

Al-Anon Service Meeting Minutes 4/08/2023

10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

Chair: Pat-open meeting with the Serenity Prayer

Read: 12 Traditions- Robin, 12 Concepts of Service –John B, Warranties -Maggie,
Expanded concept 4-Elissa

Roll Call first names and AIS roles:

Angela, Dennis, Elissa, Ellen V, Erin, John B, Laura R, Maggie G, Pat H, Robin, Teresa

From Pat: Welcome all to the AIS Rochester monthly meeting. We hope you will find in this fellowship:

1. Growth in your program and understanding of how AIS works.
 2. A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
 3. Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
 4. Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

Reports Below:

Secretary: Last month's minutes on website and attached. If you did not get these materials, please email secretary.

Please review the attached contact list.

<http://www.aisrochester.org/minutes.html> . Approve minutes: Maggie , - second: Robin,

Treasurer: John B for Diane -reports on website and attached:

<http://aisrochester.org/pdf/treasurer-report.pdf>

Motion to approve: Pat second: Laura

Chair Report - Pat H.

- Our revised bylaws are posted on our website. Thank you to Mel and all of our officers and coordinators for your input. Please make a copy for your groups to review and if you have any questions or suggestions let me know by April 30th at chairperson@aisrochester.org
- Thank you to Serenity on Saturday for hosting the Fun and Fellowship activity that took place on March 25th. We appreciate you!
- Please ask your groups to consider putting a basket together for the Conference of the Lakes the last weekend of April.

Vice-Chair: open position

Activities report: Cathleen

- I. The inaugural AIS Rochester Fun and Fellowship activity took place last Saturday, March 25th. A huge THANK YOU to Serenity on Saturdays for hosting! It was at the renovated all-purpose room in the basement at Immanuel Baptist Church on Park Ave in Rochester. The space was great and lent itself perfectly to this sort of party.
I want to acknowledge Chuck A for his work on the event's committee, providing the AV equipment, set up, serving as MC for the evening, and tear down. Also, Diane M for her service on the committee and help coordinating. We are grateful to all the members who helped with set up and/or clean up, AND to all the area members who turned out to make this event a big success.
Members brought a wide array of delicious dishes for the potluck for a scrumptious bounty. There was meeting of new friends and old, the casual camaraderie, and maybe most importantly the fun and laughter! There was a lot of informal sharing before and during dinner and then the main event- the Karaoke and open mic. Karaoke is hard! The night finished up with spontaneous dancing and just about everyone was on the floor! And after covering the costs of the event **we raised \$157 for AIS Rochester.**
- II. I met with Dan M to discuss an event for the Fall. The original thought was a comedy night, but after discussion and several weeks to think about it, I think it will need to be an AFG talent night instead. Although there are talented members who are doing stand up and are active in Al-Anon in our area, the challenge would be to have enough "players" and enough of their material to fill an hour.
The other issues we might potentially wrestle with is public or non-12-step recovery members attending and possibly breaking anonymity.
I will expand the number of members meeting to discuss a Talent evening and from that pool form a committee to help bring a Talent night event to fruition. (If this sounds like a committee you want to serve on email me cathleenbrauen@gmail.com)

- III. I have several other ideas for smaller activities and will report on them next month when I am able to attend the AIS meeting myself!

Thank you for allowing me to be of service.

Yours in gratitude,

Cathleen B
AIS Rochester Activities Chair

Alateen report: Celebrated 1 yr anniversary of meeting! 5 teens consistently in attendance

Book Depot – Erin

- workbooks are back in stock
- As we Understood is only piece of literature currently not in stock
- New daily reader coming this summer: “ A Little Time for Me”
- Service manual avail for purchase

Finance-John-see treasurer updates attached and website

- AIS in need of donations-please communicate with your HG
- Seeking volunteer to audit the books. A one-time commitment.

Intergroup -Maggie G

Pat attended the AWSC last month. Provided the AWSC with a report of all of our recent work focused on outreach projects.

See Full report on line. Here are a few takeaways:

- At the AWSC meeting, 17 were in attendance for the morning session, 19 were in session for the afternoon. This included officers and coordinators. DR's - 9 were present.
- Spring Assembly 2023 will be online only May 18th - 21st.
- Fall Assembly 2023 - September 29th - Oct.1st - in person only - election assembly.

Outreach-Dennis

- Committee is very active getting the Al Anon message out to those that need it.
- 25 Newcomer Packets mailed out since January 1st

Volunteer coordinator/office, Mel:

Website Report- Ellen

- Updating the literature page

- Adding/updating various events/activities to the website
- Frequent meeting changes made
- Meeting with Leah in near future to learn how to obtain the traffic report
- Requesting volunteers to be on the web committee

Group Announcements or concerns:

Unfinished Business:

Discuss reimbursement for travel expenses for officers, and book depot

- Discussion held on topic with views shared.
- Decision made: if the book depot chair does not plan to stay and participate in the conference, they will request entry without registration fee to set up table etc.

New Business: none

Bullet points for groups from meeting: List and Forward to Newsletter

- AIS is asking for donations. Please consider making a donation and ask your home groups as well
- Bylaws are updated and on website-make a copy and share with your homegroup
- Al Anon portion of Conference of the Lakes is asking for basket donations
- Volunteer Opportunities: Contact info on website
 - Web Committee-work with Web Master on website content and layout
 - Finance Committee-looking for someone to audit the books. No financial background needed, just a few hours of your time
 - Outreach Committee-various opportunities available
- Meetings continue to update/change their status. Please check the website regularly
- New Daily Reader titled, "A Little Time for Myself" will be available this summer

Adjourn with Declaration and Serenity Prayer-