

**NOT EVERYONE  
TRAPPED  
BY ALCOHOL IS AN  
ALCOHOLIC.**

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Families and friends  
are suffering too.

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Do you worry  
about how much  
someone drinks?

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Al-Anon and Alateen  
can help.

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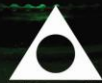
For more information and how to find a meeting in the greater Rochester area contact the Greater Rochester Al-Anon Area Information Service at:

[aisrochester.org](http://aisrochester.org)

585-288-0540

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**1-888-4AL-ANON  
AL-ANON.ORG**



**Al-Anon Family Groups**  
Help and hope for families and friends of alcoholics