

### **EVENTS**

## AIS Monthly Meetings 2025; 10 am Upcoming Meetings:

March 8	August 9
April 12	September 13
May 10	October 11
June 14	November 8
July 12	December 13

Meetings are held online Electronic sign-in on website

Link to AIS Rochester meeting minutes: <a href="http://aisrochester.org/minutes.html">http://aisrochester.org/minutes.html</a>

Link to upcoming Anniversary meetings: http://aisrochester.org/anniversaries.html

### Chairperson's Report – Pat H.

March 4th is Lois W's birthday.

Traditionally, we celebrate her birthday by leaving a piece of literature at medical facilities, professional offices, break rooms, waiting rooms, and other public places.

Let's keep with the tradition!

Our next Public Outreach meeting, via zoom, is 3/19/25 @ 6 pm. Login information is under "Events" on our website. We are looking for new members, please consider. Contact Dennis at publicoutreach@aisrochester.org for further information.

Right now our AIS office has no one on Tuesdays and Wednesdays to help out in the office. If you are available for a couple of hours, on either day, please contact Terry, our office coordinator, at office@aisrochester.org It's a great way to give back and to meet other members of our program. Thank you.

### **Bullet Points from AIS Meeting on 2-8-25**

### AIS positions currently open -

- Vice chair position
- Activities coordinator position
  - Activities coordinator –
     could chair one event at a
     time instead of taking on
     the entire position.
  - We are looking to schedule the Tureen supper in fall 2025 and would like a chair or co-chairs to form a committee and organize the event.
- Contact Pat H. to discuss positions or interest you may have
   chairperson@aisrochester.org

## NYN 2025 Spring Assembly/Convention May 30, 31, June1 –

 Register online at NYNorth website or AIS Rochester website as well as snail mail. Many activities – workshops, panels, music, AA participation, yoga and hopefully Alateen.



- GRs should try to attend, if possible. If the GR is unable to make it, ISRs could go in their place.
- Everyone is welcome.

## GR/DR meet up on 2/16/25 @ 4 pm via zoom

- All are welcome do not have to be a GR/DR
- Topic is group inventory anyone who is interested in service or may have any questions should attend.

# Do you have any topics you would like discussed at the 2025 World Service conference?

• Please Submit to Carol C. our delegate.

#### **Outreach committee**

- Committee members continue to distribute flyers in the community
- Volunteer visits 2<sup>nd</sup> Monday of the month at Jennifer House
- Beginner's meetings continue to attract new members
- 2/19/25 Public Outreach is doing a presentation for "United We Stand"
- Next meeting is 3/19/25 @ 6 pm via zoom; looking for new committee members

### AIS Treasurer's Report – January 2025

AIS Treasurer Report December 2024

#### Attached reports:

- 1. Banking Summary
- 2. Transaction Report
- 3. 2024 AIS Budget

#### Summary:

Summary:	
<ul> <li>Checking Account Balance</li> </ul>	10,343.11
<ul> <li>Savings Account Balance</li> </ul>	17,956.24
Cavingo / toocant Datanco	17,000.21
Book Depot Income:	843.65
<ul> <li>Fundraiser (zoom donation)</li> </ul>	24.00
Bank Interest on Savings	.16
Donations:	1.097.65
Total Income:	\$1,965.46
Dept office and mtg. room	E7E 00
Rent office and mtg. room	575.00
<ul> <li>Phone</li> </ul>	44.99
<ul> <li>Fundraising</li> </ul>	
<ul> <li>Insurance</li> </ul>	
<ul> <li>Book Depot</li> </ul>	760.03
Outreach	
<ul> <li>Website/Electronic Meetings</li> </ul>	
<ul> <li>Supplies &amp; Postage (includes computer)</li> </ul>	
Total Expenses	\$1,380.02
Total Experiess	Ψ.,000.02
<ul> <li>Overall Cash Flow through 12/312024</li> </ul>	\$585.44
9	,

#### Stay well....

Respectfully Submitted Kathy S.





### Service Positions Available in Districts 14, 19, 20 and 25 (Greater Rochester area)

### **District Representative (DR):**

- Establishes and chairs regular District meetings with Group Representatives (GRs) and other members within a District
- Keeps in contact with Group Representatives and groups to answer questions and offer support
- Attends NY North Area World Service Committee (AWSC) meetings to discuss and vote on topics on behalf of Groups in their District (4 per year)
- Attends NY North Area Assemblies in support of GRs (2 per year)

A DR is a current or past GR who attends Al-Anon meetings regularly and practices the Twelve Steps and Traditions. Also, it is helpful if a DR has a basic knowledge of basic computer tools or is willing to learn them as part of this position.

## Alternate District Representative:

- Is eligible to serve as a DR
- Steps in for the DR or completes their term if the DR is unable to serve
- often attends monthly Al-Anon Information Service (AIS) meetings
- often assists the DR in one or more capacities

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Just a Few **Benefits of Serving** in these and other Al-Anon positions:

- Replace Isolation with Community and Reach Out to Others
- Learn to Trust and to Take Risks
- Increase Self-Esteem and Experience a Sense of Purpose

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See Guideline G-37 for more information.

Service Sponsorship can be provided!

Please contact Brenda L, DR, District 25 or another trusted servant with interest or for more information.

#### From the AIS Office



The following is the updated schedule of the AIS Office hours starting 2/24/25. Please note that we have **changed a couple of time slots which includes adding a time slot on Saturday.** 

### Effective 2/24/25 our open office schedule will be:

Monday - 10AM - Noon NEW Tuesday - 12PM - 2PM Thursday - 9:30AM - Noon Friday - 11AM - 1PM NEW! - Saturday 11AM - 2PM

Please check our website for any new postings. Please also keep in mind that the AIS office is staffed by volunteers. It is always a good idea to call the office to confirm we have staff available before coming in.

P.S. A huge thank you to all who use the AIS Rochester office for your literature requests!

Gratefully, Terry D Coordinator

Please see the following pages for important flyers and information!







## **NYN 2025 AFG Spring Assembly**

and Al-Anon Convention with AA participation

RIT Inn and Conference Center 5257 W Henrietta Road Henrietta, NY 14467

May 30, 31, June 1 - 2025

For room reservations call (585)-359-1800 (mention NYN AFG for room rate: \$129 + \$18.06 tax = \$147.06)

Location: RIT Inn and Conference Center, 5257 West Henrietta Rd, Rochester, NY 14602

#### Banquet and Room reservation deadline: Thursday, May 1st

"'Alateens must have notarized permission slips/medical release forms and adult supervision

Make Checks payable to: NYN 2025 Spring Assembly / Convention		We need volunteers for a successful assembly / convention!	
Mail your NYN 2025 Spring Assembly / Convention registration to: PO Box 42 Webster, NY 14580		Would you be interested in helping out with registration, hospitality, or being a greeter? Please email: NYN2025Assembly@nynatg.	
Questions?	please email:	NYN2025Assembly@nynafg.com	for more information

## 2025 NYN Spring Assembly and Convention Registration

First and Last name:	Phone:
Street	Email:
City, State, Zip:	District:
Home Group Name:	Are you a GR?

	(Before May 1st)	(After May 1st)	Total
Al-Anon member	\$35	\$40	
Alateen member	\$10	\$10	
AA member	\$35	\$40	
Dual Member	\$35	\$40	
Saturday Box Lunch:	\$20	\$20	
Circle 1: Ham - T	urkey - Vegetarian	Gluten free roll?	]
Sat Banquet Buffet Deadline - May 1st	<b>\$4</b> 5	N/A	
Dietary needs?	•		
Hospitality Donation:	Thank you!		
One registration for	m per person please	Total	

Farty Registration

To register online please go to: nynafg.com

For office use only	
Check#	
Date rec'd	



Stepping
Stepping
Into the
Light of
Light of
Gratitude

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# **HELP NEEDED!**

## Basket Raffle

- The Basket Raffle is one of the most important fundraisers for the Assembly.
- Baskets can be donated by AFG's or individuals.
- Please remember to only include Conference Approved Literature (CAL) in donated basket(s).

## Hospitality Room

- We are in need of food items and welcome your baked goods, single serve packets of chips, fruit, veggies, or other finger foods and beverages.
- In keeping with the 7th tradition, please consider making a donation to support the Hospitality Room whether or not you are able to attend the 2025 AFG Spring Assembly/Convention.

**Questions:** Please send questions or sign up by emailing NYN2025Assembly@nynafg.com

## THANKS FOR YOUR HELP!

To register for the Spring Assembly/Convention visit nynafg.com



Come work together and help us expand Al-Anon in our region.

Open to all Al-Anon members

District 23
District 23
District 23
Outreach
Outreach
Outreach

Fellonning Planning Action

March 22, 2025 9am-1pm

Hoag Library 134 South Main Street Albion, NY

Join Zoom Meeting https://us02web.zoom.us/j/8 4090849956?pwd=2u7Hl65eC lQIzullnkGlnF7FkbLyvr.1

Meeting ID: 840 9084 9956

Passcode: 985300

Bring a dish to pass.



Bring a laptop if you have one.