

AI-Anon Information Service of Greater Rochester NY
Meeting Minutes– 12/12/2020 10am
Zoom Meeting

Open the meeting with a moment of silence followed by the Serenity Prayer by Mel.

Read: 12 Traditions-Dennis C. 12 Concepts of Services-Robin S., Warranties-Rose and Expanded Version of Concept #12-Ellen V.

Rollcall first names.

Welcome to any newcomers. -by mel: We welcome you to the AIS Rochester monthly meeting, and hope you will find in this fellowship:

1. Growth in your program and understanding of how ais works.
2. A welcoming environment where members feel safe and can express opinions and ideas freely w/o interruption or criticism.
3. Discussion and actions that benefit the AI-Anon groups in Rochester area and beyond. We welcome feedback on how our organization is working ideas for improvement.
4. Contact information for officers and AIS members-an orientation for new members.
5. Lastly, thank you for your service, rotation of service important for all group's health.

Reports:

Robin S., Pat H., Loron O, Mel Y, John B., Rose B., Ellen V., Dennis C., Karen R., Sue C. Rebecca B., Janice , eth, Cathleen B. Angel R, Laura

Secretary:

November meeting notes at <http://aisrochester.org/pdf/11142020minutes.pdf>. Motion to accept Loron, second, Rose B minutes approved. Loron asks for all to confirm email addresses and phone # of new folks. See old business for discussion of phone lists.

Chair:

Thanks to those leaving service positions, John B, Loron O, Pat H., Ellen V.

Vice-Chair:

Handoff to incoming vice chair-Pat H. completed. Called/emailed new ISR attendees after November meeting to confirm contacts and updated mailing lists. I have heard back from 2 of folks I contacted. Confirmed with Beth that she has gotten emails. With Secretary continue to update information monthly.

Treasurer:

Report at <http://aisrochester.org/pdf/treasurer-report.pdf> approve-Beth/amend/accept-Pat H. treasure report approved. Thanks, john, for your skill at this position and welcome Heather.

- Reviewed how to get funds for Alateen, Submit request to AIS for consideration at the next meeting. Incidental expenses incurred for outreach and need reimbursement present this information to the treasurer for review.

Book Depot:

AIS has spent \$566.04 on outreach, between free Newcomer packets and our involvement with food cupboards. Although much more than typically spent for handouts at conventions and health fairs, etc. in a year, the \$200/year allocated for Outreach (not meant for CAL), and not

used in 2019 or 2020, could be considered to balance that figure out. Perhaps we could pass this increased outreach expense on to our groups and individual members as a 7th tradition thought. Our groups are not meeting and are not therefore buying and handing out their own Newcomer Packets. AIS has stepped up to the plate, with both website reach out and individuals making a zoom connection with a newcomer and sending the packet themselves. In addition to the Newcomer packets, I have had to order more AFAs and pamphlets for the Outreach Committees' use. We do maybe need to make the case for donations.

Group agrees that outreach is a function of ais and will support financially. We will continue to keep track of this and reflect in 2021 budget. We do have a large collection of Alateen literature. Thank you, Rebecca, for delivery services!

Public Outreach: Outreach report to AIS meeting – December 12, 2020

Ongoing Food Cupboard outreach we have filled an order for SWEM Christmas Baskets (200) and emergency food (200). We have contacted and filled orders for 5 other Food Cupboards with 190 flyers and packets delivered. Due to the pandemic, we are hesitant to continue and so need to decide to halt deliveries until after December.

2. Rebecca has compiled a list of digital information from WSO AI-Anon and will be distributed to the Agencies we service as well as our websites
3. Carol is still involved in Pre-Trial Services when possible due to COVID. She will contact Pittsford Neighbors magazine to ask for a space about AI-Anon on their Bulletin Board. She may be able to find other town magazines published by the same group.
4. Rose contacted Evan Dawson at NPR Connections and offered the services of AI-Anon for information or to be included in a discussion about the increase in problem drinking due to COVID.
5. Westside news has information about AI-Anon local contacts 2 times a month.
6. Loron contacting U of R Employee assistance to give literature-more next month.-next meeting 12/16/2020 6pm zoom.

Newsletter:

Newsletter at <http://aisrochester.org/pdf/newsletter.pdf> -deadline for Jan. 12/15/2020

Web Committee:

Pat & Mel

I would like to thank everyone for their support and help over the last two years. I have enjoyed being the Chair of the Web committee, I've learned a lot and it has been fun, I'm going to miss it. And a special thank you to Mel for your help and endless hours of service work, I am truly grateful!

Sue C. will be our new Web Committee Chair starting in January. Mel and I met with Sue, via Zoom, to go over the responsibilities of this position. Sue brings much knowledge about websites with her. Thank you, Sue, for stepping up!

- We have a printable Meeting list with Zoom links, face-to-face meetings and meetings that are not currently meeting.
- Under "Literature" is AI-Anon's Free Downloadable Items (such as Detachment) along with Conference Approved Literature which we can now read samples from. Check it out!
- When a newcomer requests a newcomer packet, we have added a space for the newcomer to put their phone number if they would like to receive a call.

November 2020 - AIS Traffic

- 3813 visitors viewing 17,455 pages
- 65% new and 35% returning visitors
- 49% mobile and 51% desktop viewing devices

The top 5 pages visited:

- Home Page 4692
- Meeting List 838
- Calendar 287
- Newcomer 113
- Contact 88

Days of the Week Meeting Information

- Sunday 70
- Monday 61
- Tuesday 57
- Wednesday 74
- Thursday 57
- Friday 73
- Saturday 51

The group thanks Mel and Pat for the informative and up to date website. All members please use this for up to date changes, contacts and support resources for programs.

Volunteers:

Office Hours call first. Phone is monitored remotely for calls.

Calendar Report:

Thanks to all who promoted the calendar in the meetings and on the website. We have sold 155 calendars, Profit 1000\$, have 45 left to sell. Will consider reprint if large demand. Thank you to Calendar committee for their success and hard work!

Zoom Report:

Electronic meeting:

1. There will be a zoom host training tomorrow at 1 pm for anyone who would like to learn at little bit more about zoom! Please register here: <https://tinyurl.com/ZoomtrainingDec13>
2. The meeting list is now offered in many formats in many places!
3. WSO is working on incorporating electronic meetings as groups into the service structure - more to be revealed!
4. *Discussion:* Meeting attendance: Discussion of best format to record attendance/contacts at AIS and our meetings.
 - Helpful for newcomers and members to have list distributed for contact between meetings
 - Google doc could include all meetings and positions to help us note representation of groups
 - If Google doc-what address and who would maintain?
 - First -create list of contacts of officers/new members and give to newsletter and share with group next month. ACTION-format for attendance and shared contacts Jan, 2021.

Zoom Coordinator update: This position was created urgently in response to pandemic shutdown and will be folded into web committee 1/1/2021.

- This will allow for changes to all parts of website from one committee
- Beginning 1/1/2021, contacts for electronic meetings will go to Web committee, the Zoom email address will not be available
- Ellen has spoken with Sue. C. Web Chairperson about position.
- Bylaws are being reviewed and updated by Bylaw committee to reflect changes. The new bylaws will be shared for comment or revision in 2021. Present bylaws on website.

Alateen:

welcome Beth-Alateen chair-applying for AMIAS

- Beth will contact last Alateen Chair-Diane M. for information on Alateen in Rochester.
- Beth is part of group that sponsors the Alateen group Saturday
- Confirm Beth has AIS email access for Alateen
- Contact outreach chair-Rose B. for outreach history with Alateen.
- Newsletter information to be sent to Karen by 12/15/20

Finance:

Open

Activities:

Dennis and Debbi G.-none scheduled d/to COVID. Dennis would like to attend outreach meeting, contacts will be sent.

Intergroup Rep:

Open

Unfinished Business:

Implementation of ideas from November group inventory, including welcome statement and ideas from the group, and use of "round robin" method of discussing items before making decisions.

Discussion defining responsibilities of members is helpful. bylaws, new member checklist and AI-Anon service manuals will be provided to all members.

Use of welcome statement will be continued and published in newsletter.

Ability to contact AIS members confirmed, contact list being created by secretary for review.

Group inventory focused on areas that work and areas of improvement, following guidelines.

From October meeting-defining the role of zoom coordinator at AIS, (new position, responsibilities in 2020 not captured in by laws). See above discussion

New Business:

create accurate contact list for ais committees and members-see secretary discussion.

Rose -from outreach-how to involve GR's in outreach? Do we have contacts of GR (Group Rep) and DR's (District Rep). Pat. H. will focus on connections with GR's as vice chair and work with Rose. Rose will bring up at this weeks outreach meeting.

FLOWER CITY FELLOWSHIP CONVENTION-CHECK HERE FOR POSSIBLE ELECTRONIC
VERSION OF CONFERENCE!

Thanks Kathleen!

Bullet Points for meetings: secretary to summarize

- Welcome officers -Zoom inquiries to go to Website address Jan 1.
- See website for all information on electronic meetings/changes and additions
- Calendars available for purchase through website.
- Cal literature available for purchase/delivery through AIS Rochester

Adjourn:

11:30 AM

Next Meeting:

January 9, 2021 10 am, report request will go out 12/28/2020