

Al-Anon Family Groups New York North District 14 Meeting Minutes for January 27, 2022

Zoom meeting was opened with the Serenity Prayer at 6:30pm by Cindy, District Rep.

Expanded version of Concept 1 was read by Jill R.

Members introduced themselves and shared a theme for the Spring Assembly:

Jill R. Henrietta AFG

Keep it Simple

Nancy J. Faith and Hope

Hope for Today

Value of Small Changes

Pat H. Woman's 12 at 12 and Beginners Meeting

Courage to Change

Cheryl R. St. Louis

Strength in Being Humble

Power of Our Stories

Ruth F. Stepping into Recovery

Stepping into Recovery

Ellen V. DR District 2

Carolyn H Secretary

A vote was taken on the theme for the Spring Assembly and "Hope for Today" was the winner

Secretaries Report Carolyn H. Date of Spring Assembly will be included in the minutes.

Treasurer's Report Nancy J. Amount was \$293.19. A donation was received from Woman's 12 at 12 for \$50.00.

Nancy announced that she will be completing her position as GR therefore a new treasurer will be needed. Treasurer doesn't need to be a GR to fill the position.

DR Update Cindy R.

List is being made for possible speakers for the Assembly. Also, it was requested that groups come up with ideas for icebreakers. About five would be needed to fill in a one hour time slot.

Cindy reminded us that Zoom meetings will need two hosts with knowledge of removing disruptive members.

Ellen has created a Save the Date flyer which will now include the title of the assembly, " Hope for Today."

A new GR is being sought for the Tuesday, Hope for Today, meeting since Nancy J's term will be completed.

Meeting was closed at 7:40pm with the Al-Anon declaration and the Serenity Prayer

Next meeting will be March 3,2022 at 6:30pm

Gratefully in service
Carolyn H.