# Al-Anon Service Meeting Agenda/Minutes Date: 1/13/2024 10 am-ELECTRONIC ONLY Electronic sign in on AIS website

### 1. Opening: Pat Serenity Prayer

### 2. Reading of:

- 12 Traditions Robin
- 12 Concepts of Service Bernie
- Warranties: Marisa W
- Expanded Concept of the Month: Concept 1 Responsibility: Ellen V

### 3. Roll Call First Names Only

• See excel spreadsheet

### 4. Welcome: Pat Welcome all to the AIS Rochester monthly meeting.

We hope you will find in this fellowship:

- Growth in your program and understanding of how AIS works.
- A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

### 5. Reports from Officers and Coordinators

- A. **Chairperson's report** Pat H. Welcome Everyone and Happy New Year.
  - Currently our Treasurer and Finance Committee Chair are authorized to write checks to pay our bills. On page 6, #4 of our bylaws, under Treasurer, it states that the "Treasurer will have the power to authorize checks". I would like us to add the same sentence under the Finance Committee Chair.
  - I recommend that the Office Manager title, on pages 9 and 11, be changed to Office Coordinator.
  - Open positions are: Activities Chair and Book Depot Chair

For further information please contact me at <a href="mailto:chairperson@aisrochester.org">chairperson@aisrochester.org</a>

#### B. Vice Chair: Robin

• Welcomed new ISR Carol G for sat am meeting

### C. Secretary: Maggie G

This is my first meeting as secretary. I am hopeful that I can follow in Loron's footsteps with the timing of the distribution of the agenda and meeting minutes. I am open to suggestions and feedback!

- Last month's minutes attached. If you did not receive invite to this meeting, with materials, please email <u>Secretary@aisrochester.org</u>
- Motion to approve minutes: Marisa
- Seconded by: Loron
- Minutes passed as written
- D. **Treasurer: Diane S**. All reports on website

January 4,2024 Summary:

- Checking Account Balance 10,884.87
- Savings Account Balance 16,378.76
- Book Depot Income: 648.82
- Fundraiser (zoom donation) 24.00
- Bank Interest on Savings .14
- Donations: 390.00
- Total Income: \$1,062.96
- Rent office and mtg. room 360.00
- Phone 65.42
- WSO Donation 250.00
- Book Depot
- Supplies & Postage 13.67
- Total Expenses \$689.09
- Overall Cash Flow through 12/31/2023 373.87

**Respectfully Submitted** 

Diane S.

- Motion to approve: Barb
- Seconded: <u>Harriett</u>
- Passed

### E. Alateen: Maureen L (Mary S NYN at meeting):

- Jan 27<sup>th</sup> Amias information meeting on zoom
- Robin gave update about Alateen having a panel at FCFC with 4 teens
- 4 new teens this month!!

### F. Book Depot: Erin

- Erin remaining in role until replacement is identified
- Office hours have changed

#### G. Finance: Kathy M

• Nothing new-see treasurer report

#### H. Intergroup Rep: Loron O

- Thanks Maggie for the timeline and handoff for this position
- I will be attending the winter AWSC meeting electronic format in march.
- Please read northern highlight newsletter from NY North, find out what other areas are focusing on. and a topic of the month last one was "self-care-what do you do?"
- I would like to open the NY north website for this group to help folks understand our structure and how AIS relates to NY north.

More to Come! Loron O. intergroup rep.

#### I. Newsletter: Teresa

• Reports due by wed the 17<sup>th</sup>

#### J. Public Outreach: Dennis

- Committee members continue to follow through with individual projects; Libraries, Post Offices, Community Centers, Health Centers and Coffee Shops. Follow up and restocking of materials as needed.
- John L. Norris Clinic informational meeting continues to meet bi-weekly.
- Pre-Trial Services, Carol C. and Dennis were scheduled to present next on Tuesday, 12-19-2023, however, this session was cancelled by Pre-Trial Services. This is the second cancellation of the last two sessions.
- Beginner's meetings in the Rochester area continue to meet regularly, Wednesday at 11:00am and Saturday at 11:30am.
- Dennis has requested increase of Public Outreach Committee budget to \$500.00.
- Dennis continues to mail Newcomer packets as requests come into AIS. Seven packets were mailed in the month of October. Total of 84 newcomer packets sent out in 2023.
- Dennis and Maria attended a health fair at St. Michael's Church on 12-16-2023.
- Maria and Dennis will be preparing literature packets for the upcoming Flower City Fellowship Convention scheduled for March 1-3, 2024. Convention to be held at DoubleTree Inn located at 1111 Jefferson Rd. Rochester, NY. For more information contact office1@rochester-ny-aa-org or call 585 232-6720.
- 35<sup>th</sup> Conference of The Lakes is scheduled for April 28-30, 2024. This will take place at Hampton Inn and Suites located in Penn Yan, NY. For more information and to register on-line visit www.conference ofthelakes.org.
- Dennis has begun an active recruitment for more members of the Public Outreach Committee.
- Next meeting of the Outreach Committee is scheduled for January 17, 2024 at 6:00pm. Access to this meeting may be gained through aisrochester.org website. Public Outreach Committee meets bi-monthly (6 meetings a year). Please consider joining this committee as the need for the larger community to know and learn about Al-Anon is an important service.

Submitted in Service, Dennis C.

#### K. Office Coordinator: Terry D

- Erin's availability in book depot is changing
- Terry working on how to communicate her variable hours

• Have M, Th, Fri office coverage

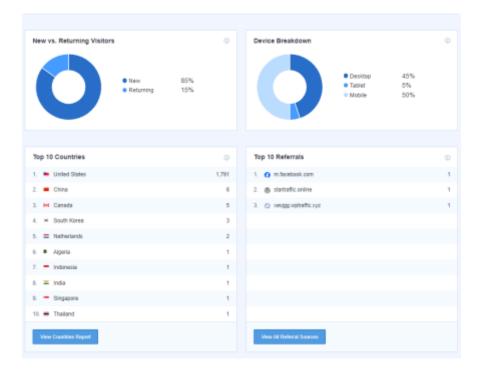
#### L. Website: Ellen V

- Please continue to send your events and committee meetings so I can put them on the events list
- Are you interested in helping out on the web committee? No technical experience needed just your ideas!!
- Goal to ensure WSO meeting list matches our list
- NYN website has new Alateen page-check it out
- Asking for coordinators to review
- See web traffic information below

Respectfully submitted,

#### Ellen V





Top Posts/Pages	
iop rostsiraĝes	Ψ
1. (not set)	2,370
2. Find A Meeting (scroll down for list) - Greater Rochester Al-Anon	1,332
3. Al-Anon Information Service Rochester, NY 585-288-0540 - Greater Rochester Al-Anon	1,017
4. Welcome Newcomerl We are glad you are here - Greater Rochester Al-Anon	96
5. Events & Activities - Greater Rochester Al-Anon	88
6. Al-Anon Literature - Greater Rochester Al-Anon	39
7. Contact AIS - Greater Rochester Al-Anon	37
8. AIS Rochester Newsletter - Greater Rochester Al-Anon	29
9. About Al-Anon - Greater Rochester Al-Anon	25
10. AIS Rochester Committee Meeting Minutes, Treasurer Corner & Bylaws - Greater Rochester Al-Anon	25
View Full Posts/Pages Report	- 10 25

M. Activities: Open seeking interested members to fill position

#### 6. Group Announcements-links avail on events page

- January 24<sup>th</sup> at noon Women's 12@12 22nd Anniversary Meeting
- January 25<sup>th</sup> 7 pm East Avon Good Old Gang AFG Anniversary Meeting
- January 27<sup>th</sup> 1 2:30 pm AMIAS Workshop Held on zoom
- March 1-3<sup>rd</sup> Flower City Fellowship Convention Doubletree by Hilton, Rochester, NY
- April 26-28 Conference the Lakes at Hampton Inn, Penn Yan, NY

# 7. Unfinished Business

## 8. New Business:

- Lifeline notified us that our information needs to be updated Pat sent update along with her contact info. 211 provides information for people in crisis
- At February meeting, we will be voting on 2 items that are included in Chairpersons report: Update Bylaws:
  - $\circ$   $\;$  Updating Finance Committee Chair description related to check writing a
  - $\circ$   $\,$  Changing the Office Manager title to Office Coordinator.

#### 9. Bullet Points from Meeting for Newsletter

- We will be voting on changes to our bylaws next month on 2 items: the details are in the Chair's report.
- AIS is seeking someone to fill the position of activities chair and book depot chair. The activities chair coordinates special activities for AIS such as the traditional spring Tureen Supper to help raise funds for AIS and/or to help organize fun activities for our members.
- The book depot chair would be working with Erin, our current book depot chair, to maintain adequate inventory of Al-Anon/Alateen Conference Approved Literature (CAL) for sale at the Service Center. Also, informs AIS members of new CAL publications; works with committee chairs to coordinate set-ups of CAL as needed for health fairs, days of Al-Anon and conferences.
- The Al-Anon chair of FCFC (Flower City Fellowship Convention) is looking for help for the literature table. Please contact Ellen V. at <u>website@aisrochester.org</u>
- Changes to AIS office hours-see our website.
- Public Outreach is seeking more volunteers- contact Dennis at publicoutreach@aisrochester.org
- 84 Newcomer Packets were sent out in 2023.
- 4 new teens attended the Alateen meeting this month.
- AMIAS (Al-Anon member involved in Alateen Service) training event is coming up on zoom on January 27th at 1pm. More information on our website under "Events