

Greater Rochester Area AIS Service Center DECEMBER 2021

EVENTS

AIS Monthly Meetings 2022, 10:00 a.m. **Upcoming Meetings:**

January 8 July 9

February 12 September 10 March 12 October 8 April 9 November 12 May 14 December 10

June 11

Meetings are hybrid and are held at the AIS Office, 2480 Browncroft Blvd.

Electronic Sign-in on website

Link to AIS Rochester meeting minutes:

http://aisrochester.org/minutes.html

Link to upcoming Anniversary meetings: http://aisrochester.org/anniversaries.html

Chairperson Report

I want to thank everyone who helped in keeping our Al-Anon Information Service operating over the past two vears.

In the fall of 2019, I was elected the AIS Chairperson, a position I have avoided for many years, but it was time. Little did I know we would be entering into two challenging years.

It started out with the passing of Andrea, my wife of 57 years, with over 38 years of sobriety. The day she passed I went to a meeting that night and shared a reading from the One Day at a Time book, May 3rd, and it expressed my life that day.

Now, what was the next step, resign and feel sorry for myself or continue? The May 3rd reading told me to continue. Little did anyone realize we were entering into a very challenging next two years. Even as our Al-Anon world changed we could no longer have face to face meetings. We moved to electronic meetings where we sat at home meeting on our computers. We lost the warmth of meeting with our friends and could only see them on the screen. No more going out for coffee and ice cream after the meeting. Life changed but as the May 3rd reading goes, we went on with life.

The Al-Anon world and the world in general changed, the way the big malls have changed. Acceptance is defined as "not approval" but just accepting the fact of change.

I will now be the AIS Volunteer Coordinator, a job I am well qualified for and looking forward to, turning the reins over to Pat with the hope the next two years will be better than the last.

I always look back to March 1981 when I first walked into that Al-Anon meeting, it changed my life. It was not my choice, but Andrea told me she was going into treatment, and I could follow or not! I decided I would and have never looked back. I know AA saved my marriage and Al-Anon saved me.

Yours in Al-Anon

Mel

Vice Chair Report

This is my last report as Vice Chair. I've enjoyed these last two years and appreciate all the help I've received. Thank you. We've covered a lot.

- The by-laws were updated
- We did a group inventory to see what was and wasn't working, and made appropriate changes
- We put together a packet for Information Service Reps (ISR's) which includes the Service Manual, pamphlets on Service Sponsorship, the Concepts, and the 12 Steps and 12 Traditions.

The Vice Chair position is still open and the list of responsibilities is on our aisrochester.org home page. If you have questions or are interested, please contact me at vicechair@rochester.org. Happy Holidays to all!

Of Note from the December 11 AIS Meeting

Volunteers are needed for Alateen Group. Contact Muffy at Alateen@aisrochester.org or call 585-288-0540.

Some groups are adopting libraries, donating the Forum to them, and supplying and setting up displays of literature and meeting lists. A great way for groups to reach out to the community!

Service Opportunity: Member needed to review AIS Rochester's financial books for 2021. No finance experience required. We would like to share the budget and answer questions to keep our process clear and transparent. Call AIS Office for more information.

Flower City Fellowship Convention to be held Feb.18-20; flyer on AIS website; volunteers/attendees appreciated!

Electronic Questionnaire

WSO is asking for feedback on the service structure and area policies and procedures of registered electronic meetings going forward. They have formed an Electronic Meeting Thought Force. All groups are asked to log in to New York North's website at nynafq.com to complete a questionnaire to have input on these important decisions. NYN asks that the form be submitted no later than January 3, 2022.

AIS Service Center 585-288-0540

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