Al-Anon Service Meeting Minutes 11/12/2022-This month electronic only!!! 2480 Browncroft Blvd, lower office 10 am-Agenda Electronic sign in on AIS website

Chair: Pat-open meeting with the Serenity Prayer

Read: 12 Traditions-Robin,12 Concepts of Service-John B, Warranties-Elissa. Expanded concept 11-Robin

Roll Call first names and AIS roles: Pat, John B, Robin S, Connie, gr spiritual awakenings, Diane, Cathleen, Bernie, Leah, Ellen, Elissa, Karen newsletter, Dennis C., Michelle, isr wed 12/12, Maggie, Angela R., Bernie-isr for guardian angels. Excused, Erin and Debbie G.

From Pat: Welcome all to the AIS Rochester monthly meeting. We hope you will find in this fellowship:

- 1. Growth in your program and understanding of how AIS works.
- 2. A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- 3. Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- 4. Contact information for Officers and AIS members, and an orientation for new members. Thank you for your service; rotation of service is important for our group's health.

Reports Below:

Secretary: Last month's minutes on website, attached
Please review attached contact list. These emails are our contacts for AIS Agenda and Minutes,
please correct so Loron may update email list, will add folks listed. Kathleen, Leah, amend Ellen.
http://www.aisrochester.org/minutes.html . approve-Elissa, second, Robin
Loron will not be at 12/10 meeting would someone take minutes?

Treasurer: -reports on website and attached: http://aisrochester.org/pdf/treasurer-report.pdf
Motion to approve: Robin second: Elissa motion passed See 2023 budget. This budget will be posted in the November newsletter so members can comment and we will vote on 12/10/22. Note we are "in the black" for the year at this point, AND need continued support from groups.

Chair Report- Pat H.

Hi everyone, The following positions are open at the end of this year. Here is a list of members willing to stand:

• Activities Coordinator - Cathleen B.-Cathleen's service history includes GR, Treasurer District 19, FCFC cochair, alathon 2020. She would like to expand on activities we have been doing and schedule throughout the area with an emphasis on fun.

- AIS Co Chair -open
- Alateen Coordinator Maureen L.
- Newsletter Coordinator -open
- Outreach Coordinator Dennis C. Dennis has served as ISR, has been member of outreach for several years, helped start outreach at Norris Clinic and the Saturday's beginners meeting, He has met with local service providers to share the word about Al-Anon and with City officials to discuss how our program can help the health of our community.
- Treasurer -may have candidate
- Web Committee Chair Ellen V. Ellen is Web coordinator for NY north. She is DR for district 2, and has organized the calendar fundraisers for AIS. She is presently co-chair of FCFC for March 2023.
- Web Tech Leah -showed us several websites to illustrate the format she would suggest for AIS Rochester, with the focus on simplicity of design and ability for members to use easily. She showed her work with the Geneseo library system. She will make our website friendly to low vision folks. She will work on building our new website in January. Our goal will include ease of transferability and ease of making changes.

Vote taken on nominations; nominations confirmed unanimously

Vice-Chair: open position Activities report: Debbie

Alateen report: Maureen- from Pat, we have had 4-6 teens attend this Alateen meeting.

Book Depot -Erin

Hello Al-Anon family and happy fall!

I am excited to share some new updates from the book depot that the WSO recently announced! In 2021 the WSO approved new introductions for the "One Day at a Time in Al-Anon" daily reader and "The Dilemma of the Alcoholic Marriage" book. The new introductions will be found in the latest printings and available for purchase. The purpose of this change is to help readers understand the books from the historical perspective from which the books were written. To view the new introductions, go to:

https://al-anon.org/ member resources, literature.

A new daily reader is coming out next summer!! Al-Anon's next daily reader, A Little Time for Myself—A Collection of Al-Anon Personal Experiences (B-34), will be debuted around June 29-July 2, 2023! Just as our earlier daily readers reflected the times in which they were written, this book will represent the personal experiences and many voices of the Al-Anon fellowship as it is today. Stay tuned for more details next spring.

Finance: Budget items were due in August-proposed budget for 2023 completed and will be voted on in November. Mel and Diane will cover for John B. while he is out. -Welcome back John!-budget reviewed-no changes noting that if new items come up, our members will bring to the AIS meeting to discuss budgeting. See copy of budget in newsletter.

Intergroup -**Maggie G**- Maggie went through our meeting list and compared with WSO, she did send to ny north records keeper, Joan L. Note that changes made to AIS Rochester do not filter to WSO, please update in ny north and WSO. ACTION-please check the NYnorth and WSO website to see if the information for your group is up to date

Newsletter: **Karen R**.-please have articles by 11/15/22-suggestion from group discussing the benefits of coming together in person and types of hybrid models. We need newsletter editor starting 1/2023 and Karen will be support for our new newsletter editor. If we do not find a new editor, what are our options? Is a newsletter needed-folks use this to share with groups and post in email communications. Will discuss at 12/10 meeting.

Outreach

September 28, 20022 - Maria N. and Dennis C. met with Victor Saunders, Advisor on Violence Prevention for the City of Rochester Mayor. The purpose of this meeting was to present to Mr. Saunders and his team an outline of Al-Anon, offer Al-Anon literature, meeting lists and ask permission to post Al-Anon/Al-Ateen posters at City Recreation Centers. Mr. Saunders was open to hearing all information presented and stated he remembered hearing Al-Anon PSA's in the past. Mr. Saunders was agreeable to allowing Al-Anon/Al-Ateen posters to be displayed at City Recreation Centers. The meeting was productive and Dennis plans to visit recreation centers to determine if any follow up.

October 19, 2022 - Dennis C. and Maria N. presented to a group of local substance abuse treatment providers via Zoom. An outline of Al-Anon was provided, Al-Anon/Al-Ateen literature and meeting lists were offered via the <u>aisrochester.org</u> website. This was a very productive conversation. Providers asked questions and acknowledged that recommending/referring people to Al-Anon/Al-Ateen would be very beneficial to their clients. Maria contacted Anne on October 20, 2022 asking how we might assist in setting up a presentation. Currently, I am unaware of the status of this outreach.

October 11, 2022 - Rose B. sent Maria N. the name Anne K. Anne has had past involvement with the Outreach Committee. Anne has contacts with a local Social Workers group. Rose suggested Anne might want to have an Al-Anon presentation done with this group. Maria contacted Anne on October 20, 2022 asking how we might assist in setting up a presentation. Currently, I am unaware of the status of this outreach.

Carol C. gave an update on Pre-trial Diversion at the last AIS meeting. Please consult the minutes of October 8, 2022 AIS meeting.

Dennis C. has no follow up on potential Al-Anon meeting to be established at Bill & Bob's. Respectfully Submitted,

Dennis

Discussion-appreciate Dennis and Rose and committees work, please join the outreach committee, next meeting November 16th 6pm, electronic meeting see AIS Rochester website under activities for link to this meeting.

Volunteer coordinator/office- Mel- Please see the website for office hours. **Website Report-Sue C.:**

November 2022 - AIS Traffic

- 4,759 visitors viewing 13,635 pages
- 69% new and 31% returning visitors
- 52% mobile and 48% desktop viewing devices

Top 10 pages visited for March:

1.	Home Page	2437
2.	Meeting List	493
3.	Saturday	410
4.	Sunday	377
5.	Thursday	320
6.	Tuesday	303
7.	Wednesday	283
8.	Friday	252
9.	Monday	226
10.	Anniversaries	162

7 Newcomer Packs Mailed

As of the end of October we have sent out 509 Newcomer Packs. How many Al-Anon calls to explain how Al-Anon works? - this information can be easily found.

Unfinished Business:

Old Business:

• Discussion of opening the positions of Treasurer and Secretary to dual members. If a dual member is elected to one of these positions, however, they will not have a vote at Assembly or AWSC (Area World Service Committee) meetings. Group noted that in this month's Forum discusses dual members and resource of p-45, The Al-Anon Focus "for Al-Anon members who are also recovering Alcoholics. We agreed that dual members do not have vote on policy issues and their service is welcomed. Note this will require change in bylaws and Pat will follow up on this.

Robin-motion that dual members can become treasurer and Secretary of AIS Rochester. Motion carried.

- Budget for 2023 vote on this in December after publication in November newsletter
- Appeal Letter -any feedback, is it working? Please ask your groups to send contributions to AIS if able.

New Business:

- PayPal group would like to keep, to offer more options. What are the fees associated with this? When you contribute via paypal, paypal will take a portion, this is not a charge to AIS but may decrease the amount donated. We agree that we should keep paypal for one more year. Note that some groups use paypal and venmo.
- Discussion of hiring a new Web Tech person for our website-done and voted
- Ellen/Angela- Adding a link to our website for the FCFC fundraiser-to purchase an Al-Anon calendar. Als Rochester will not deal with payment; this is covered at the calendar website-group agreed this will be helpful. The link will be at the Als website.
- Newcomer packets, should we continue to send out? Pat sees this as outreach, group agrees, will
 continue to send out newcomer packets.

• Discussion-who may have access code to office? Group greed that members with ongoing volunteer, outreach or project work may have access code. We will need to discuss guidelines for this access.

Bullet points for groups from meeting: List and Forward to Newsletter

- New Al-Anon reader-, A Little Time for Myself—A Collection of Al-Anon Personal Experiences (B-34), will be debuted around June 29-July 2, 2023!
- See 2023 budget, on website and newsletter, to be voted on at December's meeting.
- Flower city fellowship conference, March 3-5, 2023. See ais website for links for information
- Look for 2023 Al-Anon calendar available from AIS Rochester
- Welcome to new officers, Dennis, Leah, Cahtleen and Ellen.
- 2021 the WSO approved new introductions for the "One Day at a Time in Al-Anon" daily reader and "The Dilemma of the Alcoholic Marriage" book. The new introductions will be found in the latest printings. The purpose of this change is to help readers understand the books from the historical perspective from which the books were written.
- Dual program members of Al-Anon and AA may now serve as Secretary and Treasurer of AIS Rochester.
- Please let AIS Rochester know if you have changes to your meeting schedule due to holidays. This will ensure the most accurate information on the website.
- All Groups should check the WSO website to assure this information is accurate.

Meeting adjourned at 11:25 so the zoom account could start the Beginners Al-Anon meeting.

Adjourn with Declaration and Serenity Prayer-in spirit Respectfully submitted Loron O, Secretary AIS.

Next Meeting 12/10/2022