

## Al-Anon Service Meeting Agenda/Minutes

June 8<sup>th</sup>, 2024

10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

### 1. Opening: Pat Serenity Prayer

### 2. Reading of:

- 12 Traditions: PeggyAnna
- 12 Concepts of Service Ann
- Warranties Maureen
- Expanded Concept of the Month: not read

### 3. Roll Call First Names Only

- See excel spreadsheet.

### 4. Welcome: Pat

Welcome all to the AIS Rochester monthly meeting.

We hope you will find in this fellowship:

- Growth in your program and understanding of how AIS works.
- A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

### 5. Reports from Officers and Coordinators

#### A. Chair: Pat H.

Will be following up on unfinished business item "can a dual member be an ISR?" and changing our by-laws.

#### B. Vice Chair: Vacant

#### C. Secretary: Maggie

- Review of last month's meeting minutes
  - Two versions of April's Minutes were sent to group.
  - Is there a format preference that group prefers moving forward? *Version with attachments at the end of minutes instead of being embedded was chosen*
  - Any suggestions that have not been addressed? *Add page #s to Minutes*
- Motion to approve minutes: Marisa
- Seconded by: Maureen
- Minutes passed as written: Yes

D. Treasurer: Diane *Additional Reports Attached*

June 6, 2024

### AIS Treasurer Report May 2024

Attached reports:

1. Banking Summary
2. Transaction Report
3. 2024 AIS Budget

Summary:

• Checking Account Balance	9894.50
• Savings Account Balance	16,807.76
• Book Depot Income:	1,143.54
• Fundraiser (zoom donation)	36.00
• Bank Interest on Savings	.15
• <u>Donations:</u>	<u>364.00</u>
• Total Income:	\$1,543.69
• Rent office and mtg. room	365.00
• Phone	70.03
• WSO Donation	
• Book Depot	1,100.39
• <u>Supplies &amp; Postage</u>	<u>1,141.19</u>
• Total Expenses	\$2,976.61
• Overall Cash Flow through 5/31/2024	(\$1,432.92)

Stay well....

Respectfully Submitted  
Diane S.

- **Motion to approve:** Harriett
- **Seconded:** Marisa
- **Passed:** YES

## E. Finance: Kathy M

### Office Computer

- Ordered 5/16/24.
- Installation scheduled 6/19/24

### Banking

- Debit card transferred from John to Kathy
- Account information updated removing Mel from bank accounts
- John will remain on the account as a back-up to Finance Chair/Treasurer

Spectrum account updated with new debit card

### 2025 Budget

- Committee chairs are asked to submit budget requirements by 8/1/24

### Outstanding Items:

- 2023 Audit (Need to contact Bernie)
- 2019 Tax Submission

## F. Book Depot: Cassandra Additional documents attached

### Current Literature out of stock at WSO:

- K-21 Adult Children of Alcoholics' Newcomer Packet
- K-23 Men's Newcomers Packet
- K-24 Parents' Newcomers Packet
- K-30 Professionals' Packet
- Created some paperwork for tracking sales at conferences and conventions.
  - Samples enclosed are enclosed for review.
- Outreach has used \$390.72 in literature for 2024.
- We were contacted by some people who are considering opening an AI-Anon group in the Batavia area..
  - We are going to provide the free box of used literature from the AIS office to sift through.
- Submitted information to the May newsletter about paying for literature with PayPal or Credit card.
- Reached out to NYN Area Literature Rep to learn more about what we can do to promote sales and the reading of CAL literature.
- Would like to try to focus on a piece of CAL literature in newsletter each month in a section called: "The Corner Book Depot".
- Would like to possibly coordinate a writing workshop.
- Talked to Ellen about doing some more work on the Book Depot portion of the AIS website to update information.

## G. Intergroup Rep: Loron

Information from the NYNorth Assembly held May 18th, 2024 held via Zoom

- Treasurer Nominated and confirmed
- Alateen coordinator Still needed
- Still need more GRs and DRs...maybe it will help that we decided:
- Everyone can read last Assembly's meetings before the assembly rather than taking up 45 minutes in the Assembly meeting.

WSO:

- There is going to be an overhaul of AFG records
- WSO costs are \$331 per mtg. New York groups are below national average of ~ 200 /group in contributions. Only 61 % of groups give to WSO.
- From p. 28 in the current service manual:  
The WSO will register groups with names that designate them as being for men, women, parents, adult children, young adults, other gender identification/sexual orientation, etc. with the understanding that, in keeping with Traditions Three and Five, the groups will welcome anyone affected by someone else's drinking.
- When choosing an AI-Anon or Alateen group name, consider the welcoming and comforting focus of Tradition Five. Anyone affected by someone else's drinking is welcome at an AI-Anon meeting. It is vital that group names are inviting, attractive, and avoid public controversy. Our spiritual growth has its roots in the principle of anonymity, to enhance the sense of belonging and unity.
- Doctoral dissertation gives proof: It works if you work it. (so work it 'cuz you're worth it!) So please complete the member survey which is open til July 31<sup>st</sup>. Can access on WSO website.
- New CAL on Sponsorship looking for contributions.
- From now on AI Anon faces Alcoholism outreach pamphlet will not put a year on the cover!!

AMIASs, Especially Male AMIASs needed for chaperoning NYNAC. You know who you are.

Will New York North Electronic mtgs global or local?

- If local, what are the parameters and procedures?
- A thought force is forming, anyone who wishes to participate can join the task force.
- Most other areas have made their decisions.

Fall assembly Hybrid, Syracuse. September 28th.

Multiple AI-Anon members from our NYN Area have stepped up to Host the **2025 New York North Area Spring Convention.**

It will be held May 30, 2025, to June 1, 2025 at the RIT Inn and Conference Center in Henrietta, NY just off the Thruway in Rochester.

Their theme will be "Stepping into the Light of Gratitude." Pat H. will be the Chairperson and Janet RG. will be the Co-Chair.

More information on the meeting in the June Newsletter of NYNorth-please subscribe to this newsletter for great monthly updates on the WSO and NY north events and discussions.

<https://nynafg.com/pdf/0624.pdf>

Thanks to Wendy L. for this synopsis

Respectfully submitted Loron O, intergroup

## **H. Newsletter: Teresa**

Submit Articles by: June 15<sup>th</sup>.

## **I. Public Outreach: Dennis (Submitted report from Loron O)**

We met on May 15<sup>th</sup>

- We made a list of places to drop off literature including police stations, recovery services in western Monroe County. Literature was taken to Recovery fitness.
- Fairport library has asked to stock Al-Anon readers.
- Norris outreach program-Norris clinic is not opening to family groups. The members who have been visiting there for the last 2 plus years had hoped this would happen. We spoke with the Director at Norris who confirms the clients benefit from our visits. We will meet to discuss this with the 4 active volunteers to redefine the program to meet the needs of our Al-Anon family.
- Delivered Al-Anon literature to Foundation House, permanent housing for men who have been homeless, 25 bed home. The care manager contacted us and we will restock literature as needed.
- Jeniffer house has had monthly visits from Al-Anon for several years, the member who has done this for the last few years would like a break and she will come to our next outreach meeting and share information at 7pm on July 17<sup>th</sup>. We will be giving Jeniffer house more updated literature.
- If you have a health fair coming up, please contact us. We will be evaluating setting up at Recovery Fitness family event and road race in September

### ***Updates from Dennis shared at meeting/ Group Discussion***

- *Topic of providing Al-Anon information to AA meetings was brought up and discussed*
- *PeggyAnna and Bob are looking to bring literature to an Al-Anon meeting in Batavia*
- *Questioned if bringing AA pamphlets to Al-Anon meeting is allowed per Al-Anon or AA guidelines.*
- *Per Al-Anon Service Manual only CAL is shared/available at meetings*
- *Literature item G-3 Al-Anon guidelines is source for information on this topic*

## **J. Office Coordinator: Terry D**

- Met with Kathy and Ellen on zoom and in person to discuss a new office computer
- Set up Innago account in order to request repair service when needed for the physical AIS office
- Requested and received back-up help from AIS to cover monitoring of phone messages coming in outside of office hours while I was out of town for 6 days.

As a special shout out- Thank you Maggie, Cassandra and Ellen!

Gratefully,

Terry D.

## **K. Website: Ellen V: no report**

## **L. Alateen: Maureen: no report**

## **M. Activities: open position**

- Juanita volunteered to fill the Activity chair position
- She shared a little about herself and her involvement in Al Anon

- Voted into position by the group.

## **6. Group Announcements**

- Sunday, June 9 Hamlin Sunday Niters 41st Anniversary Meeting-flyer on AIS website
- Tuesday, June 18 at 7:00 pm Penn Yan AFG 21st Anniversary Meeting - flyer on AIS website
- Mon, August 12th, 12 noon - Canandaigua Noon 41st Anniversary meeting

## **7. Unfinished Business**

- Can a dual member be an ISR?
- Group voted to change bylaws to allow dual members to hold the position of ISR with caveat that they cannot be the alternate GR
- Pat to, update the bylaws

## **8. New Business:** No meeting in July, see you August 10th!

## **9. Attached Reports:**

Treasurer Reports

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## Banking Summary - Last month

5/1/2024 through 5/31/2024

6/6/2024

Category	5/1/2024- 5/31/2024
<b>INCOME</b>	
Bank Interest	0.15
Book Depot Income	49.17
Conference Of The Lakes	276.00
Courage To Change	46.25
Evening Serenity	117.00
Good Old Gang	27.00
Greece Aldergate AFG	191.50
Monday Sunshine	71.00
Now Is The Time	33.00
Serenity On Saturday	39.37
Spiritual Awakening	117.95
Sunday Morning Breakfast AFG	89.80
Webster Monday	55.50
Womans 12 & 12	30.00
TOTAL Book Depot Income	1,143.54
Fundraiser	
Stepping Into Recovery Zoom	36.00
TOTAL Fundraiser	36.00
Group Donations	
7th Tradition	50.00
Canandaigua AFG	100.00
Eastside AFG	20.00
Evening Serenity	3.00
Spiritual Awakenings	50.00
St. Louis	25.00
Stepping Into Recovery	66.00
Unity Through Recovery	50.00
TOTAL Group Donations	364.00
<b>TOTAL INCOME</b>	<b>1,543.69</b>
<b>EXPENSES</b>	
AIS Office	
Phone	70.03
Rent	365.00
Supplies and postage	1,141.19
TOTAL AIS Office	1,576.22
Book Depot Expense	
WSO	1,400.39
TOTAL Book Depot Expense	1,400.39
<b>TOTAL EXPENSES</b>	<b>2,976.61</b>
<b>OVERALL TOTAL</b>	<b>-1,432.92</b>

### Transaction - Last month

5/1/2024 through 5/31/2024

6/6/2024

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Date	Account	Num	Description	Memo	Category	Tag	Clr	Amount
5/2/2024	Checking	S			--Split--	--Split--	R	729.59
5/2/2024	Checking	ATM	USPS	Literature ...	AIS Office:S...		R	-12.20
5/6/2024	Checking	ATM	Charter One ...	Apr.2024 p...	AIS Office:P...		R	-70.03
5/9/2024	Checking	1700	Rich Sam Pr...	June 2024 ...	AIS Office:R...		R	-365.00
5/9/2024	Checking	1701	Al-Anon Fam...	Inv.604438,...	Book Depot ...		R	-1,400.39
5/16/2024	Checking	ATM	Ldd Group Inc	New office ...	AIS Office:S...		R	-1,128.99
5/30/2024	Checking	S			--Split--	--Split--	R	813.95
5/31/2024	Savings				Bank Interest		R	0.15
<b>5/1/2024 - 5/31/2024</b>								<b>-1,432.92</b>
<b>TOTAL INFLOWS</b>								<b>1,543.69</b>
<b>TOTAL OUTFLOWS</b>								<b>-2,976.61</b>
<b>NET TOTAL</b>								<b>-1,432.92</b>



2024 AIS Budget

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total To-Date Year End
<b>Income</b>													
<b>Budget</b>													
Checking Account	\$ 10,518.87	\$ 10,446.45	\$ 11,115.37	\$ 11,327.57	\$ 9,894.50								\$ 6,433.53
Savings Account (includes interest)	\$ 16,378.90	\$ 16,379.03	\$ 16,618.48	\$ 16,807.61	\$ 16,807.76								\$ 0.69
Book Depot	\$ 743.35	\$ 1,569.75	\$ 1,599.76	\$ 1,967.13	\$ 1,143.54								\$ 2,543.55
Bank Interest	\$ 0.14	\$ 0.13	\$ 0.14	\$ 0.13	\$ 0.15								\$ 0.69
Donations	\$ 381.00	\$ 983.55	\$ 225.00	\$ 590.00	\$ 364.00								\$ 2,543.55
Fundraises	\$ 6.00	\$ 6.00	\$ 27.00	\$ 96.00	\$ 36.00								\$ 185.00
<b>Total Income</b>	\$ 22,950.00	\$ 1,124.48	\$ 2,559.43	\$ 1,851.90	\$ 2,053.28	\$ 1,543.89	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 9,132.77
<b>Expense</b>													
Chairperson/Intr Group Rep	\$ 300.00												\$ -
<b>AIS Office</b>													
Insurance	\$ 550.00												\$ -
Phone	\$ 800.00	\$ 65.42	\$ 65.42	\$ 70.42	\$ 70.42	\$ 70.42	\$ 70.42	\$ 70.42	\$ 70.42	\$ 70.42	\$ 70.42	\$ 70.42	\$ 341.71
Rent Office \$350/month	\$ 4,400.00	\$ 350.00	\$ 350.00	\$ 350.00	\$ 370.00	\$ 365.00							\$ 1,815.00
Supplies & Postage	\$ 500.00	\$ 28.10		\$ 7.14	\$ 1,141.19								\$ 1,176.43
Fundraising Costs (Zoom, Treen Supper)	\$ 500.00												\$ -
Website/Electronic meetings	\$ 700.00												\$ -
Airveen	\$ 200.00												\$ -
Book Depot	\$ 14,000.00	\$ 1,016.83	\$ 2,208.50	\$ 513.11	\$ 1,204.37	\$ 1,400.39							\$ 6,361.00
WSO Donation	\$ 500.00												\$ -
Public Information /Coop PC	\$ 500.00												\$ -
<b>Total Expenses</b>	\$ 22,950.00	\$ 1,490.35	\$ 2,631.72	\$ 943.53	\$ 1,651.99	\$ 2,976.61	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 9,694.14
<b>Income (Loss)</b>	\$ (365.88)	\$ (72.29)	\$ 928.37	\$ 401.33	\$ (1,432.92)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ (961.37)

**Rochester AIS Book Sales Event Name:** \_\_\_\_\_ **Dates:** \_\_\_\_\_

Items Needed:	
1. Cash Box	
2. Cash/Checks	
3. Book Sales Tracking Sheet	
4. Total Sales after the event	

**Book Sales Event Contact:** \_\_\_\_\_

**Name:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_  
**Email:** \_\_\_\_\_

**Book Depot Contact:** \_\_\_\_\_

**Name:** Cassandra Pettry  
**Phone:** 585-481-3485  
**Email:** pettrycassandra@gmail.com

Total Sales	
Cash:	\$ _____
Check:	\$ _____
Credit Card:	\$ _____
Paypal:	\$ _____
<b>TOTAL</b>	<b>\$ _____</b>

