# Al-Anon Information Service of Greater Rochester NY Meeting Minutes 05/08/2021 Zoom Meeting-links on Rochester AlS Website

Chair-Mel: Open meeting with a moment of silence followed by the Serenity Prayer.

Read: 12 Traditions-Robin., 12 Concepts of Services -Diane, Warranties-Pat H., and Expanded Version of Concept #5-Loron.

Rollcall first names: Mel Y., Loron O., Rose B., Pat H., Maggie G., John B., Diane, Maureen, Michelle C., Bernadette, Dennis C., Cynthia, Rebecca B., Angela R., Robin, excused: Karen R, Sue C., Janice B., Laura R.

Welcome to members and newcomers, AIS Welcome statement below from Mel:

We welcome you to the AIS Rochester monthly meeting, and hope you will find in this fellowship:

- 1. Growth in your program and understanding of how AIS works.
- 2 A welcoming environment where members feel safe and can express opinions and ideas freely w/o interruption or criticism.
- 3 Discussion and actions that benefit the Al-Anon groups in Rochester area and beyond. We welcome feedback on how our organization is working ideas for improvement.
- 4 Contact information for officers and AIS members-an orientation for new members.
- 5 Lastly, thank you for your service, rotation of service important for all group's health.

Reports Below-may we have a volunteer to list newsletter items for Karen. Secretary: Last month's minutes on website, <a href="http://www.aisrochester.org/minutes.html">http://www.aisrochester.org/minutes.html</a> motion to approve, Mel, second, Rose, amend-no, Motion passed.

Distribution list for attendees of meeting, I will screenshare at next meeting. Any changes please email <a href="mailto:secretary@aisorchester.org">secretary@aisorchester.org</a>.

Any suggestions for improving meeting minutes and format-Loron will work with Mel's suggestion.

**Chair Report-Mel Y.** No written report- 254 Newcomer packets sent out in the last year!

**Vice-Chair**: We will be voting on the proposed Bylaws today, May 8th. These can be found at <a href="http://www.aisrochester.org">http://www.aisrochester.org</a> website under Information heading, minutes and bylaws, proposed bylaws 3/3021. Please contact Chair or Vice chair if you cannot locate.

- I've been participating in the Public Outreach Committee as well as the Committee looking into starting a beginners meeting.
- I've been working with our Intergroup Rep so that she is prepared for our upcoming AWSC, Area World Service, Committee meeting as well as the Assembly.
- The position of Alateen Coordinator for AIS Rochester is vacant. We have no Alateen meetings in our service structure area at this time. Anyone who has a desire to help teens, is at least 21 years of age and has two years in Al-Anon, and is active in recovery attending at least one meeting a week, can become an Alateen sponsor. This is a great opportunity to work with our Alateen coordinator from New York North, Mary S. For further information, contact me at vicechair@aisrochester.org.

**Discussion**: Pat notes the new bylaws clarify duties of office holders and AIS volunteers, explain who can hold offices, many are available to "double winners" a few not. Directions for transitions between service position holders are included. The document also lists CAL references as we work program tools into service. Group thanks committee for work on this document. Motion to accept new bylaws as written made by Mel, second, Loron. By-Laws accepted by group vote.

**Treasurer**: Diane -Report <a href="http://aisrochester.org/treasurer.html">http://aisrochester.org/treasurer.html</a>. Motion to approve Rose, second Pat, amend-no, report accepted. Motion passed.

Discussion: Diane - income has decreased since last year, and expenses have been more than income for a few months. Concern what this means longer term. Book sales are down due to decreased face to face and fewer distribution opportunities. Rebeccaplease have folks call her directly for literature- 585-472-6393-ok to publish in newsletter. Angela-suggests keeping first donations local, to groups/AIS/then NYNorth and WSO. Can we ask groups to "pass the Hat"? Maggie group conscience is donating more to AIS to keep support at the local level. ACTION-newsletter mention, tell all groups that these contributions help outreach and support of newer members and spread program information to agencies interacting with families, food cupboards, churches, and recovery centers. Agree we will continue to watch revenue and expenses AND spread the work of the program. Donate via AIS website, through PayPal, check or bank draft.

**Book Depot**: Rebecca-literature available from AIS - book depot, 585-288-0540 please call to arrange pick up or delivery.

**OUTREACH-** MEETING 4/21/21, 6-7pm See discussion below.

Dennis explained the problems with starting the Beginner's meeting including place to meet and sponsorship of the meeting. These items should be resolved within the month.

Our new project, contacting recovery centers, was begun. The members who will be involved in this project chose the centers they wanted and Pat added several outside the county but within the district. Reports due next month. We all received previous introduction papers and a reporting sheet for future contact.

We have a list of speakers for groups or for outreach if interested, please contact Rose B. or outreach@aisrohester.org.

*Discussion*-Beginner's meeting follow up. AIS has agreed to sponsor second beginners' group, suggested time Saturday late morning. Where to hold meeting? Many leads have been followed. St. Anne's will accept meeting the cost would be \$50 monthly. AIS conference room available, BUT we want to keep the meeting in the city. The meeting may start as "virtual" and will need a physical space later. Group suggested Spiritus Christi or Salem United Church of Christ on Bitner Street. Dennis will take this back to outreach/beginners meeting committee. This group agrees that support of beginners is a priority, we want this to be successful. Group thanks Dennis for your commitment to this important service.

ACTION- Dennis will bring back to committee and discuss options.

**Newsletter**: Karen is not here today, please list newsletter items. Newsletter at <a href="http://aisrochester.org/newsletter.html">http://aisrochester.org/newsletter.html</a> - deadline for articles, 5/15/2021 list newsletter item suggested at this meeting. By-Laws summary - Pat, AIS donations and what they are used for? AIS meeting summary-Loron.

# March Website Report- reviewed by secretary-April 2021 Website Report

### March 2021-AIS Traffic

- 4,242 visitors viewing 17,181 pages.
- 64% new and 36% returning visitors.
- 51% mobile and 49% desktop viewing devices.

## Top 10 pages visited:

1.	Home Page	3630
2.	Meeting List	579
3.	Sunday	386
4.	Wednesday	291
5.	Monday	286
6.	Saturday	263
7.	Thursday	246
8.	Friday	245

Newcomer 165
 Literature 131

# 29 Newcomer Pack Requests

The Victor Parents Group that meets Sundays at 7:30 pm is now Hybrid. The face-to-face meeting will be held at the Presbyterian Church, 70 East Main Street, Victor.

The Tuesday 12 noon Faith & Hope 41<sup>st</sup> Anniversary will be held on May 11<sup>th</sup>. Al-Anon and AA speakers.

The Thursday Men's AFG 8pm meeting has gone Hybrid. They are meeting at the Faith Lutheran Church, 2546 Browncroft Blvd, Penfield. This meeting is open to all.

There are two Geneva meetings that are now face-to-face:

- Saturday Morning Al-Anon at 10 am at Council on Alcoholism building, 620 W.
   Washington Street
- Sunday Morning Breakfast Group at 8:30 am, same address.

The Group Rep meeting will be Thursday, May 13th at 7 pm via Zoom.

The Alateen Interest Meeting is Sunday, May 16<sup>th</sup> at 9 am via Zoom.

**Alateen**: vacant position-see website report for Alateen interest meeting. Maureen attends today and is interested in Alateen-she and Pat. H will share contact information.

**Finance** Committee chair, John B.-Concurs more donations for AIS needed.

**Activities**: Dennis and Debbi - Tureen Supper update needed.

**Intergroup Rep**: Maggie G.- will attend AWSC and Spring Assemblies, reports have been sent to NYNorth. Working with Pat. H.

#### **Unfinished Business:**

- 1. Bylaws update and vote-see Vice Chair report. Bylaws approved!
- 2. Zoom account for AIS Rochester. A small group met to brainstorm the idea of AIS purchase of Zoom Account. Points from the meeting will this follow 7<sup>th</sup> Tradition? This has been tried with some AA groups in the area. We also could look at this as a support to groups and they would help to defray cost of subscription. There is a zoom membership for non-profits what Janise has researched. Mike W. guest member to follow up on smaller groups needs. Is there a demand for this in Rochester area?
- 3. *Mike W. reports to group*: Many groups do not have funds to afford Zoom, and this is limiting program to members in rural areas. For members concerned about in person meetings, having familiar and home meetings available in zoom is a great support. Mike finds the best program and support at his home and

district meeting and others agree. A shared Zoom account would help keep the program available and helpful. District 27 has two active groups and they could use this help.

**Discussion:** Do we know how many groups would use this? What support would a group need to use an AIS account and who would that be? How would we coordinate use of the account? What type of account? COST? Some meeting share Zoom account between 2-3 meetings. District 19 has an account that is shared and groups split cost, \$12 a quarter. Some groups use members' donated account (using donated account for today's meeting). When we start beginners meeting we will need account for Zoom. Pat suggested before we find out how many groups would use an AIS account we need to figure out costs and who will administer. Loron will reach out to Sue C. Web committee to find out if she could support and how. We agree we want a simple process. We need to research the non-profit account option Janise shared last month and see if that would be a good option for AIS and how many meetings it could support. Will bring to the group next month.

New Business: Summer schedule-do we want to skip July or August? Will confirm at June meeting.

### **Bullet Points:**

- AIS passed new By-Laws this meeting. See website and newsletter for description
- **AWSC** Meeting Friday 5/14 with spring assembly this weekend. These are "virtual" events, see sign up at AIS website.
- AIS is looking at purchasing a "Zoom" account and discussing options to share this with meetings. See next month discussion and call AIS with questions
- Donations to AIS are lower than last year. We are donating more literature to community agencies and book sales are minimal with fewer in person meetings. Please donate to AIS through check or PayPal.
- Outreach continues to chemical dependency treatment centers. We are delivering literature and offering speakers.
- See outreach committee for information on plans to start second beginners meeting.
- See AIS website for information on in-person, hybrid and "zoom" meetings-this is updated daily.

**Adjourn**: Motion to adjourn, Robin, second, Rose, we adjourned with Al-Anon Declaration

**Next Meeting**: June 12, 2021 10 am-see electronic link on website-reports due June  $7^{th}$ .

Respectfully Submitted, Loron O. AIS secretary.