

Al-Anon Service Meeting Agenda/Minutes

February 10th, 2024

10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

1. Opening: Pat Serenity Prayer

2. Reading of:

- 12 Traditions Robin
- 12 Concepts of Service Maureen C
- Warranties Ellen
- Expanded Concept of the Month: Kathy M read from the Forum on Concept 2

3. Roll Call First Names Only

- See excel spreadsheet

4. Welcome: Pat Welcome all to the AIS Rochester monthly meeting.

We hope you will find in this fellowship:

- Growth in your program and understanding of how AIS works.
- A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

5. Reports from Officers and Coordinators

A. Chairperson's report: Pat H

Help!

We have 7 districts in our AIS area and **only one district has a DR**, that's district 25.

Districts 2, 14, 19, 20, 27, and 29 have no representation.

The following quoted material is from the Al-Anon guideline, G-37: "The District Representative (DR) is an important link between the groups and the Area Assembly. The district is a geographical segment containing a number of groups, located relatively closely to one another. The DR represents the district at Area World Service Committee (AWSC) meetings, and conveys information back to the groups. The DR chairs regular district meetings for groups in the district.

"Any incoming, outgoing, or active past Al-Anon or Alateen Group Representative who is willing to represent the district at Area World Service Committee meetings (AWSC) and Area Assembly, and who is not also a member of A.A. is eligible to serve as DR."

“The GR’s in the district elect the DR. The DR assists the Delegate in passing on information about World Service Office (WSO) activities and World Service Conference (WSC) decisions to the GRs in the district.”

Our next Area World Service Committee meeting is Saturday, March 23rd at 9am, on zoom. If you are not represented, how will your group get this important information?

Let’s work together to help our groups become knowledgeable in what is happening in our area, and encourage a member of your district to represent us as DR.

Please email me with questions or suggestions at chairperson@aisrochester.org

B. Vice Chair: Robin

- Welcomed Mary Ann

C. Secretary: Maggie G

Review of last month’s minutes

- Motion to approve minutes: Robin
- Seconded by: Carol G
- Minutes passed as written? Yes

D. Treasurer: Diane S.

AIS Treasurer Report for January 2024

Reports on AIS website: Banking Summary/Transaction Report/2023 AIS Budget

Summary:

- Checking Account Balance 10,518.87
 - Savings Account Balance 16,378.90
 - Book Depot Income: 743.35
 - Fundraiser (zoom donation) 0
 - Bank Interest on Savings .14
 - Donations: 381.00
 - **Total Income: \$1,124.49**
 - Rent office and mtg. room 360.00
 - Phone 65.42
 - WSO Donation 0
 - Book Depot 1036.83
 - Supplies & Postage 28.10
 - **Total Expenses \$1,490.35**
 - **Overall Cash Flow through 1/31/2024 (\$365.86)**
-
- **Motion to approve:** Marisa
 - **Seconded:** Erin
 - **Passed?** yes

E. Alateen: Maureen

- Alateen panel at FCFC
- Reminder to spread the word about Alateen at meetings

F. Book Depot: Interim Erin

- Large literature purchase made in January to prepare for FCFC
- Have stock on almost every item except 2 pamphlets
- Cassandra interested in taking over book depot. Will be voting at next month's meeting

G. Finance: Kathy M

Finance Chair met with the Treasurer and the previous Finance Chair to understand the business processes for handling AIS transactions. The processes included: opening mail, processing payments and donations, filling book orders and preparation of monthly financial reports.

Our next session will cover not-for-profit organization tax submission.

Office Lease is up for renewal in April. Will be meeting with landlord to discuss lease and possible increase in cost.

Kathy will be setting up a meeting with Chair, Vice chair, Treasurer, Secretary to discuss finance documents and other questions which will be reported to group once completed.

H. Intergroup Rep: Loron

From NY North

- AWSC-area world service committee meets 3/23, virtual. Loron will submit report reviewing AIS Rochester activities and achievements.
- Flower City Fellowship Rochester March 1-3
- Cataract City Conference Buffalo March 15-17 Niagara Falls, AA with Al-Anon participation
- We need a host district for 2025 spring convention, in person.
 - Do the groups in your Area believe it is important for their Delegate to visit Stepping Stones?
 - If yes, how do they see it helping their Area? As your Delegate I will be attending the Northeast Region Delegates (NERD) meeting in Massachusetts March 8-9, and the World Service Conference (WSC) in Virginia April 18-21. I look forward to presenting a report to you at the _____

From WSO

Members from international service structures also contribute by offering their valuable interpretation skills during regularly scheduled meetings with WSO Staff, which often include members who do not speak English. When this is the case, a multilingual member from the country with whom we are meeting steps up and translates for their non-English-speaking members as well as for the WSO Staff, so that together we can support the international growth of Al-Anon and Alateen.

Summary-2021-member survey-link to entire survey below

<https://al-anon.org/pdf/2021-MembershipSurvey.pdf>

- 16, 500 responses in summer of 2021
- 86% women, 12% men, .6% not identifying
- Average age 61-average first meeting 44
- 99% high school or more
- 83% reported improvement in mental health in the first year
- Individuals concerned about someone's drug addiction are welcome to attend Al-Anon to determine if it's right for them, with the understanding that our program focuses on alcoholism. Survey results indicated that 28% of members first came to Al-Anon because of a drug problem in a relative or friend. Al-Anon members also seek help from other resources when needed, for concerns in addition to or other than someone else's drinking. 30% of members also consider or have considered themselves a member of other recovery programs, including A.A

al-anon.org for accessibility-pls update to reflect ease of access to your meetings

- From Jan 11 newsletter-WSO

We are excited to announce the launch of our brand-new series to provide a glimpse into the day-to-day work of the World Service Office (WSO) Staff as they support the worldwide fellowship of Al-Anon.

The WSO now employs 45 people across four key departments: Programs, Communications & Community Awareness, Finance & Operations, and Volunteer Governance. Each of these is then organized into several teams. Each month throughout 2024, one team will be highlighted, giving you a closer look at how they help the WSO in its role as the clearinghouse for the Al-Anon fellowship. Look for the first team highlight in the February issue of *In The Loop!*-subscribe at Al-Anon.org.

Respectfully submitted Loron O.

“no comfort in the growth zone and no growth in the comfort zone”

I. Newsletter: Teresa

- Reports due by Feb 14th

J. Public Outreach: Dennis

- Poor attendance at outreach meeting
- Distributing flyers with Al Anon information to various locations in the city
- NYN suggestion in their newsletter

K. Office Coordinator: Terry D

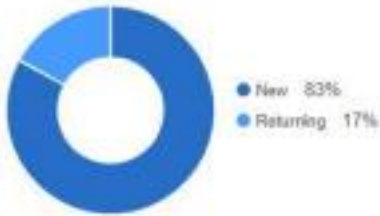
- 3 volunteers
- Newsletter suggests checking website and calling prior to going to office
- Asking for feedback on what to do if there is no coverage
- Terry answers phone from home when office closed-gets a few daily calls
- Question about who has keys and what access/use of conference room
- Rent /lease changing in April. Rent may be increasing.

L. Website: Ellen V

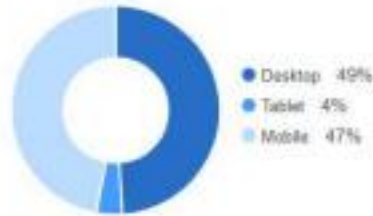
1. Please continue to send your events and committee meetings so I can put them on the events list
2. Are you interested in helping out on the web committee? No technical experience needed - just your ideas!!
 - a. Looking for someone to cross reference our meeting list with WSO's list - and let us know of the discrepancies so we can fix them
 - b. Looking for someone to share our meeting list with the Rochester Area Intergroup, and perhaps Livingston County - so they have our latest information
3. See web traffic information below



New vs. Returning Visitors



Device Breakdown



Top 10 Countries

Rank	Country	Visits
1.	United States	2,147
2.	Canada	10
3.	Finland	4
4.	China	2
5.	South Korea	2
6.	Philippines	2
7.	Germany	1
8.	France	1
9.	India	1
10.	Iran	1

Top 10 Referrals

Rank	Referral Source	Visits
1.	m.facebook.com	7
2.	abask.com	1
3.	facebook.com	1
4.	fitree.shop	1

AIS Rochester Web Traffic Report Jan 2024

See Quick Links



Top Posts/Pages

AIS Rochester Web Traffic Report January 2024

Rank	Post/Page	Visits
1.	Find A Meeting (scroll down for list) - Greater Rochester AI-Anon	1,482
2.	AI-Anon Information Service Rochester, NY 585-288-0540 - Greater Rochester AI-Anon	1,298
3.	Events & Activities - Greater Rochester AI-Anon	187
4.	Welcome Newcomer! We are glad you are here - Greater Rochester AI-Anon	88
5.	Contact AIS - Greater Rochester AI-Anon	69
6.	Districts - Greater Rochester AI-Anon	54
7.	AIS Rochester Newsletter - Greater Rochester AI-Anon	47
8.	AIS Rochester Committee Meeting Minutes, Treasurer Corner & Bylaws - Greater Rochester AI-Anon	41
9.	AI-Anon Literature - Greater Rochester AI-Anon	31
10.	About AI-Anon - Greater Rochester AI-Anon	24

View Full Post/Page Report

Show

10

25

50

M. Activities: Open

6. Group Announcements

- Check out the events calendar on the AIS website for information upcoming Conferences/Conventions

<https://www.aisrochester.org/events-activities/>

- Public Outreach Meeting **Wed March 20th** 6pm
Zoom ID: 813 1311 4542 Passcode: outreach

7. Unfinished Business: Voting on changes to the bylaws

- Pat shared the changes she suggested to our bylaws
- ISR voted and approved the changes as presented.

8. New Business

9. Bullet Points from Meeting for Newsletter: Robin

- Volunteers are needed to return phone calls at the AIS Office
- Only one District out of 7 in our AIS Area has a District Representative (DR), that is District 25. The DR is an important link between the groups and the Area Assembly. The DR represents the district at Area World Service Committee (AWSC) meetings, and conveys information back to the groups. The DR chairs regular district meetings for groups in the district. Any incoming, outgoing or active past Al-Anon or Alateen Group Representative who is willing to represent the district at Area World Service Committee Meetings (AWSC) and Area Assembly, and who is not also a member of A.A. is eligible to serve as DR. The DR assists the Delegate in passing on information about World Service Office (WSO) activities and World Service Conference (WSC) decisions to the GR's in the district. Our next Area World Service Committee meeting is Saturday, March 23rd at 9am Zoom. Let's work together to help our groups become knowledgeable in what is happening in our area, and encourage a member of your district to represent us as DR. Please email me with questions or suggestions at chairperson@aisrochester.org
- There will be an Alateen panel at the Flower City Fellowship Convention on Saturday March 2nd.
- We need a host district for 2025 Spring Convention in person. Please ask your groups if it is considered important for their delegate to visit Stepping Stones-Historic Home of Bill and Lois Wilson. It is located at 62 Oak Road, Katonah NY 10536. Contact delegate@nynafg.com or carolc.afgservice@gmail.com by April 5th and no later than April 15th.
- Public Outreach will have its next meeting on March 20th at 6PM. Zoom ID: 813 1311 4542, passcode outreach. Please consider joining
- Ellen V. is looking for volunteers to help on the web committee. She is looking for someone to cross reference our meeting list with WSO's list.
- NYN (New York North) is looking for a Treasurer and a Web Coordinator.
- Cassandra, from Thursday's Eastside AFG meeting, is standing for Book Depot Chair. We will vote on this at our March meeting.
- New office hours are posted on our website.