

Al-Anon Service Meeting Minutes 12/09/2023

10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

Chair: Pat-open meeting with the Serenity Prayer

Read: 12 Traditions-Robin, 12 Concepts of Service –Kathy, Warranties -, Concept 12-expanded information –. From Reaching for Personal Freedom pg 168, John B.

Roll Call first names and AIS roles- excused -Ellen. Pat H, Chair, Loron O., AIS secretary, John B finance chair, Maggie G, intergroup rep, Harriett ISR Women's 12@12 , Robin-incoming vice chair, Diane T. treasurer, Terry D. Elissa S. Victor parents, Kathy M-incoming finance chair, Barb-ISR St. Annes Thursday, Marissa Healing Hearts ISR, Michele C., ISR Simple Beginnings, Erin-ISR Webster Monday, book depot, Anne K-friends on Saturday, Angela R-ISR Friday Hope for Today, Terry D. -Serenity Seekers Wednesday @ 1 ISR

From Pat: Welcome all to the AIS Rochester monthly meeting. We hope you will find in this fellowship:

1. Growth in your program and understanding of how AIS works.
 2. A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
 3. Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
 4. Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

Reports Below:

Secretary: Last month's minutes attached. If you did not receive invite to this meeting, with materials, please email Secretary@aisrochester.org Member Kathy M. added

Motion to approve minutes: Elissa , second-Erin, minutes passed as written
Review contact list-done

Treasurer-Diane: reports on website. Motion to accept: Harriet, second: Robin. treasurer report accepted.

Discussion-we are in the “black” for the year. Donations to AIS were down from budgeted amount by 3000\$, literature sales increased balancing the budget. Please ask groups to consider end of year donation to AIS.

Handoff to new finance chair-John will continue to volunteer at AIS. Kathy and Diane will be able to write checks for AIS-this needs a bank visit to accomplish.

Chairperson’s report - Pat H.

- We will be voting on the following position: Office Coordinator - Terry D.
- I would like to thank our outgoing Coordinators for their service. We appreciate you and are grateful for your service. I have learned something from each one of you, your support has been invaluable. Thank you! Activities Chair - Cathleen B. Finance Chair - John B. Intergroup Rep - Maggie G. Office Chair - Mel Y. Secretary - Loron O.
- Open positions are: Activities Chair and Book Depot Chair For further information please contact me at chairperson@aisrochester.org.

Discussion-introduced Terry who has been volunteering in the office and is eager to become office manager. Vote to confirm Terry for this position-unanimous. Welcome!

Titles of our AIS officers-will be reviewed in 2024, consider using the less hierarchical term of manager, suggest coordinator.

Activities report: open position

Alateen report –from Pat- stable group meeting on Tuesdays, 2 new adults are being trained as AMIAS, will have Alateen participation at FCFC in March 2024.

Book Depot – Erin-keep orders coming in through website and calling AIS Rochester.

Finance-John- see reports on website. Group thanks John for his service as finance chair and treasurer and as an office volunteer!

Intergroup-Maggie

December 2023 Intergroup Rep Report

This is my last report as Rochester AIS Intergroup Rep.

I am grateful for the opportunity to serve and for the growth I have experienced through this role. Just a couple updates to share:

1. There will be an AWSC Meeting on Sat, Dec 16th at 9am
 - The purpose of the meeting is to discuss/vote on if NYN is going to submit a form to the WSO to consider Buffalo as a possible venue for the 2028 Int'l Convention with the understanding that NYN will provide, with the help of surrounding areas, 400 members to serve at the venue to welcome and help direct attendees during the event.
2. NYN Treasurer Position open
 - The member recently voted in as treasurer cannot fulfill the role due to personal issues.
 - Anyone interested or knows of anyone that may be interested please let me know.
3. The 2023 World Service Conference Summary is available on the WSO Website.
4. December's Forum has an article that thought was worth reading: Article is attached if interested
What, Exactly, Are Al-Anon's Spiritual Principles?

Newsletter- Theresa-pls have articles to Theresa by 12/13/23

Outreach report-Dennis

Public Outreach Update
11-11-2023

Committee members continue to follow through with individual projects; Libraries, Post Offices, Community Centers, Health Centers, and Coffee Shops. Follow up and restocking of materials as needed.

John L. Norris Clinic informational meeting continues to meet bi-weekly.

Pre-Trial Services, Carol C. and Dennis are scheduled to present next on Tuesday, 12-19-2023.

Beginner's meetings in the Rochester area continue to meet regularly, Wednesday at 11:00am and Saturday at 11:30am.

Dennis continues to mail Newcomer packets as requests come into AIS. Seven packets were mailed in the month of October.

Dennis has begun an active recruitment for more members of the Public Outreach Committee.

Next meeting of the Outreach Committee is scheduled for January 17, 2024 at 6:00pm. Access to this meeting may be gained through aisrochester.org website. Public Outreach Committee

meets bi-monthly (6 meetings a year). **Please consider joining this committee as the need for the larger community to know and learn about Al-Anon is an important service.**

Submitted in Service,
Dennis C.

Volunteer coordinator: no report

Website Report- Ellen-to follow
FCFC report-Ellen

FCFC Report for AIS Rochester

December 2023

The Flower City Fellowship Convention will be March 1-2-3, 2024. It is an AA Convention with Al-Anon participation.

It is a weekend full of fellowship, speakers, panels, skits and more. The Friday night opening speaker is our own local Domenic M. We have an out-of-town speaker Saturday afternoon, Larcine G from Hawthorne CA. We will also have an Alateen panel!

More information and registration information can be found here:

<https://www.rochesteraa.org/2024-convention-info>

We invite you to come check it out!

Saturday afternoon at the convention we will be offering cake to all participants to celebrate our Co-founder Lois W's birthday. To fund the cakes we are selling 2024 Recovery Calendars! They are \$15 and available online (or you can make arrangements to have some brought to your meeting by emailing

fcfcalanon@gmail.com)

Order your calendars here!! <https://tinyurl.com/FCFC2024Calendar>

If you have any questions, feel free to contact me -

Ellen V
585-402-1275
ellenvzsemail@gmail.com

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Group Announcements or concerns:

Wednesday, Women's 12@12 22nd Anniversary Meeting January 24-flyer to be posted, St. Paul's Lutheran Church, 28 Lincoln Ave., Pittsford.

Unfinished Business:

discussion of support of new AIS members-handoffs to new officers-Loron and Maggie to set up meeting, finance officers are meeting, Pat is meeting with Robin.

New Business:

Bullet points:

Bullet points from AIS meeting 12/9/2023!

- Welcome office manager Terry D!
- Activities Chair and Book Depot positions are open for AIS. Please call the office if interested, descriptions of duties are on the website under Information-Bylaws.
- 2023 World Service Convention Summary is on line
- AWSC meeting 12/16 to vote on choosing Buffalo for 2028 Al-Anon International World Service Convention-see link to online meeting at NY North website and the AIS website.
- Outreach committee looking for members to distribute literature and carry the message of Al-Anon to community groups. We meet every other month to review projects. See Website or contact Dennis C. Outreach chair.
- Recovery Calendar for 2024 available at AIS website. This is a fundraiser for the Flower City Fellowship Convention (FCFC) at the beginning of March.
- This month's forum discusses "spiritual principles" that have helped members.
- Alateen Group meeting on Tuesday has a core group of teens, see website for location.
- Simple Beginnings Saturday 10:30-great hybrid meeting, could use some support. See website for location.
- Donations to AIS Rochester down from 2022 this time last year, please consider end of year contribution.
- Women's 12@12 Anniversary Meeting 1/24/23.

Adjourn with Declaration and Serenity Prayer- Pat and group

Next meeting January 13th, 2024!

Respectfully Submitted

Loron O. AIS secretary