Al-Anon Service Meeting Minutes 2/11/2023 10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

Chair: Pat-opened the meeting with the Serenity Prayer

Read: 12 Traditions- Robin, 12 Concepts of Service - John, Warranties - Rose, Expanded concept 2-Elissa.

Pat and the group commented that Reaching for Personal Freedom also illustrates Concept 2 as well as Paths to Recovery. Accountability, dependability, and trust - we learn to trust and rely on others when working the program. Perhaps we can weave the questions from this book into our concept readings at our AIS meetings.

Roll Call first names and AIS roles: Welcome Ellen V., Maureen, Pat H, John B, Loron O, Sandi, Rose B., Maggie G, Elissa, Robyn, Teresa, Richard, Cathleen, Angela, Bernie.

From Pat: Welcome all to the AIS Rochester monthly meeting. We hope you will find in this fellowship:

- 1. Growth in your program and understanding of how AIS works.
- 2. A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- 3. Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- 4. Contact information for Officers and AIS members, and an orientation for new members. Thank you for your service; rotation of service is important for our group's health.

Reports Below:

Secretary: Last month's minutes on the website are attached. If you did not get these materials emailed to you please let me know so I can keep the contact list accurate. Please review the attached contact list.

http://www.aisrochester.org/minutes.html . Approve: Elissa, - second Angela. Minutes accepted w/o change. Will add Sandi to the list.

Treasurer: -reports on website are attached:

John is reporting for Diane. He notes that Book Depot income is up, and reviewed the breakouts of income from fundraising, group, and individual donations.

Chair Report - Pat H.

- Our new website is up and running, thank you Leah and Ellen. We continue to tweak the site and if you have suggestions for us we would like to hear them. We will go over the website with Leah and Ellen today.
- Districts 14, 19, 20, 27 have no DR's (District Representatives.) Please consider stepping up to help lead the groups in these districts. The guideline, G-37, https://al-anon.org/pdf//G37.pdf is helpful.
- Alateen needs our help and support, we will discuss this today. I refer everyone to p. 97 in our Service Manual. Please look under Alateen Self-Support and the Seventh Tradition. See Discussion below in the Alateen report.

Vice-Chair: open position

Activities report: Kathleen continues to meet with groups throughout our area. She is working on a Musical Event, a comedy event, AND a session to help folks sign up to be AMIAS.

Alateen report: Maureen

- 5-6 consistent Alateens at Tuesday meeting. They are taking turns at service! Some misunderstandings about who should come, AMIAS have been able to educate parents.
- Alateens committed and will be coming to FCFC (registration fee waived for the teens) and will have literature at Al-Anon table!
- Teens have not been able to donate to the group, the Tuesday Al-Anon group that meets at the same time does not have funds to support currently. Muffy would like to be able to give out more literature, welcome packets and pamphlets, and have CAL available for the group. She has had some donations of literature but would like more up to date versions. How much money? They have a wish list, which will be shared by the next meeting.

Discussion on how best to support Alateen. What does our manual and bylaws contain to guide us? John B. Finance chair shares-Tradition 7- Every group fully self-supporting.

Presently Alateen funds are for outreach. Individual group support had not been approved in

the past citing this tradition.

 Pat notes that on pg 97 of service manual "An Alateen group may find it difficult to meet all its expenses and needs. The local Al-Anon group (s) or District can support their Alateen groups with the goal of the group becoming fully self-supporting as soon as possible."

- Note AIS has wanted to have an operating Alateen group and this is promising! We want to assure the viability of the group.
- o Individual groups and Districts could donate to Alateen-is there a way to do this?
- o Is the \$200 line item for Alateen, could this be used to support our group?
- Another way to support is to find more AMIAS who can help with this group and start others. Robyn is treasurer of the Alateen group and will be setting up an account to help with donations. Ellen noted that it takes time to become an AMIAS (Al-Anon member involved in Alateen service.)
- Members note that groups are just starting to come back in person and it may be a while before accounts would have surplus. Will there be a way to designate funds for Alateen sent to AIS?
- Motion from Loron, citing Service Manual, we authorize the \$200 line item in budget for Alateen to be used as the Alateen trusted service deemed necessary. Motion second Angela, motion passed.

Book Depot –Erin met with Angela and Ellen to supply literature for the FCFC Conference in March. Please see Angela or Ellen for times to volunteer at the Al-Anon book table.

Finance-John-see treasurer updates attached and website

Note expenses for website set up. Book depot sales picking up, will track trends during the year. We are trending "in the black." Thanks to members and groups for their support of AIS.

Intergroup - Maggie G

- AWSC meeting March 18th. 9-1 This is a virtual meeting only.
- NYN Spring Assembly May 19-21, see NYN website for more information (<u>nynafg.com</u>). At this meeting we will be discussing how our programs are being affected by the re-opening of rooms, integrating hybrid and electronic meetings into the WSO structure.

Newsletter: Teresa-please have articles by 2/15/23.

Outreach-Increased membership and very responsive members taking on individual responsibilities. Our next Outreach Committee meeting will take place on Wednesday, March 15th at 6:00pm. District 25's day of sharing will focus on outreach. Dates to be determined.

Volunteer coordinator/office, Mel: no report, please call before visiting, check the website for contact information.

Website Report- Ellen for Leah

- Website up, suggest members try out the website and send feedback to Ellen. The "contact us" tab with meeting changes, as well as any questions for AIS Rochester.
 These questions will be forwarded to the member who can answer.
- Go to WSO first to make meeting changes, this then filters to NYN and AIS. Questions?
 Contact website committee. Better yet, volunteer to be on the web committee.
- Meeting lists on the new site are sortable. Payment methods like venmo and paypal are being activated on the website.

Group Announcements or concerns:

Hope for Today Friday moving to in person only in April. Anniversary meeting will be in person!

Unfinished Business: none

New Business: Alateen support-From Pat-see above discussion and motion.

Bullet points for groups from meeting: List and Forward to Newsletter

- Flower City Fellowship Convention March 3-5 with AA, Al-Anon and Alateen participation, see website for information
- Al-Anon book sales at this conference need help-please call AIS Rochester if interested in donating time, meet members, and share our program!
- Please update any group changes at the WSO website first, time/format/location changes, this will best assure consistent information as people search for our program.
 Questions on how to do this? Call the AIS office, or email questions from the AIS Rochester website.
- Check out the new AIS website for sortable ways to find meetings.
- Please help with improving our website by joining the Website Committee, no tech skills needed! Contact Ellen through AIS Rochester Website.
- Alateen adult volunteers needed, training is provided, see website for more information.
- Conference of the Lakes April 28-30 in Penn Yan, see website under "activities and events" for this and other events.
- Outreach to libraries is a simple way to spread the word, would your group sponsor a library? Contact the outreach committee through AIS Rochester for help with this.
- Activities committee forming ideas for FUN and PROGRAM, look for events including music and comedy in 2023!

Adjourn with Declaration and Serenity Prayer- 11:20 Respectfully Submitted Loron O. AIS Secretary