

EVENTS

AIS Monthly Meetings 2024; 10 am Upcoming Meetings:

May 1 September 14
June 8 October 12
August 10 November 9

December 14

Meetings are held online Electronic Sign-in on website

Link to AIS Rochester meeting minutes: http://aisrochester.org/minutes.html

Link to upcoming Anniversary meetings: http://aisrochester.org/anniversaries.html

Chairperson's Report – Pat H.

Hot Topic - Can a dual member be an ISR (Information Service Rep) providing that the group and the dual member have agreed this ISR will not be an alternate group rep or group rep?

The following comes from our bylaws, p. 4. SECTION II - AIS REPRESENTATIVES (ISRs) AND ALTERNATES

- A. DISTRICTS INCLUDED IN ROCHESTER AIS AREA; 2, 14, 19, 20, 25, 27, and 29.
- B. INFORMATION SERVICE REPRESENTATIVES (ISRs) AND ALTERNATES
- 1. Each Al-Anon/Alateen group in the above districts shall be represented by one ISR.

- a. Each group elects one ISR to represent their group at the AIS business meeting. The ISR is also the Alternate GR. The Group Representative (GR) of each group may serve as the alternate ISR. Each group has only one vote (Service Manual current version).
- b. Each group exercises its own judgment as to its ISR's qualifications (length of service, experience, etc.) with suggested guidelines available in the Al-Anon/Alateen Service Manual, current version.
- c. Except, according to Al-Anon/Alateen policy, an Al-Anon/Alateen member who is also a member of Alcoholics Anonymous is not eligible to serve as an ISR. (Service Manual current version).
- 2. Any Al-Anon/Alateen member may attend any regular AlS meeting and may participate in discussions but does not have voting privileges.
- 3. District Representatives (DRs) are encouraged to attend monthly AIS meetings.

There is also information in our Service Manual 2022/2025 on pages 59 & 87. Please note on page 59 that it says the ISR "may serve" as an alternate GR. If we need to make changes, we need to hear from the groups. Please contact me at chairperson@aisrochester.org

Thank you for your help on this.

PS We are in need of an Activities Chair along with a Vice Chair. Robin, our current Vice Chair, has needed to step down due



to health issues. We wish her our love and support, and thank her for her help these past few months.

Bullet points from 4-13-24 Rochester AIS meeting

- Great News, Spring Convention for NYNorth- May 30-June 1, 2025, In Rochester at the RIT convention center. Theme-Stepping into the Light of Gratitude!
- AIS Rochester will review our prudent reserve and how to use any excess-donations, needed upgrades? More discussion to follow.
- Spruce up days for AIS office-dates to be announced.
- Volunteer needed to audit AIS Rochester 2023 financial reports-this is a one-time commitment please call AIS office with questions.
- NYNorth needs a Treasurer and Alateen coordinator, please see website for more information
- We are clarifying our bylaws to further define who can serve as ISR's, using service manual (refer to pages 59 & 87) and our bylaws on page 4, section II, and group conscience to define.
- Outreach committee looking for members to post literature in libraries or on community bulletin boards. Leave a message for Dennis at the AIS office if interested.

AIS Treasurer Report 2024

April 4, 2024

AIS Treasurer Report March 2024

Attached reports:

- 1. Banking Summary
- 2. Transaction Report
- 3. 2024 AIS Budget

m	m		

Checking Account Balance	11,115.37
Savings Account Balance	16,618.48
Book Depot Income:	1,599.76
 Fundraiser (zoom donation) 	27.00
 Bank Interest on Savings 	.14
Donations:	225.00
Total Income:	\$1,851.90
Rent office and mtg. room	360.00
Phone	70.42
 WSO Donation 	
Book Depot	513.11
 Supplies & Postage 	
Total Expenses	\$943.53
Overall Cash Flow through 3/31/2024	\$908.37

Stay well....

Respectfully Submitted Kathy M. for Diane S.





When someone you love becomes a memory, the memory becomes a treasure.

Author unknown

Sheila S. passed from our world on April 2, 2024. With over 43 years in the program, she was welcoming, a beloved Sponsor, and a compassionate and attentive listener who had a wonderful sense of humor. As a co-founder of the Sunday Spiritual Awakenings group, Sheila continued with the group to at least 13 locations across Rochester.

She readily shared her wisdom, her time, and her companionship with our fellowship. One of her final prayers to God, "I believe, help my unbelief" can be a source of encouragement for us as we each continue on our own journey.

Our Condolences to her husband, Mike H., along with our love and support.



Please see the following pages for important flyers!



36th Annual Conference of the Lakes

"The Joy of Living" April 26 - 28, 2024

Use one registration form for each registrant. Register early — banquet seating is limited.

Friday Night Buffet

Antipasto salad
Balsamic glazed onion pork loin
New England style haddock & shrimp
Jasmine & wild rice
Maple butternut squash
Chocolate cake

Saturday Banquet Buffet

Romaine lettuce salad
Grilled chicken breast
Braised tenderloin tips
Vegan - mushroom crusted tofu
Oven roasted red bliss potatoes
Parmesan roasted broccoli
Cheesecake with cherries

For more info and to register online visit www.conferenceofthelakes.org

HAMPTON INN - 110 MACE STREET - PENN YAN, NY 14527 - 866-921-0270 OR 315-536-8202

Contact hotel directly by phone only for room rates (must mention Conference of the Lakes when making reservation)

SPECIAL PREDS

Address			
City	Zip	Phone	
Email			
G 43	500 Registration	DAA or DALAnon 16 Entertainment back DAA or DAlateer	
- O-11	5.00 Registration	& Entertainment	•
	epaid Friday Nigh		
S	aturday Bonquet*	*Buffet: (7 \$\$1	
Banquet price	e includes beverage Confetence M	e despect, taxes and gratisty. Nug. (1) \$7	
Your Check T	otal: \$		
		ng banquet boost without re	globering.
	end Check and R HE LANES: P.O.	egistration To: Box 982 - Canandaigus, 1	fY 14424
*All attending MUST regis ** Meal ticket is required to holders be allowed in the g	ter. or hanguet. Fire safe grand ballsoom durin	by pagulations require that only githe banquet and evening spe	meal ficket aker event.
SPECIAL NEEDS			

Address			
City	Zip	Phone	
Email			
YOUTH	(1915:00 Registration) Prepaid Friday Night Saturday Banquet*	& Entertainment seck: ① AA or ② Alsteen & Entertainment t Buffet: ② \$51. Buffet: ② \$51. decret; bose and grahiby.	
Your Che	ck Total:\$		
ma Mote: There is	no option for purchacing	g banquet ticket without registe	ring.
CONFERENCE	Send Check and Re OF THE LAKES: P.O. B	gistration To: 3ox 982 • Canandaigua, NY 14	1424
* All attending MUST ** Meal ticket is regu		y pegulations, require that only meal	l táckọt



Friday	y • A	pril 2	26, 2	024
--------	-------	--------	-------	-----

Registration 1:00 p.m. - 7:00 p.m.

regionation not par	L IIIO PAIL
4:00 p.m.	. Al-Anon Kick Off Speaker * Carol C., Pittsford, NY
	Carol C, Fillstoid, 111
5:00 p.m 6:00 p.m	Friday Night Buffet
7:00 p.m	Opening of Conference *
	A.A. Opening Speaker
	Karl H., Rochester, NY
8:30 p.m 11:00 p.m	Entertainment
10:00 p.m 11:00 p.m.	Al-Anon AFG Gathering
11:30 p.m 12:30 a.mA.A. N	
	Ron T

Saturday · April 27, 2024

Registration 8:00 a.m. - 5:30 p.m.

Registration 0.00 a	3111 - 220 bitt
9:00 am 12:30 p.mA	.A., Al-Anon, Alateen Panels **
100 p.m	
	Laura L., Chicago, IL
2:30 p.m	
	Angle B., FL
5:30 p.m	Banquet
6:45 p.m	A.A. Banquet Speaker *
-	Misoon W., Naples, Fl
6:45 p.m	Outside Banquet Speaker
	Donna M., Syracuse, NY
8:00 p.m 11:00 p.m	Entertainment
10:00 p.m 11:00 p.m.	Al-Anon AFG Gathering
11:30 p.m 12:30 a.mA.A.	Meeting (Speaker/Discussion)
-	Matt M.

Sunday · April 28, 2024

9:00 a.m.	Spiritual Panel *
	A.A. and Al-Anon
11:15 a.m	A.A. Closing Speaker *
	Scott M., Virgin Islands
	Closing of Conference

For more information and to register online visit www.conferenceofthelakes.org

Please feel free to call Kelly M. at (315) 374-7133 with any questions or concerns regarding registrations.

"Interpreted for deaf / hard-of-hearing "Limited Interpretation"

""There will be a \$5 charge for non-conference attendees to attend the Saturday night dance.

If you wish to have a written confirmation of your registration, please enclose a self-addressed stamped envelope.