# Al-Anon Information Service of Greater Rochester Meeting Minutes, April 11, 2020 10 am

Meeting was opened by Mel with a moment of silence followed by the Serenity Prayer. Steps, Traditions, Concepts and Warranties were read.

Attendees: Mel, Deb G, Ellen V. John B., Mike G. Maggie G, Nancy, Pat H., Rebecca B., Rose B, Lisa M., and Russell M.

#### Minutes/Secretary

John moved that the March minutes be approved as published. Seconded by Russell. Minutes approved as submitted.

#### Chairperson

Electronic (Zoom) meetings will be reviewed by Ellen V.

#### Vice-Chair

Report was given-See outreach report. Loron will continue to visit meetings to discuss AIS and outreach.

#### Treasurer-report and discussion

Treasurers report as presented: Mike G moved to approve the report and seconded by Rebecca. Report Approved.

From the Treasurer's desk:

Important reminder to all members of Al-Anon, in these crazy times due to COVID 19 – please remember we will get through this crisis - the need for Al-Anon is still great. Per our service manual (Pg.56):

"The Al-Anon Family groups support Al-Anon financially at all levels of service by contributing to:

- Their District, AIS, and service area (New York North) thatservice the group
- The World Service Office, which serves all groups"

"AIS Rochester" donations still accepted – please note donation + AFG# / group name on check & mail to: AIS Rochester, 2480 Browncroft Blvd. Suite 140, Rochester, NY 14625
Thanks for your support

#### **Book Depot-report**

I am sorry to report that obviously we are not having the opportunity to sell CAL that we anticipated before social distancing became our life. We are very well stocked with literature I know we will sell one day, but not so much right now. I have had some "trunk" sales and have announced at meetings I am happy to bring literature to individual homes if people wish to have a book or workbook during this time. I wonder if we could add a statement to this effect on the Home page of our Web site. But I am open to any concerns our officers may have about this idea.

On a happy note, I am glad to report that Mel and I did an inventory of all our CAL. I have learned how to protect it, so it does not disappear again. I will be so glad for the day when I can adjust those numbers more than I am right now. I appreciate Mel's help, and those that offered to help before our social distancing became the norm.

#### **Public Outreach**

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By phone, Loron and Rose met in April to discuss how to initiate the Al-Anon Outposts (individual groups) and devised a six point procedure subject to the approval of the entire committee.

Due to the COVID- 19 outbreak we are not contacting Recovery sites or talking to professionals at this time. We did present Al-Anon at a Recovery meeting through ABC- Action for a Better Community. The coordinator is interested in working with us in the future.

Thanks to Ann K. we were invited, by the Substance Abuse Planning Specialist at the Monroe County of Mental Health, to present Al-Anon to the monthly meeting of the administrative staff of treatment centers. We were well received and invited them to contact us for further information.

At both sites we left materials, e.g.: AFAs, (professional information – at the office of Mental Health), and a variety of pamphlets. As we increase our contacts with recovery centers and individual groups helping to carry the message to their communities, we will be buying more CAL literature to distribute. Hopefully the groups will support this exciting initiative both financially and volunteering to carry the message of Al-Anon. We can only accomplish this by working together for the good of Al-Anon.

#### **Volunteers**

Mike G reported there was one new person and he will contact her.

#### Newsletter

No report.

#### Web Committee-see report and discussion

March 2020 - AIS Traffic

- 3903 visitors viewing 16107 pages
- 74% new and 27% returning visitors
- 54% mobile and 46% desktop viewing devices

#### The top 5 pages visited:

- Home Page
- Meeting List
- Anniversaries
- Contact Us
- Saturday

The meeting list was accessed 1226 times.

#### **Electronic Meeting Chair**

Thank you to everyone who stepped up to help create a continuity of connection! We now have 30 Meetings listed on our AIS home page. It was hectic getting things going but it seems to be quiet right now. As new situations arise we will take each one as it comes. We don't know how long we will have to do this, and we are grateful to have this platform to communicate and stay connected. Ellen will work on a job description.

#### Alateen

No report

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### **Open Positions**

- Finance
- Activities

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- Intergroup
- Alateen

#### **Unfinished Business**

**Updating information on Dual Membership**- As written on pages 86 and 87 of the service manual. Russell moved to allow dual members to be part of service with the exception of a voting position. Rebecca seconded the motion. The motion was passed.

#### **New Business**

None

Meeting Adjourned at 11:50 am. Next meeting May 9,<sup>h</sup> 2020, **PLEASE** check website - AIS Rochester for updates.