



NOT EVERYONE TRAPPED BY ALCOHOL IS AN ALCOHOLIC

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Families and friends
are suffering too.

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Do you worry about how
much someone drinks?

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Al-Anon and Alateen
can help.

For more information and how to find a meeting in
the greater Rochester area contact the Greater
Rochester Al-Anon Area Information Service

aisrochester.org

585-288-0540



Al-Anon Family Groups
Help and hope for families and friends of alcoholics

1-888-4AL-ANON • AL-ANON.ORG