

Al-Anon Service Meeting Minutes 8/12/2023

10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

Chair: Pat-open meeting with the Serenity Prayer

Read: 12 Traditions-John B., 12 Concepts of Service –Maggie., Warranties -Diane, Concept 7 and 8 expanded information -Marisa & Pat

Roll Call first names and AIS roles-Robin and Erin.-excused Welcome Michelle form simple beginnings! John B. Finance, Maggie Living the solutions ISR, Maureen C, Eastside, Diane, AIS treasurer, Pat H, Chair, Loron O, Secretary, Marisa Isr Healing hearts, Barb B, Theresa, newsletter, Harriet Isr women's 12/12wed noon, Ellen Web committee chair, Angela waring road Isr, Michele C, Simple beginnings ISR sat 10:30, Dennis C, Outreach

From Pat: Welcome all to the AIS Rochester monthly meeting. We hope you will find in this fellowship:

1. Growth in your program and understanding of how AIS works.
 2. A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
 3. Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
 4. Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

Reports Below:

Secretary: Last month's minutes on website and attached. If you did not get these materials, please email secretary-secretary@aisrochester.com.

Please review the attached contact list and send corrections to email

<http://www.aisrochester.org/minutes.html> Motion to approve minutes: Harriett, second, Marissa, motion passed

Treasurer-Diane: reports on website and attached. Motion to accept: Harriet second: Marisa, treasurer report accepted.

- Audit report-done recently.

- We ask folks who use the AIS Zoom account to be up to date with contributions that cover these costs.
- New reader purchase and sales account for robust action at the book depot; we are “in the black” for 2023.

Chairperson’s report:

Interested in Al-Anon service?

Interested in working with teens?

Then becoming an AMIAS might be right for you! (Al-Anon Member Involved in Alateen Service) Join us for an informational meeting to learn more and start the process of becoming an AMIAS. Saturday, October 28th, 1 - 2:30 pm on zoom. Check out the flyer on our website under “Events.”

Other service opportunities regarding Rochester AIS, please help spread the word. Chairperson, Vice Chairperson, Secretary, Office Manager, Book Depot, Finance Chairperson, Intergroup Representative. Any questions or concerns please contact me at chairperson@aisrochester.org

- Discussion-we need more AMIAS
- Workshop above will walk you through process, open to all NY North members to sign up and all other for information
- Mary, coordinator for AMIAS for NY North, will be speaking about Alateen at day of sharing 8/19/23

Pat H.

Vice-Chair: open position

Activities report: Kathleen-no report. Loron to contact

Alateen report: Muffy-Alateens coming, summer schedules required some patience. The group is working well. Need more backup volunteers.

Book Depot – Greetings from the Book Depot! - report read by Loron

Our new daily reader, “A Little Time for Myself,” has been flying off the shelf. I continue to manage inventory to fulfill orders. Please check out our current literature catalogue on our website for books, pamphlets, and other conference approved literature. There is so much wonderful literature available for our own growth and our groups. Please call the local AIS

office or email if you have any questions about ordering for you or your group. Myself or someone from the AIS office will make sure to connect with you and get you any literature that you need.

PS. (From WSO) The response to the launch of *A Little Time for Myself* (B-34) has been amazing. The fellowship responded with unanticipated excitement. As a result of the huge response, the book is currently sold out and is on backorder. The book is expected to be in stock at the end of August or beginning of September. We will provide updates as the arrival date gets closer so you can place your reorder.

Happy to be of service, Erin S.

Finance-John-

Hi everyone,

After last year's audit some recommendations were made to streamline our handling of expenses for our organization.

Most purchases should be paid by our treasurer with our ATM card and reminder for all that we have tax exempt status for purchases.

Purchases or expenses not paid with our ATM card and are authorized by "AIS Rochester" should be submitted to the treasurer for reimbursement within 30 days with supporting invoice or receipts before check is issued for reimbursement.

Just a reminder, next year's proposed budget will be prepared in late August for presentation at Sept. monthly meeting, 9/9/23

Please forward any recommendations regarding your committee's needs for next year to finance@aisrochester.org, treasurer@aisrochester.org or chairperson@aisrochester.org no later than August 15th for consideration.

Anyone wishing to join our committee for this process please let us know.

Discussion:

- Literature sales up, will be reflected in next report
- Do we make any \$ on book sales? Yes, if we buy by the case, a small profit, not on orders less than that. We buy at cost to AIS Rochester and sell at this cost.

Thanks for your attention,

John B.
AIS Rochester Finance Chair

Intergroup -Maggie G

- **NYN Area World Service meeting 8/26 9-1pm. This is electronic meeting,**
- **Fall Assembly 9/29/23-10/1/23, this is in person in the East Syracuse area. Registration for both on NYNorth Website. Theme is “Together Again”**

Newsletter- Theresa-pls have articles to Theresa by 9/16/23

Outreach-Dennis C.

Public Outreach Update
8-2-2023

Committee members continue to follow through with individual projects; Libraries, Post Offices, Community Centers, Health Centers and Coffee Shops. Follow up and restocking of materials as needed.

John L. Norris Clinic informational meeting continues to meet bi-weekly

Pre-Trial Services, Carol C. reports that she is actively involved with the program. However, communication and scheduling has become challenging of late.

Many thanks and congratulations to Maria N. for being the Al-Anon representative at the Recovery Fair presented by the Monroe County Department of Public Health. This event took place on Saturday, July 29, 2023 and was held at Genesee Valley Park from 11:00am to 4:00pm. Thanks to Mike H. for his involvement as well. I want to fully express my heartfelt gratitude and respect for Maria and Mike for agreeing to participate in this event.

Maria is currently exploring another event scheduled to begin on August 5, 2023 and end on August 12, 2023. More details to follow.

Below, please sees expression of gratitude from the Department of Public Health to all who participated;

On behalf of Monroe County Department of Public Health’s Addiction Services Department, I want to express a huge **THANK YOU** to all our vendors, activity vendors, speakers, and volunteers! You are truly amazing! The support leading up to our first RECOVERY FAIR and on

the day of was nothing short of awesome. The rainy weather did not stop us at all. The positivity and support for one another and our community members was such a beautiful sight. For me, our event, downpour and all, served as the perfect example as to what we experience in our roles and day to day interactions in the field of addiction: in the darkest or rainiest seasons of someone's life, where some expect or have experienced others to retreat, we show up for one another and support. You all did just that, and we are so very grateful.

Beginner's meetings in the Rochester area continue to meet regularly, Wednesday at 11:00am and Saturday at 11:30am.

Dennis continues to mail Newcomer packets as requests come into AIS

Margaret E. continues to hold Outreach events in the Newark, NY community. Most recent activity took place on June 19, 2023.

Next meeting of the Outreach Committee is scheduled for September 20, 2023 at 6:00pm. Access to this meeting may be gained through aisrochester.org website.

Discussion-we have been invited to Evening of Hope 8/23/23 in Lima. This is a recovery event focused on mental health and addiction. Not sure if this may reflect endorsement of sponsors of the event. Discussion: what does endorsement mean? Some members will attend to see what is being offered, we will not have an information booth at the event.

Volunteer coordinator: We need office volunteers. Please contact AIS Rochester if you can spare a few hours a week or month. You will be trained and supported! Thanks to John B and Mel for their work at the office and covering for the book depot chair.

Website Report- Ellen-see attachment, traffic report is it important to have exact month to month data? Group agreed that a snapshot at regular times would be great but does not have to be a specific date every month. We appreciate Ellen's work and ask if folks want to volunteer to be on her committee.

Group Announcements or concerns:

- **40th Anniversary Canandaigua meeting 8/14/23**
- **How do groups follow up with new members? This is a challenge with electronic meetings as after the meeting time may be difficult. Some groups ask for contact information, some have meetings "after the meeting." Note some meetings have "newcomer liaison." Groups who can manage hybrid format can expand attendance, confidence with Tech role is increasing.**

Unfinished Business: none-

New Business: None

Bullet points for groups from meeting: List and Forward to Newsletter

Bullet points 8/12/2023 AIS meeting ● AIS remains “in the black” thanks to group, fundraising and individual donations. Please keep us in mind in the coming months. ● Support our teens in Alateen-Saturday October 28th, 1 to 2:30. This will be an electronic workshop on how to apply to become an AMIAS (AI-Anon member involved in Alateen service). Check out the flyer on our website. ● Book Depot has lots of literature! See our website for how to order, or call. AND we are thrilled to see the new reader “A Little Time for Myself” fly off our shelves. This is on back order and should be in by September, stay tuned! ● 8/26 AWSC- Area World Service Conference, will be electronic, see NY North website on how to register. ● Fall Assembly 9/29 - Oct. 1st, in person. Register at the NY North website. This is an election assembly. ● Outreach is being done at local libraries, recovery centers and businesses. Interested? Call AIS Rochester to adopt a local library or business. ● The Web Committee needs volunteers- see Ellen to help with our website by sharing your experience, strength, and hope. ● AIS Rochester volunteer opportunities for the following positions at the end of this year: Chair, Vice Chair, Book Depot, Secretary, Intergroup Rep, Finance, and Office Manager. These are two-year positions and responsibilities are listed in our bylaws listed under “Information”. Meet great folks, expand your growth and healing in the program. Come to the monthly AIS meeting or Contact AIS Rochester.

Adjourn with Declaration and Serenity Prayer-11:10 am.

Respectfully Submitted, Loron O. Secretary