

**Al-Anon Service Meeting Minutes 5/13/2023**

**10 am-ELECTRONIC ONLY**

**Electronic sign in on AIS website**

**Chair:** Pat-open meeting with the Serenity Prayer

Read: 12 Traditions-Robin, 12 Concepts of Service –John B, Warranties Ellen -, concept 5 information from Reaching for Personal Freedom workbook pg 139, -Loron

**Roll Call first names and AIS roles: Cathleen, activities, Loron, AIS secretary, Ellen D2 rep and web committee chair, Maggie, isr and Intergroup rep. John, Finance chair and tech host for 2 meetings. Angela r. Isr hope for today Friday am meeting Marissa W. Healing hearts isr, Robin Isr Serenity on Saturday, Elissa-Victor Parents Isr. Maureen C. Eastside Isr, Pat H, Chair, Bernie AIS Isr Guardian angels, Rose B. visiting, Dennis C. Outreach chair. Diane, treasurer Erin S. Book Depot Chair,**

From Pat: Welcome all to the AIS Rochester monthly meeting. We hope you will find in this fellowship:

1. Growth in your program and understanding of how AIS works.
  2. A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
  3. Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
  4. Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

**Reports Below:**

**Secretary:** Last month's minutes on website and attached. If you did not get these materials, please email secretary-secretary@aisrochester.com

Please review the attached contact list.-list updated

<http://www.aisrochester.org/minutes.html> . Approve minutes: Alissa, - second: Robin, Minutes passed with activities report added to minutes.

**Treasurer-Diane:** reports on website-see finance report below.

Motion to accept: Loron second: Alissa-treasurer report approved.

## **Chair Report - Pat H.**

- Our revised bylaws are posted on our website. Thank you, Mel, for helping me with the final touches.
- New meetings: Starting Tuesday, May 16th at 7:30 pm, E. Rochester Methodist Church, 357 Fairport Rd., E. Rochester. Hornell AFG, 280 Grand St. Hornell, NY, Fridays at 5 pm.
- Thank you to Sandi D., and Catherine R., for putting together the AI-Anon portion of the Conference of the Lakes. Also, a big thank you to Rebecca for overseeing the literature table.

Service Manuals and expanded Concepts Pamphlet have been shared with new AIS members, please obtain these from your group or AIS Rochester if more needed.

Discussion, one of these meetings may not be in our district. Agreed to keep this meeting on our list as it is close to some of our other rural meetings, Pat will discuss with NYN.

## **Vice-Chair: open position**

## **Activities report: Cathleen-see last month's report**

**Alateen report: Muffy, Pat notes the challenges in becoming an AMIAS-adults who become certified in supporting Alateen groups. She will work on an event that would help folks through this process to add to the group of volunteers that can support our Alateens in Rochester.**

**Book Depot** – Erin-Book Depot sales/outreach at two events at District event 60\$ and Conference of the lakes 300\$. Thanks to Erin and Rebecca for this service.

**Finance-John**-see treasurer updates attached and website.

- we are 150\$ down from May 2022. -on target. We need to remember AIS to support our expanded electronic service.
- A member will review the financial reports and books of AIS Rochester Thank you! Budget proposals for 2024 will be due in the summer.
- Please look at your expenses and how these are reflected in the Annual budget, found under the information Tab at the AIS Rochester website.

## **Intergroup -Maggie G**

Pat attended the AWSC last month. She gave a report of all our recent work focused on outreach projects. Maggie will give her report at the Spring Assembly May 18-20. See Full report on line at New York North.

### **Outreach-Dennis**

The Public Outreach Committee continues to work to bring awareness of Al-Anon to the communities in which they live. Libraries, community centers, churches and other self-help groups have all been receptive to receiving Al-Anon literature and posting this literature where the general public can access it.

The committee chair participated in an informational event sponsored by District 25 in April. The Beginner's Meetings on Wednesday and Saturday mornings continue to be active and are attracting newcomers regularly.

The meeting at John L. Norris Clinic meets on a bi-weekly basis and continues to offer service opportunities to Al-Anon members.

Between 3-13-23 and 5-5-23, nine (9) newcomer packets have been sent out to people requesting them.

The Public Outreach Committee's next meeting is scheduled for Wednesday, May 17, 2023 at 6pm.

*Discussion:* Does lifeline (211) have Al-Anon information-yes, confirmed by AIS Rochester yearly. Rose asks for members wanting to do outreach to Jennifer House, Sabina G. has been the only volunteer and is looking for backup and to expand service if able as it is appreciated by residents of Jennifer house-Jenifer House is a "halfway house" supported living for women returning to the community after incarceration and/or treatment for substance abuse, desiring sober living. They use our literature and give to family members. It is a ministry of Spiritus Christi Church. Please contact AIS Rochester, or the Outreach Committee if interested. Masking and distancing requirements-as the decrease, will family groups and Al-Anon be invited to speak to families of folks seeking recovery at the in-patient centers? We will follow.

**Volunteer coordinator/office, Mel: please call AIS Rochester to give time to our office. 585-288-0540**

### **Website Report- Ellen**

1 - We continue to make changes to the website - please contact me with any ideas/comments/suggestions

2 - Please continue to send your events and committee meetings so I can put them on the events list

3 - I will be working with Leah on how to get the traffic information (how many visitors we get) per page.

4 - I am working to make the printable meeting list so the font is larger - if you have any questions or concerns - let me know! 5 - My plan is to update the districts page next!  
5 - Are you interested in helping on the web committee? No technical experience needed - just your ideas!!  
Respectfully submitted, Ellen V.

#### **Group Announcements or concerns:**

- **Webster Monday evening meeting changes from 8 to 7 pm.**
- **The Beginner's meeting is two years old this week!**
- **AIS Rochester will not meet in July.**

#### **Unfinished Business:**

- Review and vote on bylaws-bylaws distributed to members, no changes suggested.
- Discussion -what were the Changes included in this update? The web tech and web committee has changed and this is reflected in bylaws. Also, we have clarified what members can be officers and voting members of AIS Rochester, to allow for service for dual members in some positions, and clarify all Officer and Committee roles in the By-laws.
- Motion to pass bylaws made, seconded and motion passed by voting members, thank you to Pat and Mel for your work with this. The bylaws will be in the newsletter and on the website.

#### **New Business:**

#### **Bullet points for groups from meeting: List and Forward to Newsletter**

New meetings in Dansville and Hornell, and E. Rochester, see AIS website!

- The Monday night Webster meeting is now starting at 7 pm.
- New Reader "A Little Time for Myself" available for pre-order for \$17. This book will become available after the International Convention being held June 29th - July 2nd.
- See the newsletter for updated Bylaws for AIS Rochester, more accurately reflecting roles of officers and use of electronic media in AI-Anon.
- AIS is grateful for continued support from individuals and groups. Additional donations will help us keep on budget.
- Outreach opportunities are available at AIS Rochester. These include distributing literature at Libraries and medical offices and meeting with people in recovery at Jennifer House. This is a home for women re-entering the community while recovering from chemical dependency or after incarceration. This is an ongoing service opportunity, please contact AIS Rochester for more information. <https://www.aisrochester.org/>. activities tab. ●

Our next Outreach Meeting is Wednesday, the 17th at 6 pm. Zoom information is on our website. All are welcome!

- Lifeline has Al-Anon information-211 crisis line.
- Our Spring Assembly is May 19th and 20th. Register at [nynafg.com](http://nynafg.com)
- AIS will not be meeting in July.

Adjourn with Declaration and Serenity Prayer- approx. 11:10

Respectfully Submitted

Loron O

AIS secretary