

Al-Anon Service

“...let it begin with me.”

(Al-Anon Declaration)

- ❑ Meeting Setup & Cleanup
- ❑ Meeting Chairperson
- ❑ Meeting Secretary
- ❑ Newcomer Welcome
- ❑ Step One Meeting Chairperson
- ❑ Group Treasurer
- ❑ Group Representative (GR)
- ❑ Group Information Service Rep. (ISR)
- ❑ Individual Sponsor
- ❑ AIS Office Volunteer

“Service in Al-Anon allows us to stretch ourselves and to practice the Al-Anon principles while we connect with others with whom we can be ourselves.”

(How Al-Anon Works, p.102)

**Al-Anon Service
It's part of the program!**