

AI-Anon Information Service of Greater Rochester NY
Meeting MINUTES 10/09/2021
HYBRID Meeting-links on Rochester AIS Website and at
Faith Lutheran Church 2576 Browncroft Blvd

Chair: Open meeting with a moment of silence followed by the Serenity Prayer.

Read: 12 traditions John B., 12 Concepts of Service-Rose B., Warranties and Expanded Version of Concept 10-Pat H.

Rollcall first names: Sue C, Mel Y., Loron O., Pat H., John B., Laura R., Deb G, Rebecca B. Rose B, Angela R., Dennis C., excused. Robin, Karen, Maggie, Diane

Welcome to all newcomers, AIS Welcome statement below from Mel:
We welcome you to the AIS Rochester monthly meeting, and hope you will find in this fellowship:

1. Growth in your program and understanding of how ais works.
- 2 A welcoming environment where members feel safe and can express opinions and ideas freely w/o interruption or criticism.
- 3 Discussion and actions that benefit the AI-Anon groups in Rochester area and beyond. We welcome feedback on how our organization is working ideas for improvement.
- 4 Contact information for officers and AIS members-an orientation for new members.
- 5 Lastly, thank you for your service, rotation of service important for all group's health.

Reports Below

Secretary: Last month's minutes on website, <http://www.aisrochester.org/minutes.html> approve-Pat, second-Rose, amends None-, minutes accepted-approved Distribution list for attendees of meeting screen share. Any changes please email secretary@aisrochester.org

Lorons report-please review the distribution list and phone numbers, and confirm that you get messages from AIS secretary!

Chair Report-Mel Y Budget vote today, officer and committee chair nominations today and Elections November 14th

Vice-Chair: Vice Chair Report - Pat H.

Vice Chair Report - Pat H. Hi Everyone, below is a list of Officers and Committee Chairs willing to stand for the following positions. We vote in November and publish this list in our October newsletter. However, I can be of service please let me know, my contact info is

vicechair@aisrochester.org

Chairperson - Pat H.

Vice Chair –
Secretary – Loron
Book Depot Chair –
Finance Committee - John
Intergroup Rep - Maggie
Volunteer/Service Center - Mel

Treasurer: -reports attached to agenda, and on website: <http://aisrochester.org/pdf/treasurer-report.pdf> motion to approve: Laura, second: Rebecca amendments-none

Discussion-we have positive cash flow so far this year! Thanks to group and individual donations to AIS. We want to be able to offer members some services with minimal cost, literature and Zoom for example and donations make this possible

Book Depot: Rebecca-thanks for the help with deliveries, please remind groups literature is available.

Report from Outreach Committee

Minutes from Outreach Meeting 9/15

Beginners Meeting- there have been 5 new members since we began. Committee decided that if no members arrive the meeting will close after 30 minutes.

Norris Clinic – is going well, we have enough volunteers to cover each week. The format and agenda for volunteers has worked well. Thank you, Loron.

Pre-Trial – has changed to Tuesday at 3:30 and location will change soon. Every 8 weeks the volunteer talks to the group before they go to trial. She shares her experience, strength and hope for one and a half hours.

Jennifer House – is a half-way home for women recovering from addiction. Meetings are every month. There are 3 volunteers who share their experience with Al-Anon and introduce the program to the residents.

Future plans – discussion of using our volunteers and limits of commitments. As Recovery centers open up and ask for information we have decided to visit only once a month due to lack of volunteers to cover a weekly meeting. We will also direct to our two beginners' meetings to learn about Al-Anon.

Discussion: We have a great group of volunteers for Norris. This has helped the volunteer's program and we do have repeat Norris clients coming to the Norris meeting. This is encouraging as the attendance of our meeting at Norris is not mandated, and folks keep coming back! Email Loron or Rose at outreach at ais or call.

Newsletter: Karen R.-please have articles by 10/15,
Newsletter at <http://aisrochester.org/pdf/newsletter.pdf>

Website Report-Sue C.
September 2021 Website Report

AIS Traffic

- 3,947 visitors viewing 15,182 pages.
- 66% new and 34% returning visitors.
- 53% mobile and 47% desktop viewing devices.

Top 10 pages visited:

| | | |
|-----|--------------|------|
| 1. | Home Page | 3245 |
| 2. | Meeting List | 591 |
| 3. | Sunday | 334 |
| 4. | Wednesday | 287 |
| 5. | Tuesday | 286 |
| 6. | Saturday | 274 |
| 7. | Monday | 225 |
| 8. | Friday | 212 |
| 9. | Thursday | 209 |
| 10. | Newcomer | 117 |

13 Newcomer Pack Requests

Three groups are utilizing the electronic meeting account sponsored by AIS, along with the AIS monthly committee meeting.

Check out the new look for the AIS website! The home page has been streamlined and has the latest information on how to access meetings and sharing of electronic meeting account, and service opportunities

Alateen: Welcome Maureen-new chairperson. Alateen page on website has been updated with volunteer information and how to contact Maureen. We need adults to help with Alateen.

Finance: John B. see language addressing use of zoom account by groups,2022 budget

Activities: No report

Intergroup -Maggie, excused from meeting.

Unfinished Business:

Nominations-review and publish in October newsletter, to be voted on November meeting.

See pats List above

Meeting updates through WSO-is everyone updated-yes

Vote on next year's AIS budget, 2022

Motion to approve 2022 budget presented and budget accepted

Dansville meeting request, follow up from Pams Report 9/2021

Discussion-the new treatment center is La Costa, through Livingston County Council on . They are planning to have family groups and contacted Pam. The Noyes Al-Anon meeting has not been active for a while, the person who helped with this meeting will be connecting with Mel and Pam soon to work on this project.

New Business:

Support of meetings with low attendance-from Debi B. see *discussion* below

Meetings-how are yours going in our virtual/hybrid and face to face format?

From the meeting list at AIS Rochester, we have meetings that are face to face only, hybrid (face to face and zoom connected) and virtual only. We discussed at the 10/2021 meeting how to increase attendance/ interest and spread the word. Suggestions include:

- Calling folks on your contact list-are they aware of meeting and barriers to coming?
- Taking group inventory-see format at wso website to assess if meeting is meeting WSO guidelines and spark conversation. <https://al-anon.org/pdf/G8b.pdf> -link to inventory guidelines.
- Announce in the newsletter and at meetings others attend that the meeting is open and can use your experience, strength and hope
- Came to Believe, Sunday night at 7:30, great virtual meeting!

From Loron-we had a group conscience to address how we support each other at the AIS meetings last year. Suggest we re-convene and go over the welcome statement and get feedback from newer members. Members agree and will conduct at November 14th meeting. We will send out the notes from the 2021 group conscience to this group, All welcome.

From John. B. suggested re-wording for members use of zoom account. We agreed when buying the electronic platform account that we would do so to help groups thrive w/o financial strain. John suggests changing wording to donation/contribution, rather than a charge for using the service (AIS electronic meeting account) Group agrees heartily and will change wording

Dennis, thank you for being ISR for your Sunday meeting.

Bullet Points for take away/follow up/next meeting agenda?

Bullet points from 10/9/21 Ais Rochester meeting-see website or newsletter for more information

- Elections for open position will be held at the 11/14 ais meeting.
- Flower City Fellowship- An AA In person convention with lots of AI-Anon participation will be held in February 2022, in Rochester!
- AIS has purchased a Zoom account for meetings to use. Please contact AIS Rochester for more information, this was done to decrease barriers to meeting virtually.
- AIS website is updated daily, see the changes to meetings.
- Is your meeting attendance less than expected? See newsletter for ideas on this topic.
- Beginners' meetings are held on Wednesdays at 11, this is a hybrid meeting and Saturdays at 11:30 is virtual. See the website for sign on information. Please help with Saturday meeting for experienced members to share their experience strength and hope.
- Outreach continues and we are looking for members to speak at family meeting at recovery centers, as well as presentation to folks in recovery at Norris. See outreach page at the AIS Rochester.
- Please continue to support AIS Rochester via check or PayPal.
- Group conscience at the next meeting 11/14 to follow up on AIS meeting process-last discussed 11/2020. All are welcome.

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Motion to adjourn-Rose, Second Laura, motion passes
Adjourn with declaration and serenity prayer.
Next meeting November 13, 2021-reports due 11/06/2021.

Respectfully Submitted, Loron O.