

Al-Anon Service Meeting Minutes
March 8th,2025
10 am-ELECTRONIC ONLY
Electronic sign in on AIS website

1. Opening

- **Pat:** Serenity Prayer

2. Reading of:

- **12 Traditions:** MaryAnn E
- **12 Concepts of Service:** Ann S
- **Warranties:** Ellen
- **Expanded Concept of the Month:** Kathy S.

3. Roll Call

- **First Names Only:** 16 members in attendance

4. Welcome : **Pat:** Welcome all to the AIS Rochester monthly meeting.

We hope you will find in this fellowship:

- Growth in your program and understanding of how AIS works.
- A welcoming environment where members feel safe and can express opinions and ideas freely, without interruption or criticism.
- Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

5. Reports from Officers and Coordinators

A. Chair: Pat H.

- **Open Positions:** Activities and Vice Chair positions are open.
- **Tureen Supper:** Please consider chairing this event and forming a committee. Any updates?
- **NYN 2025 Spring Assembly/Convention:** Registration is available via snail mail or online at nynafg.com. The event will be held at RIT Inn and Conference Center from May 30th to June 1st, featuring workshops, panels, music, yoga, AA participation, Alateen, and fellowship. Interested in helping out? Contact NYN2025Assembly@nynafg.com. WSO Executive Director Val will share her story via Zoom on Friday, May 30th.
- **District Reps Needed:** Districts 14, 19, 20, and 25 need District Reps. An article regarding guidelines and responsibilities will be in the upcoming newsletter. Please share with your groups.

B. Vice Chair: Open

C. Secretary: Maggie

- **Review of Last Month's Minutes:**
 - Motion to approve minutes: Ann S
 - Seconded by: Mary R
 - Minutes passed as written: Yes

D. Treasurer: Kathy S.

- **Treasurer's Reports:** Not available for the AIS Meeting on March 8th due to revamping the process. Corrections to January and February 2025 data will be sent once errors are corrected and reports reviewed for accuracy. Apologies for the delay.
- Treasurer reports were later in March and are attached to the minutes. Will review at April's meeting. Thank you to everyone involved in updating the process!!

E. Finance: Kathy M.

- **Report:** See Treasurer's report above.

F. Alateen: Maureen

- **Report:** Nothing to report this month.

G. Activities:

- **Tureen Supper Location Search:**

- Carol G reported St. Ann's Church costs a minimum of \$300 for up to 75 people. Higher attendance costs are prohibitive.
- Loron O is contacting another venue and considering chairing the event planning.

H. Book Depot: Cassandra P.

- **Report:** Nothing to report this month.

I. Intergroup Rep: Loron O.

- **Online Meetings:** Visited 3 online meetings to discuss registration in the service structure. 10 more to go. Inviting GEA (Global Electronic Area) members to get newsletters and be included in the meeting list. This way, we can share opportunities for practicing our program. What do you think?
- **Upcoming Events:** See the Northern Hi-lights for events and the GR/Dr Meetup on March 16th, topic: "Safety in Meetings." Northern Hi-lights Newsletter
 - https://www.nynafg.com/pdf/2025/2025_03_NHL.pdf
- **WSO Updates:**
 - **Social Media:** WSO's social media profile receives comments from questionable profiles. Importance of not being affiliated with organizations hosting meetings.
 - **Meeting Spaces:** New Al-Anon and Alateen groups should look for publicly accessible, inexpensive meeting spaces. Tradition Three states, "The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation."
 - **Affiliation:** Sharing meeting information with newcomers should clarify that we have no vested interest in supporting meeting venues.
 - **Inclusive Welcome:** New groups can no longer register names with specific participant types (e.g., "Adult Children," "Parents," "LGBTQIA+," "Men," or "People of Color"). Groups can specify participant emphasis in descriptions. Existing groups are asked to consider changing names to be more inclusive. This change reflects our continuous evolution.

J. Newsletter: Teresa

- **Articles due by: March 12th**

K. Public Outreach: Dennis C.

- **Individual Projects:** Committee members continue to follow through with projects at libraries, post offices, community centers, health centers, and coffee shops. Follow-up and restocking of materials as needed.
- **John L. Norris Clinic:** Informational meeting continues bi-weekly with four Al-Anon members maintaining it for three years.
- **Beginner's Meetings:** Continue to meet regularly on Wednesdays at 11:00 am and Saturdays at 11:30 am.
- **Newcomer Packets:** 7 packets mailed to date as requests come into AIS.
- **Jennifer House Visits:** Al-Anon volunteer visits on the second Monday of the month.
- **Flower City Fellowship Convention:** Al-Anon members will be in service at the literature table this weekend.
- **Next Outreach Committee Meeting:** Scheduled for March 19, 2025, at 6:00 pm. Access via aisrochester.org website.

L. Office Coordinator: Terry D.

- **Office Hours:** Increased office hours.
- **Saturday Hours:** Added from 11 am to 2 pm.
- Always check the website for up-to-date days and times.

M. Website: Ellen V.

- **Updates:** Kind of quiet this month. Keep sending updates and anniversary flyers!

6. New Business

- **Summer Meetings:** Typically, one meeting during the summer months is cancelled as many members are away or busy with summer plans.
- **July Meeting:** Pat suggested skipping the July meeting this summer. Will share again at next month's meeting as attendance was lower than normal in March.

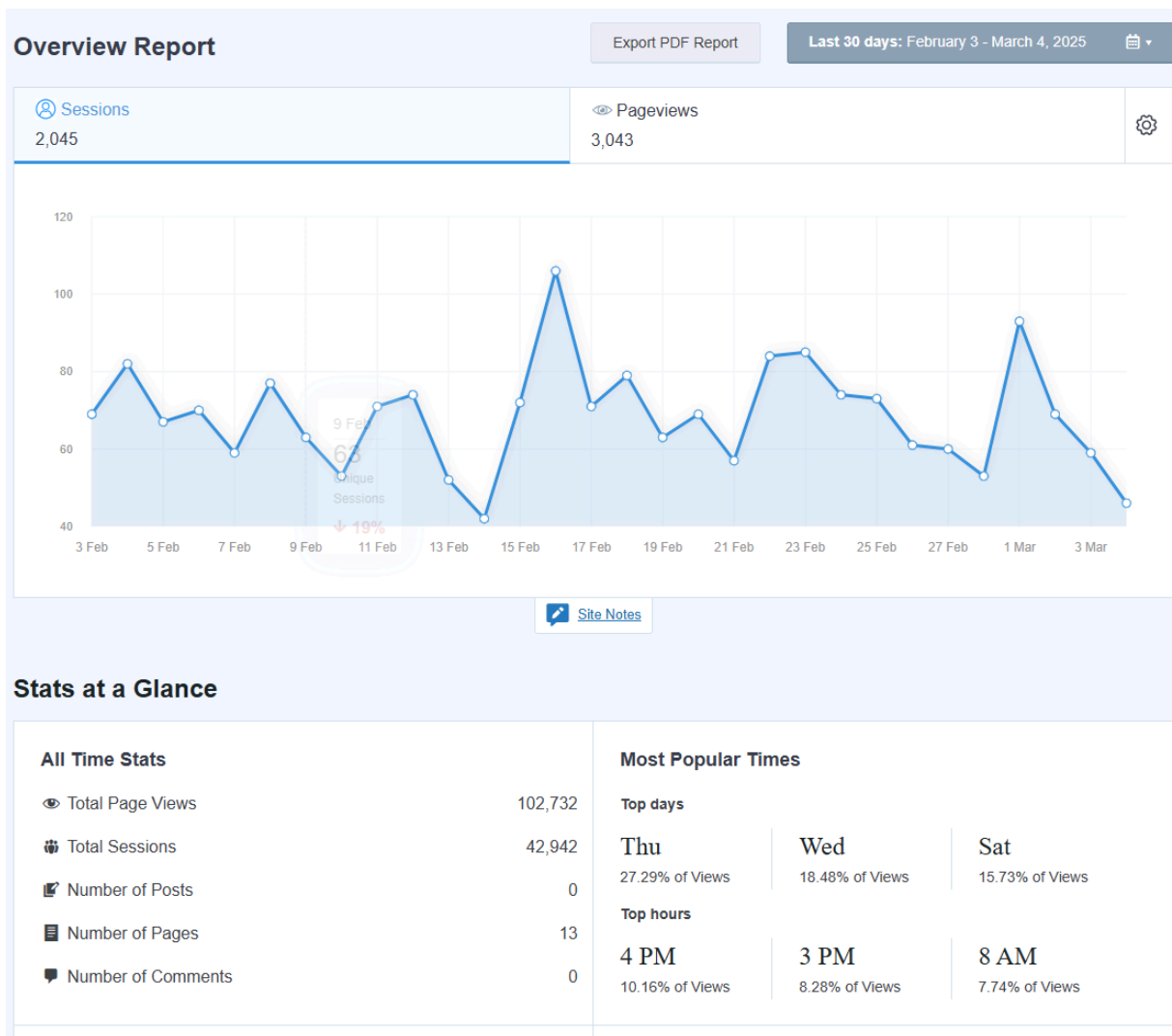
AIS Rochester Web Committee Report

March 2025

Hello Fellow AIS members,

Kind of quiet this month -
Keep sending updates and anniversary flyers!

Thank you-
Respectfully submitted,
Ellen V



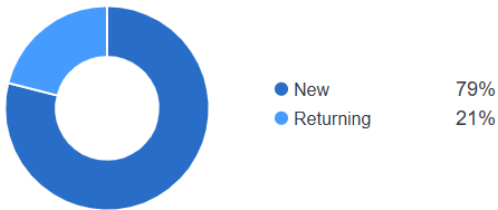
Top Posts/Pages ⓘ

1.	Find A Meeting (scroll down for list) - Greater Rochester AI-Anon	1,547
2.	AI-Anon Information Service Rochester, NY 585-288-0540 - Greater Rochester AI-Anon	1,005
3.	Events & Activities - Greater Rochester AI-Anon	153
4.	Welcome Newcomer! We are glad you are here - Greater Rochester AI-Anon	68
5.	Districts - Greater Rochester AI-Anon	66
6.	AI-Anon Literature - Greater Rochester AI-Anon	44
7.	AIS Rochester Newsletter - Greater Rochester AI-Anon	29
8.	Contact AIS - Greater Rochester AI-Anon	28
9.	About AI-Anon - Greater Rochester AI-Anon	25
10.	AIS Rochester Committee Meeting Minutes, Treasurer Corner & Bylaws - Greater Rochester AI-Anon	23

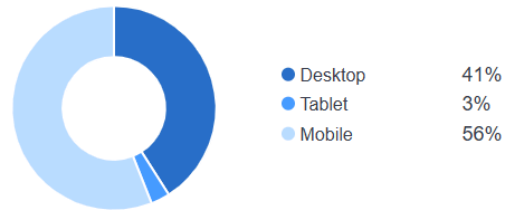
[View Full Posts/Pages Report](#)

Show

New vs. Returning Visitors ⓘ



Device Breakdown ⓘ



Top 10 Countries ⓘ

1.	United States	2,001
2.	China	27
3.	Canada	8
4.	Ireland	3
5.	France	2
6.	Portugal	1
7.	Germany	0
8.	United Kingdom	0
9.	Nepal	0
10.	Philippines	0

[View Countries Report](#)

Top 10 Referrals ⓘ

1.	m.baidu.com	5
2.	facebook.com	3
3.	leadsgo.io	2
4.	us.search.yahoo.com	2
5.	portal.therapyappointment.com	1
6.	conferenceofthelakes.org	0
7.	docs.google.com	0
8.	hagirkblog.space	0
9.	novalskincare.net	0
10.	uk.search.yahoo.com	0

[View All Referral Sources](#)

1 BANKING SUMMARY - LAST MONTH - Jan 2025

1/1/2025 through 1/31/2025 (Cash Basis)

3/11/2025

Page 1

Category	1/1/2025- 1/31/2025	OVERALL TOTAL
INCOME		
Bank Interest	0.15	0.15
Book Depot Income	121.25	121.25
Canadaiqua Noon	75.50	75.50
Canadaiqua Monday Noon	212.00	212.00
Courage To Change	74.00	74.00
Hamlin Sunday AFG	55.80	55.80
Hope For Today	42.00	42.00
Serenity Seekers	14.00	14.00
Spiritual Awakening AFG # 27134	77.00	77.00
St. Louis AFG	67.50	67.50
Webster Monday	47.00	47.00
TOTAL Book Depot Income	786.05	786.05
Fundraiser		
Dist 25 - Zoom Jan-Dec 2025	36.00	36.00
Spiritual Awakening Zoom-Feb-Dec ...	33.00	33.00
Spiritual Awakening Zoom-Jan 25	3.00	3.00
Sunday Serenity Zoom - Newark 1 Yr	36.00	36.00
TOTAL Fundraiser	108.00	108.00
Group Donations		
7th Tradition	108.00	108.00
Courage for Serenity	62.00	62.00
Faith & Hope	100.00	100.00
Now Is The Time AFG	40.00	40.00
Serenity Seekers	33.00	33.00
Spiritual Awakenings	147.75	147.75
St. Louis	30.00	30.00
Webster Monday	76.00	76.00
TOTAL Group Donations	596.75	596.75
TOTAL INCOME	1,490.95	1,490.95
EXPENSES		
AIS Office		
Computer	90.08	90.08
Phone	44.99	44.99
Rent	575.00	575.00
TOTAL AIS Office	710.07	710.07
Book Depot Expense		
WSO	897.73	897.73
TOTAL Book Depot Expense	897.73	897.73
WSO Donation from AIS	500.00	500.00
TOTAL EXPENSES	2,107.80	2,107.80
OVERALL TOTAL	-616.85	-616.85

3 MONTHLY BUDGET REPORT - Jan 2025
 1/1/2025 through 1/31/2025 Using 2025 Budget AIS Rochester

2/6/2025

Page 1

Category	Actual	January 2025 Budget	Difference
INCOME	1,490.95	21,918.15	-20,427.20
Bank Interest	0.15	0.15	0.00
Book Depot Income	786.05	12,000.00	-11,213.95
Fundraiser	108.00	2,273.00	-2,165.00
Group Donations	596.75	7,645.00	-7,048.25
EXPENSES	2,107.80	21,918.00	19,810.20
AIS Office	710.07	12,368.00	11,657.93
Alateen	0.00	200.00	200.00
Computer	90.08	868.00	777.92
Electronic Meetings	0.00	1,050.00	1,050.00
Fundraiser	0.00	500.00	500.00
Insurance	0.00	550.00	550.00
Outreach	0.00	1,000.00	1,000.00
Phone	44.99	800.00	755.01
Rent	575.00	6,900.00	6,325.00
Supplies and postage	0.00	500.00	500.00
Website	0.00	0.00	0.00
Book Depot Expense	897.73	9,000.00	8,102.27
Chairperson - Inter Group Rep	0.00	300.00	300.00
WSO Donation from AIS	500.00	250.00	-250.00
Net Difference:	-616.85	0.15	-617.00

2 TRANSACTIONS LAST MONTH - Jan 2025

1/1/2025 through 1/31/2025

3/13/2025

Page 1

Date	Account	Num	Description	Memo	Category	Tag	Clr	Amount
1/8/2025	Checking		Totalav.Com... Virus protection o...	AIS Office:Computer			R	-19.00
1/9/2025	Checking	1722	AFG, Inc.	AIS Rochester Do...	WSO Donation from AIS			-500.00
1/9/2025	Checking	S	Deposit		Book Depot Income		R	16.00
					Book Depot Income:Courage To Change		R	74.00
					Book Depot Income:Hope For Today		R	42.00
					Book Depot Income		R	14.00
					Book Depot Income		R	64.00
					Book Depot Income:Spiritual Awakening AFG ...		R	77.00
					Fundraiser:Spiritual Awakening Zoom-Jan 25		R	3.00
					Group Donations:Spiritual Awakenings		R	13.75
					Group Donations:Spiritual Awakenings		R	134.00
					Book Depot Income:Hamlin Sunday AFG		R	55.80
					Fundraiser:Dist 25 - Zoom Jan-Dec 2025		R	36.00
					Fundraiser:Sunday Serenity Zoom - Newark 1 Yr		R	36.00
					Group Donations:7th Tradition		R	10.00
					Book Depot Income:Webster Monday		R	47.00
1/16/2025	Checking	1723	Al-Anon Fam...Invoice 620718		Book Depot Expense:WSO		R	-113.75
1/16/2025	Checking	1721	Al-Anon Fam...invoice 61 9447		Book Depot Expense:WSO		R	-783.98
1/18/2025	Checking	ATM	Spectrum M ... December 2024 ...		AIS Office:Phone		R	-44.99
1/23/2025	Checking	S	Deposit		Book Depot Income		R	10.25
					Book Depot Income		R	1.00
					Group Donations:7th Tradition		R	20.00
					Group Donations:Serenity Seekers		R	33.00
					Book Depot Income:St. Louis AFG		R	67.50
					Group Donations:St. Louis		R	30.00
					Group Donations:Now Is The Time AFG		R	40.00
					Fundraiser:Spiritual Awakening Zoom-Feb-Dec...		R	33.00
					Book Depot Income:Canandaiqua Noon		R	75.50
					Book Depot Income:Canandaiqua Monday Noon		R	137.00
					Book Depot Income:Canandaiqua Monday Noon		R	75.00
					Group Donations:Courage for Serenity		R	62.00
					Book Depot Income:Serenity Seekers		R	14.00
					Book Depot Income		R	16.00
					Group Donations:Faith & Hope		R	100.00
					Group Donations:Webster Monday		R	76.00
1/27/2025	Checking	1724	Rich Sam Pr... February 2025 Rent		AIS Office:Rent		R	-575.00
1/30/2025	Checking	TXFR	Savings Onli... Online Transfer		[Savings]		R	53.00

2 TRANSACTIONS LAST MONTH - Jan 2025

1/1/2025 through 1/31/2025

Date	Account	Num	Description	Memo	Category	Tag	Clr	Amount
1/31/2025	Checking		Paypal Tran...	Online Transfer	Group Donations:7th Tradition		R	25.00
1/8/2025	Savings		Quicken	ACH Withdrawal	AIS Office:Computer		R	-71.08
1/21/2025	Savings		Paypal Tran...	ACH Deposit	Group Donations:7th Tradition		R	53.00
1/30/2025	Savings	TXFR	Checking On...	Online Transfer	[Checking]		R	-53.00
1/31/2025	Savings		020625to Ch...		Group Donations:7th Tradition		R	-25.00
1/31/2025	Savings		020325payp...		Group Donations:7th Tradition		R	25.00
1/31/2025	Savings		Int Earned Cr		Bank Interest		R	0.15
1/1/2025 - 1/31/2025								-616.85

TOTAL INFLOWS	1,568.95
TOTAL OUTFLOWS	-2,185.80
NET TOTAL	-616.85

1 BANKING SUMMARY - February 2025 - Last month

2/1/2025 through 2/28/2025 (Cash Basis)

3/11/2025

Page 1

Category	2/1/2025- 2/28/2025	OVERALL TOTAL
INCOME		
Bank Interest	0.14	0.14
Book Depot Income		
Courage To Change	69.45	69.45
Good Old Gang	35.00	35.00
Greece Aldergate AFG	21.00	21.00
Hope For Today	91.00	91.00
Serenity On Saturday	116.50	116.50
Webster Monday	49.65	49.65
Womans 12 & 12	210.00	210.00
TOTAL Book Depot Income	592.60	592.60
Fundraiser		
Evening Serenity ZoomJan-Apr 2025	25.00	25.00
TOTAL Fundraiser	25.00	25.00
Group Donations		
Canandaigua AFG	50.00	50.00
Hope For Today	144.90	144.90
Penn Yan AFG	150.00	150.00
TOTAL Group Donations	344.90	344.90
TOTAL INCOME	962.64	962.64
EXPENSES		
AIS Office		
Phone	44.99	44.99
Rent	575.00	575.00
TOTAL AIS Office	619.99	619.99
Book Depot Expense		
WSO	1,526.73	1,526.73
TOTAL Book Depot Expense	1,526.73	1,526.73
TOTAL EXPENSES	2,146.72	2,146.72
OVERALL TOTAL	-1,184.08	-1,184.08

3 MONTHLY BUDGET REPORT

1/1/2025 through 2/28/2025 Using 2025 Budget AIS Rochester

Category	Actual Jan 2025	Actual Feb 2025	1/1/2025 Actual	Budget	2/28/2025 Difference
INCOME	1,490.95	962.64	2,453.59	22,147.54	-19,693.95
Bank Interest	0.15	0.14	0.29	0.28	0.01
Book Depot Income	786.05	592.60	1,378.65	12,091.76	-10,713.11
Fundraiser	108.00	25.00	133.00	2,350.50	-2,217.50
Group Donations	596.75	344.90	941.65	7,705.00	-6,763.35
EXPENSES	2,107.80	2,146.72	4,254.52	42,968.00	38,713.48
AIS Office	710.07	619.99	1,330.06	23,868.00	22,537.94
AIS Office:Alateen	0.00	0.00	0.00	400.00	400.00
AIS Office:Computer	90.08	0.00	90.08	868.00	777.92
AIS Office:Electronic Meetings	0.00	0.00	0.00	2,100.00	2,100.00
AIS Office:Fundraiser	0.00	0.00	0.00	1,000.00	1,000.00
AIS Office:Insurance	0.00	0.00	0.00	1,100.00	1,100.00
AIS Office:Outreach	0.00	0.00	0.00	2,000.00	2,000.00
AIS Office:Phone	44.99	44.99	89.98	1,600.00	1,510.02
AIS Office:Rent	575.00	575.00	1,150.00	13,800.00	12,650.00
AIS Office:Supplies and postage	0.00	0.00	0.00	1,000.00	1,000.00
AIS Office:Website	0.00	0.00	0.00	0.00	0.00
Book Depot Expense	897.73	1,526.73	2,424.46	18,000.00	15,575.54
Chairperson - Inter Group Rep	0.00	0.00	0.00	600.00	600.00
WSO Donation from AIS	500.00	0.00	500.00	500.00	0.00
Net Difference:	-616.85	-1,184.08	-1,800.93	-20,820.46	19,019.53

2 TRANSACTIONS LAST MONTH - Last month

2/1/2025 through 2/28/2025

3/13/2025

Page 1

Date	Account	Num	Description	Memo	Category	Tag	Clr	Amount
2/6/2025	Checking	1725	Al-Anon Fam...invoice 623340	Book Depot Expense:WSO			c	-81.60
2/6/2025	Checking	1726	Al-Anon Fam...invoice 6623335	Book Depot Expense:WSO			c	-965.80
2/6/2025	Checking	1727	Rich Sam Pr... March 2025 Rent	AIS Office:Rent			c	-575.00
2/7/2025	Checking	S	Deposit	check 1028	Group Donations:Hope For Today		c	144.90
				check 1031	Book Depot Income:Hope For Today		c	91.00
				check 292	Book Depot Income:Womans 12 & 12		c	210.00
				cash	Book Depot Income:Webster Monday		c	23.25
				check 1252	Group Donations:Penn Yan AFG		c	150.00
				check 0000995565	Fundraiser:Evening Serenity ZoomJan-Apr 2025		c	25.00
				check 66184913	Book Depot Income:Serenity On Saturday		c	116.50
				cash	Book Depot Income:Webster Monday		c	26.40
				check 482	Book Depot Income:Courage To Change		c	69.45
				cash	Book Depot Income:Good Old Gang		c	35.00
2/17/2025	Checking	S	Deposit	check 152	Book Depot Income:Greece Aldergate AFG		c	21.00
				check 1362	Group Donations:Canandaigua AFG		c	50.00
2/20/2025	Checking		Spectrum	December 2024 ...	AIS Office:Phone		c	-44.99
2/24/2025	Checking	1728	Al-Anon Fam...invoice 624412	Book Depot Expense:WSO			c	-479.33
2/28/2025	Checking		Deposit	Bank Interest	Bank Interest		c	0.14
2/1/2025 - 2/28/2025								-1,184.08

TOTAL INFLOWS **962.64**

TOTAL OUTFLOWS **-2,146.72**

NET TOTAL **-1,184.08**