order	<u>1351.38</u>
<u>Total Expenses</u>	\$1825.47

**Overall Cash Flow through 7-31-2018** \$(936.72)

**Banking Summary**

7/2/2018 - 8/4/2018

Book Depot Income	96.85
Dansville AFG	145.00
Experience, Strength & Hope	105.00
Greece Aldergate AFG	74.40
Hope For Today	63.00
Penfield Chapel	72.00
Simple Beginnings	77.00
Victor Parents AFG	<u>30.50</u>
<u>TOTAL Book Depot Income</u>	663.75

Group Donations	25.00
Evening Serenity	
Faith & Hope	55.00
Now Is The Time AFG	20.00
Penn Yan AFG	100.00
Webster Monday	<u>25.00</u>
<u>TOTAL Group Donations</u>	225.00

**TOTAL INCOME** 888.75

TOTAL AIS Office 474.09

TOTAL Book Depot Expense 1,351.38

**TOTAL EXPENSES** 1,825.47

**OVERALL TOTAL** -936.72

Book Depot: Rebecca ordered the new Intimacy Book and only has 3 or 4 left. She has since ordered 2 cases. The new Grandparents pamphlet is well-stocked. The 50<sup>th</sup> edition ODAT sells for \$15. She asked about whether she should do an inventory and whether it was better to order items in case lots. Mike H. told her that he had done an inventory to see what was selling and not selling, and often ordered in case lots, but some things didn't move well, so it was really up to her. She is waiting for price changes before ordering more books.

Public Outreach: Kathleen once again brought up the idea of a Speakers' Bureau so she would have an idea of the willingness and availability of people. Connie voiced the concern around

what parameters there would be around people who were listed in the Speakers' Bureau. Kathleen would like to have a committee of people to work on this to consider the issues of how long people have been in Al-Anon, what steps they have worked, if they have a sponsor. She contacted the Pennysaver newspapers about posting Al-Anon meetings. She has not had a response yet. She also mentioned the NY State Fair still needing volunteers to man the Al-Anon booth, and the importance of social media.

Newsletter: See report

Volunteers: Mel stated that things were fine, but we can always use more help.

Website/Web committee: Joni reminded that the web committee will meet 3 times a year with the next meeting in October. See the report for the web numbers.

Intergroup Rep: Megan indicated that she would be unable to go to the AWSC meeting on August 18. Loron might be able to go. Elaine indicated that she would be there and would read the Rochester AIS report if sent to her.

Alateen: See report

Finance: John indicated that a chairperson for the finance committee is needed because the budget needs to be put together soon. Any chairperson who needs money in the budget for next year needs to get the information to John.

Unfinished business:

Loron will talk to John about insurance for the Tureen Supper.

We will talk about a recommended baseline library for groups at the next meeting.

Loron wondered whether we could put information about struggling meetings in the newsletter to ask for support.

We should all announce in our meetings the upcoming elections.

New business:

Melisa C. may be interested in the secretary role.

Connie & Pat will meet and bring ideas to the group about Newsletter Guidelines for our newsletter.

The Al-Anon Spring Convention/Assembly is in Rochester next year, May 17-19, 2019.

A motion by Mel, second by Megan, carried at 10:35.

Our next meeting is **September 8**.

Respectfully submitted,  
Megan

## Reports August 5, 2018 AIS

**Chair's Report:** no chair at this time see vice chair report. Thank you to Shelia SF for her service. Loron acting as chair.

**Secretary's Report:** do we have someone willing to take this role- possibly! Loron as acting secretary has added two current mailing addresses to groups that do not have an isr. My plan is to get minutes out by the 12<sup>th</sup> and approve at the September meeting.

### **Treasurer**

#### **AIS Treasurer Report 2018**

July 5, 2018

AIS Treasurer Report June 2018

Attached reports:

1. Banking Summary
2. Transaction Report
3. Budget

Summary:

- Checking Account Balance 6390.58
- Savings Account Balance 8041.25
- Book Depot Income: 989.70
- Puerto Rico Donations 104.00
- Donations: 364.00
- Total Income: \$1457.70
- Rent office and mtg. room 393.50
- Phone 125.18
- Office Supplies 39.95
- Book Depot Order 2387.77
- Total Expenses \$2946.40

- Overall Cash Flow through 6-30-2018 \$(1488.70)

Respectfully Submitted

**John B**

**Vice Chair:** Toward my goal of learning from our members and giving out information, I have visited a few more meetings, Aldersgate Monday 730 pm, Parkridge parents, faith and hope at St Anne's Tuesday meeting. I have left literature (new book 2018-21 and parents and grandparents) . Reviewed how to get literature, need for help with outreach and how to access book depot and officers at the local office. Parkridge parents- concerned about low attendance. Group conscience suggests name change to attract all people with concerns about alcohol. Writer did called park ridge chem. Dependency and found they do recommend Al-Anon BUT did not know of the parents group. Other feedback was from younger wives of alcoholics looking for meetings with younger membership. ACTION-find meetings with younger members who attend more regularly and make sure the counselors have recent information. I have calls to Strong chem. Dependency to see if they recommend al anon and how to spread the word. Parkridge is having a community wellness fair focus on family on sept 14<sup>th</sup>, they would like al anon to attend. They will send more information. For future discussion-online meetings and social media presence- how does that work in Al-Anon?

**Elections to** occur in November for Vice chair, treasurer, lateen, website, newsletter, activities, we have vacancies for chairperson, and finance. I would ask all in this meeting to ask one person to fill some of these rolls. I would like someone to help me with this, to review by laws and put together elections and nominees. Respectfully submitted, Ioron

**Alateen Report:** Please note to all: change in process for contributions to NYNAC. Contributions must be given to me as the Sponsor for the Roc Alateen Meeting. Checks need to be made out to me: Diane Macchiavelli with a note in memo on check front: NYNAC. Please mail all checks to 3200 Brighton Henrietta Town Line Road, Rochester, NY 12423. I will then disperse the money in agreement with and according to NYN's instructions.

Secondly, I have been contacted by a mental health counselor from Hillside Children's Center (HCC). The call came through AIS office and was referred to me. She was inquiring about referring one of their resident teens who is ready for out-patient, to Alateen. I had a long conversation with her about Alateen and AFG in general. She was under the mistaken impression that there was another Alateen meeting in Rochester because of another community contact who had referred her to a local AA meeting that said that they accepted teens at their meeting. It was a teaching moment for me to discuss the differences between AA and Al-Anon-Alateen. She was surprised and didn't know that there was a difference in the two programs. This confirms that we continue to have a perception problem. And I do believe that Alateen as a program has more of the general misunderstanding.

After I cleared up the misunderstanding, I additionally told her that we have been asking HCC for several years, if we could bring a trial Alateen meeting to Hillside. And that we've always hit a block from their administration. She was surprised at that as well and said she thought it would be a great idea. I've sent her the Alateen flyers provided by AISROC and also sent her several web links to WSO, NYN, AISROC, etc.

Love in Service, Diane

**Newsletter:** August 2018 Newsletter Report: Connie T.

**Hi Everyone,**

**I received the following message and letter from NYNAC Coordinator, Leslie C. about fundraising from NYN Chairperson, Ruth Shirley. She has requested that I include it in our August newsletter.**

**Connie,**

This is Ruth Shirley, NYN Chairperson. I have attached to this email an open letter from the NYN NYNAC coordinator, Leslie C. that I would like to see in the Rochester AIS newsletter asap. This letter is about fund raising for NYNAC, what is and what is not possible. This letter is different from the one that appeared in your July edition. Leslie has also sent this letter to the editor of the Northern HiLights to be placed in the July/August HiLights.

Gratefully in Service,

Ruth Shirley

Letter from NYN NYNAC Coordinator: Leslie C.

I would like to thank the groups and individual Al-Anon members for all the support they have shown for NYNAC as a whole. After a review of the policies and guidelines, I have found that fundraising by the NYNAC coordinator is not part of their job duties. Any future donations and contributions sent to the NYNAC coordinator will be returned to the sender(s).

This does not mean that Al-Anon members may not support Alateens and NYNAC. The teens and Alateen groups are encouraged to do fund-raising so that they can defray their costs to attend NYNAC. The individual's cost to attend NYNAC is based on the cost of the facility, meals, insurance and incidentals. This figure is then divided by the number of people attending. It appears for the 2018 NYNAC the individual cost will be \$130.00-\$135.00.

Alateen groups may conduct their own fund-raisers such as spaghetti suppers, pancake breakfasts, ice cream socials or even a bake sale(they are encouraged to do so).

Members supporting these activities are supporting NYNAC. Individuals, groups or districts wish to support Alateens by send donations to individual Alateen groups in their district. If there is no Alateen group in your district you may chose to support an Alateen group that is close to you.

Again, I want to say thank you for all the support NYN has given to NYNAC, I hope that you will continue to do so.

**Another item to ponder about the Banking Summary:**

**In our June 2018 newsletter I directed readers to view the current banking summary with the following statement:**

**Banking Summary:**

**Current May banking summary is available at <http://aisrochester.org/treasurer.html>**

I would appreciate your input on continuing this change in further newsletters.

Rationale:

- Sometimes the banking summary for the particular month is not ready at the time the newsletter is sent out.
- A comprehensive banking summary is available on-line at our website.
- This may increase the traffic for rochesterais.org website.

**Volunteers:** no change per mel

Website: July 2, 2018

July 2018 web traffic:

- 836 visitors viewing 2226 pages
- 77% new and 23% returning visitors
- 53% mobile and 47% desktop viewing devices
- The top pages visited
  - Meeting list Page
  - Home Page
  - Sunday
  - Literature
  - Monday
- **Geographical locations**
  - Rochester area
  - Various other locations in NY