

Al-Anon Service Meeting Minutes 9/9/2023

10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

Chair: Pat-open meeting with the Serenity Prayer

Read: 12 Traditions-Robin, 12 Concepts of Service – John, Warranties - Maggie, Concept 9- expanded information -Diane

Roll Call first names and AIS roles-Barb B, Bernadette, Guardian Angels ISR, Diane S. Treasurer, Ellen V, NYN and Ais Rochester Web Coordinator, Erin Book Depot, Harriet, ISR Women's 12@!2, Maggie G, ISR Living In the Solution and Intergroup Rep. Marissa, Healing Hearts ISR, Maureen C. Eastside Thursday Eve, Michele C, ISR Simple Beginnings Saturday, Pat H, AIS Chair. Robin S. ISR Serenity on Saturday. Excused, Dennis C.

From Pat: Welcome all to the AIS Rochester monthly meeting. We hope you will find in this fellowship:

1. Growth in your program and understanding of how AIS works.
 2. A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
 3. Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
 4. Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

Reports Below:

Secretary: Last month's minutes on website and attached. If you did not get these materials, please email Secretary@aisrochester.org no corrections.

Motion to approve minutes: Harriet, second Robin, motion passed

Treasurer-Diane: reports on website and attached. Motion to accept: Maureen second: Maggie, treasurer report accepted.

Chairperson's report - Pat H.

Interested in Al-Anon service? Interested in working with teens? Then becoming an AMIAS might be right for you! (Al-Anon Member Involved in Alateen Service) Join us for an informational meeting to learn more and start the process of becoming an AMIAS. Saturday, October 28th, 1 - 2:30 pm on zoom. Check out the flyer on our website under "Events."

Other service opportunities regarding Rochester AIS, please help spread the word. Open positions below:

Chairperson

Vice Chairperson

Secretary -we have candidate, Maggie G

Office Manager -Rebecca-candidate

Book Depot -needed

Finance Chairperson -Kathy M. -candidate

Intergroup Representative -

Any questions or concerns please contact me at chairperson@aisrochester.org

Discussion- we have candidates for a few positions. Please ask any members to consider the above service positions. Slate of officers will be in the November newsletter, after the November meeting. Face to face requests for specific positions are most helpful in matching skills to service. Thanks to the present team and those stepping down!

Vice-Chair: open position

Activities report: Kathleen-no report

Alateen report -Muffy, no report, group is meeting and looking for adult volunteers to relieve present volunteers or to drive teens if needed. See Pat's report for online information on becoming an Alateen volunteer (AMIAS).

Discussion-Maggie notes that Alateen should be mentioned with welcome to newcomers. -we will bring this to groups.

Book Depot – Erin. WSO is out of the new reader- A Little Time for Myself. There is a new Alateen Bookmark, And Book- B-11, As We understood-not sure when this will be in. We have a lot of other publications. See the AIS website for more information and how to pick

up. We are also out of the parent newcomer packet but can create from the literature we have in stock. See newsletter for full report.

Finance-John-See attached reports and budget for 2024. Reviewed, no changes made.

Group reviewed budget-noted that there are funds for travel to conventions, Maggie will investigate costs for travel and lodging for Fall Assembly.

Group donations are down a bit from this time last year. Please remind groups of how to support AIS through direct donation from Website, through group donations or sending a check.

Intergroup -Maggie G -will be attending Fall Assembly Sept 29-10/1 in Syracuse.

Intergroup Rep Report September 9th 2023

I continue to learn a lot from being the IGR for Rochester and thankful for the opportunity. Last month I attended the virtual NYN AWSC (Area World Service Committee) meeting. Below are some highlights of that meeting

Delegates report:

Maui Relief

- WSO has been receiving questions on how to support the Al-Anon members affected by the fires
- The Delegate from Hawaii provided mailing information for Al-Anon members to send cards of support or supplies of literature to replace what has been lost. The local AFG address on Maui is: Maui AFG, PO Box 1322, Wailuku, HI 96793. Additionally, Hawaiian Delegate provided WSO with a list of other organizations that individuals may consider donating. If you would like to see the list, please send an email to betterwithservice@gmail.com.
- There will be a vote held at the Fall Assembly to see if NYN will send literature.

Fall Elections

- A new panel of officers and coordinators will be voted in at the Fall Assembly
- Service positions and their duties are posted on the NYN Area website

Meditation Meetings

- Recent discussion via AFG connects on appropriateness of mediation meetings
- This issue was addressed back in 2014:

Designation of a period for the purpose of group meditation is not appropriate at an Al-Anon meeting. Groups spending time during the meeting to meditate is not within the Traditions as doing so could be interpreted as a religious activity, affiliation with an

outside entity, or an endorsement of a particular practice or style of meditation. A meeting format that requires members to meditate in any form is not appropriate.

Alateen Coordinator

- During the Fall Assembly there will be an Alateen Interest Meeting on Sunday October 1, 2023 at 8am

Convention Coordinator

- The 2023 NYN Fall Election Assembly will be held September 29, 30, and October 1, 2023 in person at the Embassy Suites Hotel on Carrier Circle, 6646 Old Collamer Road S, East Syracuse, NY 13057. Chairperson Ruth S. and her committee are hard at work. Their theme is “Together Again”. The Registration Form for the Fall Election Assembly is available on www.nynafg.com under NYN AWSC and Assembly. Registration for the 2023 NYN Fall Election Assembly will be \$30.00 for the weekend and can be done online, by mail, or in person at the Fall Assembly.
- Looking ahead to 2024, we are still in need of a District or Districts to Host the 2024 NYN Spring Convention and Assembly. At the 2023 NYN Virtual Spring Assembly, no District or Districts stepped up to host the 2024 Spring Assembly so the issue was tabled until the 2023 NYN Election Assembly. We also will need a District or Districts to Host the 2024 NYN Fall Assembly. Currently, it has not been decided on whether these Assemblies will be in-person, Hybrid, or Virtual only. A discussion on how to proceed with our NYN Spring and Fall Assemblies was also tabled at the 2023 Spring Assembly and the discussion will be resumed at the 2023 Summer AWSC and the 2023 NYN Fall Election Assembly. Please, would your District consider Hosting or Co-Hosting one of these events, help is always available in AI-Anon.

Full reports from all officers and coordinators are available

<https://www.nynafg.com/news.html>

Newsletter- Theresa-pls have articles to Theresa by 9/13/23

Outreach-Dennis C.

Public Outreach Update

Committee members continue to follow through with individual projects; Libraries, Post Offices, Community Centers, Health Centers, and Coffee Shops. Elizabeth T reports initial contact with Rochester City School District (presentations about AI-Anon in Health Classes), though first promising, has now lessened in enthusiasm.

John L. Norris Clinic informational meeting continues to meet bi-weekly

Pre-Trial Services, Carol C. reports the program meets every 8 weeks. Communication with Pre-trial Services has been re-established. Carol is looking for another volunteer to attend these meetings.

Beginner's meetings in the Rochester area continue to meet regularly, Wednesday at 11:00am and Saturday at 11:30am.

Dennis continues to mail Newcomer packets as requests come into AIS, month of August was the most active month this year with 12 Newcomer packets mailed.

Margaret E. continues to hold Outreach events in the Newark, NY community.

The Public Outreach Chair would like to request the purchase of a banner to cover a table at outreach events. Direction on what the banner would say is needed. *Discussion-* Several suggestions, Pat will bring to the meeting this week.

Maggie shared that one new member to her group had found literature in a coffee shop! Thanks outreach!

Volunteer coordinator: no report

Website Report- attached-Discussion-Michele-how much time does it take Ellen to get monthly Google analytics? 15 minutes from last month, the group agreed that a monthly snapshot gives good data and does not have to be a set date. Ellen is getting help from other members and can use volunteers to help spread skills and service.

Group Announcements or concerns:

**Day of Sharing-10/21 District 29-see website for flyer-speakers from both programs
Saturday meeting -Simple beginnings will be moving, see website for exact date**

Unfinished Business:

Follow up on outreach event in August -Al-Anon did not attend, what did members think who attended? This was Lima event. *From Loron*-display tables before the event included AA, Catholic Charities, Livingston County suicide prevention, Adventure Recovery and CASA. There was one wellness coaching business also. To Loron this looked like any recovery venue (like recovery fairs with information in the past at Parkridge for instance), will bring to the outreach committee Wednesday 9/20.

New Business:

1. Public Outreach Chair would like to request the purchase of a banner to cover a table at outreach events. Direction on what the banner would say is needed.
2. From Laura R:
The Saturday morning meeting Simple Beginnings has lost two members of our fellowship this year. I am wondering if there is a way that our Al-Anon family acknowledges people for their roles in our community? For example, at the FCFC, the names of AA members who have passed away are read aloud annually. If we currently do not do anything, maybe a new tradition at an event or in the newsletter? Discussion-group agrees this has been done at the Conference of the Lakes. Members interested in remembering folks who have died, let Laura know, her email is larobin@yahoo.com.

Bullet points for groups from meeting: List and Forward to Newsletter

- **Volunteers needed to present to PreTrial-Services, Outreach for literature delivery, and speaking at other recovery sites. Please attend the next outreach meeting (9/20 @ 6 pm) to discuss. Zoom info on the website.**
- **Groups share availability of Alateen in Rochester and newcomer meetings.**
- **Fall Assembly for NYNorth 9/29-10/1. Registration available through NY North and Rochester AIS website. New GR meeting is Thursday, 9/21 @ 7 pm on zoom. Consider having your group donate a basket.**
- **If a group member has died, and you would like them remembered in our newsletter, please contact Laura @ larobin585@yahoo.com**
- **We have a lot of literature at AIS Rochester, please order through us. We will let you know when the new reader is available.**
- **Please consider giving back by volunteering to answer the phones at our AIS office and to help fill literature orders. Contact our office if interested.**

Adjourn with Declaration and Serenity Prayer- 11:20

Respectfully Submitted, Loron O. Secretary