Al-Anon Service Meeting Minutes 2/12/2022-HYBRID 2480 Browncroft Blvd, lower office 10 am Electronic sign in on AIS website

Chair: Pat open meeting with a moment of silence followed by the Serenity Prayer.

Read: 12 traditions-, Robin 12 Concepts of Service-John B., Warranties-Diane, and Expanded Version of Concept 2-not done.

Rollcall first names and AIS roles: excused- Debi B., and Karen R, Pat H., John B., Loron O, Elissa S., Mel Y., Kelly, Michelle, Rose B., Robin, Sue C., Diane., Janise, Maggie G., Rebecca B., Angela R.,

From Pat: Welcome all to the AIS Rochester monthly meeting. We hope you will find in this fellowship:

- 1. Growth in your program and understanding of how AIS works.
- 2. A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- 3. Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement). 4. Contact information for Officers and AIS members, and an orientation for new members. Thank you for your service; rotation of service is important for our group's

health. Reports Below:

Secretary: Last month's minutes on website, http://www.aisrochester.org/minutes.html

approve-Mel, second-Angela, amends? – None-report accepted. update phone list after screenshare on contacts. -done

Distribution list for attendees of meeting shared. Any changes please email secretary@aisorchester.org,

ACTION-Secretary will not be at March 12 and May 14th AIS meetings please see loron to volunteer for note taking for the meeting, Loron will publish minutes if she has the notes.

April is Alcohol Awareness month.

Treasurer: -reports on website and attached to the agenda: -summary below. http://aisrochester.org/pdf/treasurer-report.pdf motion to approve: Rose, second: Robin, amendments-none, report accepted

Summary: • Checking Account Balance 4973.08 • Savings Account Balance 16045.39 • Book Depot Income: 645.05 • Fundraiser (zoom donation) 46.00 • Bank interest on Savings Account .14 • Donations: 358.56 • Total Income: \$1049.75 • Rent office and mtg. room 355.00 • Phone 65.01 • Book Depot 1501.09 • Supplies & Postage 66.40 • Total Expenses \$1987.50 • Overall Cash Flow through 1/31/2022 \$(937.75)

Chair Report- Pat H.- Chairperson - Pat H.

Hi Everyone,

• A few weeks ago, a couple of electronic meetings were "zoom-bombed". I encourage groups to have a group conscience to discuss ways in which they would like to protect themselves if this

situation should arise.

- Districts that have DR's have agreed to post their approved minutes on the AIS website under "Districts". Districts in need of representation are 19, 20, and 27. Congratulations to Ellen V., newly elected DR for district 2.
- The AIS Vice Chair position is still open. Responsibilities for this position are on our homepage. If you or anyone you know is interested, please contact me at chairperson@aisrochester.org Last month I attended the NYN Alateen Networking Group along with Maureen, our Alateen Coordinator, and Robin, a soon to be Al-Anon Member involved in Alateen Service (AMIAS). This monthly meeting is a great place for Alateen sponsors to share their experience and ask questions

Discussion-what does this "zoombomb" look like? Sometimes several folks join at once and are disruptive. Some have seen disturbing pictures shared. Unidentified folks break into the meeting. This has not happened often but is disturbing. Group notes that it is difficult to chair a zoom meeting and watch the electronic flow of the meeting and members. Having a host and "tech host" and sharing host duties is helpful and supportive for the health of the groups. Members shared that other electronic meeting state the actions that would be taken if meeting is disturbed in any way including zoom disturbance. **Action**-Pat and Sue C. will work on a workshop with information on how to keep electronic meetings safe and how to use zoom tools to keep rooms safe. **Action**: members, bring this up with groups so we can cover members questions about this

Vice-Chair: open position

Activities: Debbie and Dennis-committee met this month re activity and fundraising-see notes from outreach discussion

Alateen: Maureen has submitted all Alateen forms to WSO and has been approved. Robin is training to become AMIAS, Pat has training for being an AMIAS, (Al-Anon member involved in Alateen Service). Alateen meetings must start as face to face and have space at the United Church of Christ in Irondequoit Tuesday evenings. See AIS website for updates. Michelle is interested in Alateen service, send email to Maureen if interested.

Book Depot-Pam-report given by Rebecca-AIS will have a table of literature to purchase at Flower City Fellowship Conference Feb 18-20. WSO has two books on backorder, "How AI-Anon works, and 3rd reader, Hope for Today. We have all other books and pamphlets available. See AIS Rochester website for more information and titles available.

Finance: John B. Review of accounts from 2021 done and approved by auditor. John may be out of the office for a while, available via e-mail.

Intergroup -Maggie G. Spring Assembly May 19-20 will be virtual. AWSC in April, WSO yearly meeting in Tarrytown New York coming this summer.

Follow up on thought force and member feedback on how to welcome electronic only meetings. NYnorth ideas include creating new area in NYnorth for electronic meetings that would include service positions and support from ny north. More to come in the NYnorth newsletter. This newsletter can be subscribed to online through the ny north website.

Open positions in NY north, Literature coordinator, newsletter coordinator, group records

coordinator.

Newsletter: Karen R.-please have articles by 2/15/22, http://aisrochester.org/pdf/newsletter.pdf Pat has sent picture of Al-Anon information table at a local library.

Report from Outreach Committee – Meeting Minutes for 1/19/22 Outreach Meeting - No meeting in February.

Report on Norris Clinic – residents are receptive, need several new volunteers Beginner Meeting had it's first Group Conscience to discuss service positions. Several members volunteered their service. Carla, from Syracuse, will put Our ID and information into the Syracuse Website because they do not have a beginner meeting in their area. Pat will follow up with contacting other Websites to see if they will post our beginner meetings (with the permission of the meetings).

Pre-Trial project has moved location and time and continues one and a half hours every other month.

The Library Project, begun in Penn Yan, has been suggested to other meetings. The Outreach committee is encouraging meetings to adopt a library and offer Al-Anon literature for their bookshelves. Several have already agreed. The Penn Yan meeting did an Al-Anon display in December at the library. Ellen V. is ready to begin another Alathon to raise funds for AlS. Last year's Alathon was a success in bringing members together as well as raising funds. The first planning meeting will be 2/9 and if you are interested please contact Loron O, or Ellen V, Activities committee co-chairs Debi and Dennis.

Discussion: includes, outreach and activities.

Activities is considering 3 outreach/fundraising projects

- 1. 2, pamphlet discussions, March 12 and April 2 at 2pm. These would be online and ask for a donation to help AIS
- 2. Virtual fundraiser modeled after the "Al-Athon" done summer of 2020, including speakers, music, games and paypal ability to donate money in real time. This group has met 2/6 to brainstorm and plan, considering May 14th or 15th 2-4pm. Next meeting March 1st, 6pm via zoom. Please contact Activities committee via ais Rochester if interested in helping.

Volunteer coordinator/office- Mel- no changes, we have hand gel, wipes and masks for anyone visiting the office and ask for volunteers to wipe off all equipment used after use.

AIS Traffic

- 4367 visitors viewing 19,981 pages
- 66% new and 36% returning visitors
- 50% mobile and 50% desktop viewing devices

Top 10 pages visited for December:

- 1. Home Page 3131
- 2. Meeting List 630
- 3. Sunday 626
- 4. Saturday 577
- 5. Tuesday 517
- 6. Thursday 436
- 7. Friday 383
- 8. Monday 374
- 9. Wednesday 374
- 10. Literature 135

15 Newcomer Packs Mailed

Report:

Currently we pay \$149.90/year (\$12.49/month) for the Pro account through Zoom. Nine groups are currently using the AIS electronic account at \$3/month per group for a total of \$27/month.

We have had two groups request to use the AIS electronic account but there was another meeting already scheduled at that time. The Pro account does not allow for two meetings to run at the same time.

The website committee is proposing to purchase an additional Pro account for \$149.90/year (\$12.49/month) to accommodate groups that meet at the same time.

Total cost would be \$299.80/year or \$24.98/month.

Discussion: Groups are asked to contribute to the cost of subscription to electronic platform and this has made this affordable for all. Motion to purchase another Pro Account made by Kelly, seconded by Michelle, motion passed. Sue will be the contact person for questions and use of the accounts, and help facilitate a workshop on Zoom hosting. Thanks all for your service!

Our beginners' meetings on Wednesday and Saturday have been added to the Syracuse meeting list. We are contacting Albany and Buffalo to see if these meetings can be added to their lists.

Unfinished Business:

Office open, cleaning protocols-see volunteers
Follow up on use of zoom account and expansion- sue-see above
GR contact list being developed and updated, with current contacts. Please let NY north know if your groups have any changes in service positions. -see Pats report.

New Business: none

Bullet Points for take away/follow up from Feb AIS Rochester:

- Expansion of AIS Rochester zoom account so two meetings may use at the same time-Email Website chair for more information
- Alateen group will be open in the next few months, see AIS website and newsletter discuss with groups zoom security and how to handle if meetings are disrupted. AIS Rochester will have workshop on this topic, more to come.
- See AIS website for upcoming activities, pamphlet study for members, Spring assembly, Flower city fellowship Feb 18-20, Pamphlet study March 12 and April 2. AIS office is open and following covid cleaning guidelines
- AIS Rochester is well stocked with literature, see website to order.
- Open positions for AIS include vice-chair, Nynorth includes literature coordinator, newsletter editor and group records editor.
- AIS Rochester beginners meetings are Wednesday 11 am, and Saturday 11:30 am, and are posted on the Syracuse area website for Al-Anon.

Motion to adjourn Sue, second, Robin, motion passed Adjourn with declaration and serenity prayer. Next meeting will be March 12, 2022.-need secretary sub to take notes