# Al-Anon Service Meeting Agenda/Minutes April 12, 2025 10 am-ELECTRONIC ONLY

### **Electronic sign in on AIS website**

1. Opening: Pat - Serenity Prayer

2. Reading of:

o 12 Traditions: Kathleen So 12 Concepts of Service: Julieo Warranties: Maureen C

o Expanded Concept of the Month: Concept 4 Carol G

- 3. Roll Call (First Names Only)
  - o See Excel spreadsheet
- 4. Welcome: Pat Welcome all to the AIS Rochester monthly meeting.

We hope you will find in this fellowship:

- Growth in your program and understanding of how AIS works.
- A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

### 5. Reports from Officers and Coordinators

- o Chair: Pat H.
  - o In Memoriam We've lost a long-time key serving member, Mel Y. May we, in gratitude for Mel's many years of helping others in Al-Anon (and of keeping AIS afloat), have a moment of silence in recognition of Mel's good work on behalf of us all.
  - o We need a Committee Finance Chair Kathy M. has stepped down.
  - o Tureen supper update Debi See activities report for details
  - o NYN 2025 Spring Assembly/Convention **May 30th, 31st, June 1st**. baskets are needed and greeters.
    - A question was raised about what was allowed to be in the gift baskets, specifically if it needed to be Al-Anon related.
    - Group members shared their thoughts and prior experiences as well as referring to the service manual for answers. (pg 106)
    - Gift baskets do not have to be limited to Al-Anon materials.
  - o Districts 14, 19, 20, and 25 need District Reps, please take to your groups. Contact Brenda at afgbren@frontiernet.net

- o Vice Chair: Open
- o **Secretary**: Maggie
  - Review of last month's meeting minutes
  - Motion to approve minutes: Julie
  - Seconded by: Jean
  - Minutes passed as written: Yes
- o Treasurer:
  - All documents saved at end of report
  - Motion to approve: Ann S
  - Seconded: BarbPassed? Yes
- o **Finance**: Open
- o Alateen: Maureen
  - Alateen meeting has 3 consistent teens attending
  - Currently working on the 4<sup>th</sup> step
- o Activities: Open
  - Deb is heading the planning for Tureen Supper for the fall
  - Location: Guardian Angels Church on E. Henrietta Rd with expected cost ~\$100
  - Volunteers needed
- o **Book Depot**: Cassandra P.
  - Nothing to report this month
- o Intergroup Rep: Loron O.
  - NYN has a new position that they will be looking to fill: Technology Coordinator
  - Guidelines for position will be presented at the AWSC Saturday May, 17th
- o Newsletter: Teresa
  - Articles due by Wed April 16<sup>th</sup>
- o **Office Coordinator**: Terry D.
  - I have been working with Ellen for a while as we both have entered several requests into google edit to update the current office address in the on-line google search
  - (Example: When I search for Al-Anon Rochester from my home computer using Firefox, Chrome or Edge, our old address still comes up along with our current link and address. I received a call at the office last week from someone saying that they were responding to our request for a correction on google and that this can be fixed for a cost of \$199.00. I was not expecting that google would request payment to update data. I did schedule a phone call for next Thursday with this person to discuss further. I will continue to follow-up on this issue.)

- o Website: Ellen V.
  - Keep sending updates and anniversary flyers!
  - See website traffic reports attached

### 6. Group Announcements

### 7. Unfinished Business

- o **Summer Meetings**: Typically, one meeting during the summer months is cancelled as many members are away or busy with summer plans.
- o **July Meeting:** Pat suggested skipping the July meeting this summer. Will share again at next month's meeting as attendance was lower than normal in March.
- o Group agreed to not hold the AIS meeting in the month of July

#### 8. New Business

• Members shared recent experience at a Rochester Al-Anon meeting.

"I just went on an online-only Al Anon meeting on the AIS Rochester meeting list. It's the Unity Through Recovery AFG group at 7 PM. They specifically said in their welcome that they were an adult child of alcoholics meeting, and that sharing should be directly related to your experience of growing up in an alcoholic home. " This member shared with me that she felt she was being excluded and left the meeting but wanted to share her experience as she was concerned a new comer may feel unwelcome and thought AIS should know as she did not feel the meeting was following the WSO guidelines.

- The group discussed the concern and referred to the service manual to clarification
- The discussion led to a conclusion that each group has autonomy to run their meeting per their GC.

## 1 BANKING SUMMARY - LAST MONTH March 2025 - Last month

3/1/2025 through 3/31/2025 (Cash Basis)

4/8/2025

Category	3/1/2025- 3/31/2025	OVERALL TOTAL
INCOME		
Bank Interest	0.15	0.15
Book Depot Income	642.70	642.70
Courage For Serenity	82.75	82.75
Experience, Strength & Hope	19.60	19.60
Flower City Convention Lit Table	75.00	75.00
Healing Hearts Begnner Mtg. AFG	70.00	70.00
Monday Sunshine	50.75	50.75
Spiritual Awakening AFG # 27134	57.45	57.45
Victor Parents AFG	159.25	159.25
Webster Monday	17.75	17.75
Womans 12 & 12	226.60	226.60
TOTAL Book Depot Income	1,401.85	1,401.85
Fundraiser		
Healing Hearts Zoom	36.00	36.00
TOTAL Fundraiser	36.00	36.00
Group Donations	25.00	25.00
7th Tradition	69.06	69.06
Experience, Strength & Hope	0.40	0.40
Individual 7th Tradition	40.00	40.00
Victor Parent's Group	50.00	50.00
Women's 12@12	3.00	3.00
TOTAL Group Donations	187.46	187.46
Transfer Savings to Checking	219.07	219.07
TOTAL INCOME	1,844.53	1,844.53
EXPENSES		
AIS Office	00.00	20.00
Phone	89.98	89.98
Rent	575.00	575.00
TOTAL AIS Office	664.98	664.98
Book Depot Expense	75.00	75.00
Misc.	75.00	75.00
WSO	1,187.02	1,187.02
TOTAL Book Depot Expense	1,262.02	1,262.02
TOTAL EXPENSES	1,927.00	1,927.00
OVERALL TOTAL	-82.47	-82.47

# 3 MONTHLY BUDGET REPORT March 2025 - Year to Date 1/1/2025 through 4/8/2025 Using 2025 Budget AIS Rochester

1/1/2025 through 4/8/2025 Using 2025 Budget AIS Rochester								
Actual	January 2025 Budget	Difference	Actual	February 2025 Budget	Difference			
1,490.95	21,918.15	-20,427.20	962.78	229.39	733.39			
0.15	0.15	0.00	0.28	0.13	0.15			
786.05	12,000.00	-11,213.95	592.60	91.76	500.84			
-786.05	-12,000.00	-11,213.95	-592.60	-91.76	500.84			
108.00	2,273.00	-2,165.00	25.00	77.50	-52.50			
-108.00	-2,273.00	-2,165.00	-25.00	-77.50	-52.50			
596.75	7,645.00	-7,048.25	344.90	60.00	284.90			
-596.75	-7,645.00	-7,048.25	-344.90	-60.00	284.90			
2,107.80	21,918.00	19,810.20	2,146.72	21,050.00	18,903.28			
710.07	12,368.00	11,657.93	619.99	11,500.00	10,880.01			
					200.00			
					0.00			
	•	·		•	1,050.00			
					500.00			
0.00	550.00	550.00	0.00	550.00	550.00			
0.00	1,000.00	1,000.00	0.00	1,000.00	1,000.00			
44.99	800.00	755.01	44.99	800.00	755.01			
575.00	6,900.00	6,325.00	575.00	6,900.00	6,325.00			
	500.00	500.00	0.00	500.00	500.00			
0.00	0.00	0.00	0.00	0.00	0.00			
0.00	9,200.00	9,200.00	0.00	9,200.00	9,200.00			
897.73	9,000.00	8,102.27	1,526.73	9,000.00	7,473.27			
			0.00		300.00			
500.00	250.00	-250.00	0.00	250.00	250.00			
897.73	550.00	-347.73	1,526.73	550.00	-976.73			
-616.85	0.15	-617.00	-1,183.94	-20,820.61	19,636.67			
	Actual  1,490.95 0.15 786.05 -786.05 108.00 -108.00 596.75 -596.75  2,107.80 710.07 0.00 90.08 0.00 0.00 0.00 44.99 575.00 0.00 0.00 0.00 897.73 0.00 500.00	Actual January 2025 Budget  1,490.95	Actual         January 2025 Budget         Difference           1,490.95         21,918.15         -20,427.20           0.15         0.15         0.00           786.05         12,000.00         -11,213.95           -786.05         -12,000.00         -11,213.95           108.00         2,273.00         -2,165.00           -108.00         -2,273.00         -2,165.00           596.75         7,645.00         -7,048.25           2,107.80         21,918.00         19,810.20           710.07         12,368.00         11,657.93           0.00         200.00         200.00           90.08         868.00         777.92           0.00         1,050.00         1,050.00           0.00         500.00         500.00           0.00         550.00         550.00           0.00         1,000.00         1,000.00           44.99         800.00         755.01           575.00         6,900.00         6,325.00           0.00         500.00         9,200.00           897.73         9,000.00         8,102.27           0.00         300.00         -250.00           897.73         550.00	Actual         January 2025 Budget         Difference         Actual           1,490.95         21,918.15 0.15         -20,427.20 0.00         962.78 0.00           786.05         12,000.00 -12,000.00         -11,213.95 -592.60         592.60 -786.05 -12,000.00           108.00         2,273.00 -2,273.00         -2,165.00 -2,165.00         -25.00 -25.00 -25.00           596.75         7,645.00         -7,048.25 -344.90         344.90           2,107.80         21,918.00 -7,048.25         19,810.20 -344.90         2,146.72 -344.90           2,107.80         21,918.00 -7,048.25         11,657.93 -344.90         619.99 -30.00 -347.73         1,526.73 -347.73 -347.73	Actual         January 2025 Budget         Difference         Actual         February 2025 Budget           1,490.95         21,918.15         -20,427.20         962.78         229.39           0.15         0.15         0.00         0.28         0.13           786.05         12,000.00         -11,213.95         592.60         91.76           -786.05         -12,000.00         -11,213.95         -592.60         -91.76           108.00         2,273.00         -2,165.00         25.00         77.50           108.00         -2,273.00         -2,165.00         -25.00         -77.50           596.75         7,645.00         -7,048.25         344.90         60.00           -596.75         -7,645.00         -7,048.25         -344.90         -60.00           2,107.80         21,918.00         19,810.20         2,146.72         21,050.00           710.07         12,368.00         11,657.93         619.99         11,500.00           0.00         200.00         200.00         0.00         200.00           90.08         868.00         777.92         0.00         0.00           0.00         550.00         550.00         0.00         550.00           0			

## 3 MONTHLY BUDGET REPORT March 2025 - Year to Date

1/1/2025 through 4/8/2025 Using 2025 Budget AIS Rochester

0/0005	1/1/2025 through 4/8/2025 Using 2025 Budget AIS Rochester								
8/2025 Category	Actual	March 2025 Budget	Difference	Actual	April 2025 Budget	Difference			
INCOME	1,625.46	229.39	1,396.07	219.22	61.17	158.05			
Bank Interest	0.15	0.13	0.02	0.15	0.03	0.12			
Book Depot Income	1,401.85	91.76	1,310.09	171.01	24.47	146.54			
<b>Everything Else</b>	-1,401.85	-91.76	1,310.09	-171.01	-24.47	146.54			
Fundraiser	36.00	77.50	-41.50	0.00	20.67	-20.67			
<b>Everything Else</b>	-36.00	-77.50	-41.50	0.00	-20.67	-20.67			
Group Donations	187.46	60.00	127.46	48.06	16.00	32.06			
<b>Everything Else</b>	-187.46	-60.00	127.46	-48.06	-16.00	32.06			
EXPENSES	1,927.00	21,050.00	19,123.00	0.00	5,613.33	5,613.33			
AIS Office	664.98	11,500.00	10,835.02	0.00	3,066.66	3,066.66			
Alateen	0.00	200.00	200.00	0.00	53.33	53.33			
Computer	0.00	0.00	0.00	0.00	0.00	0.00			
Electronic Meetings	0.00	1,050.00	1,050.00	0.00	280.00	280.00			
Fundraiser	0.00	500.00	500.00	0.00	133.33	133.33			
Insurance	0.00	550.00	550.00	0.00	146.67	146.67			
Outreach	0.00	1,000.00	1,000.00	0.00	266.67	266.67			
Phone	89.98	800.00	710.02	0.00	213.33	213.33			
Rent	575.00	6,900.00	6,325.00	0.00	1,840.00	1,840.00			
Supplies and postage	0.00	500.00	500.00	0.00	133.33	133.33			
Website	0.00	0.00	0.00	0.00	0.00	0.00			
<b>Everything Else</b>	0.00	9,200.00	9,200.00	0.00	2,453.33	2,453.33			
Book Depot Expense	1,262.02	9,000.00	7,737.98	0.00	2,400.00	2,400.00			
Chairperson - Inter Group Rep	0.00	300.00	300.00	0.00	80.00	80.00			
WSO Donation from AIS	0.00	250.00	250.00	0.00	66.67	66.67			
<b>Everything Else</b>	1,262.02	550.00	-712.02	0.00	146.67	146.67			
Net Difference:	-301.54	-20,820.61	20,519.07	219.22	-5,552.16	5,771.38			

# 3 MONTHLY BUDGET REPORT March 2025 - Year to Date 1/1/2025 through 4/8/2025 Using 2025 Budget AIS Rochester

/8/2025	1/1/2025 through 4/8/2025 Using 2025 Budget Als					
Category	1/1/2025 Actual	Budget	4/8/2025 Difference			
INCOME	4,298.41	22,438.10	-18,139.69			
Bank Interest	0.73	0.44	0.29			
Book Depot Income	2,951.51	12,207.99	-9,256.48			
<b>Everything Else</b>	-2,951.51	-12,207.99	-9,256.48			
Fundraiser	169.00	2,448.67	-2,279.67			
<b>Everything Else</b>	-169.00	-2,448.67	-2,279.67			
Group Donations	1,177.17	7,781.00	-6,603.83			
 b>Everything Else	-1,177.17	-7,781.00	-6,603.83			
EXPENSES	6,181.52	69,631.33	63,449.81			
AIS Office	1,995.04	38,434.66	36,439.62			
Alateen	0.00	653.33	653.33			
Computer	90.08	868.00	777.92			
Electronic Meetings	0.00	3,430.00	3,430.00			
Fundraiser	0.00	1,633.33	1,633.33			
Insurance	0.00	1,796.67	1,796.67			
Outreach	0.00	3,266.67	3,266.67			
Phone	179.96	2,613.33	2,433.37			
Rent	1,725.00	22,540.00	20,815.00			
Supplies and postage	0.00	1,633.33	1,633.33			
Website	0.00	0.00	0.00			
<b>Everything Else</b>	0.00	30,053.33	30,053.33			
Book Depot Expense	3,686.48	29,400.00	25,713.52			
Chairperson - Inter Group Rep	0.00	980.00	980.00			
WSO Donation from AIS	500.00	816.67	316.67			
<b>Everything Else</b>	3,686.48	1,796.67	-1,889.81			
Net Difference:	-1,883.11	-47,193.23	45,310.12			

## 2 TRANSACTIONS LAST MONTH March 2025 - Last month

3/1/2025 through 3/31/2025

205					3/1/2025	through 3/31/2025			D-
025 Date	Account	Num	n D	Description	Memo	Category	Tag	Clr	Pag Amount
3/5/2025 3/5/2025	Checking	Dennis C			ge LitBook Depot	Expense:Misc. R -75.00			
3/5/2025	Checking	S	S Dep	posit	check 1462 check 1462	Book Depot Income:Womans 12 & 12 Group Donations:Women's 12@12		R R	96.60 3.00
					check 137	Book Depot Income:Courage For Serenity		R	82.75
					check 5066	Fundraiser:Healing Hearts Zoom		R	36.00
					check 5065	Book Depot Income:Healing Hearts Begnner M		R	70.00
					check 560	Book Depot Income: Spiritual Awakening AFG	•	R	57.45
					check 0222773443			R	50.00
					cash	Book Depot Income:Monday Sunshine		R	50.75
					cash	Book Depot Income:Webster Monday		R	17.75
3/11/2025	Checking	S	S Dei	posit	check 1134	Book Depot Income:Victor Parents AFG		R	159.25
0.12020				poon	cash	Book Depot Income:Experience, Strength & Ho		R	19.60
					cash	Group Donations:Experience, Strength & Hope	•	R	0.40
					check 1230	Group Donations:7th Tradition		R	16.00
3/11/2025	Checking		Dei	posit	return of cash FC	•		R	75.00
3/11/2025	Checking	S		posit		Group Donations:Individual 7th Tradition		R	20.00
	J					Group Donations:Individual 7th Tradition		R	20.00
						Group Donations:7th Tradition		R	48.06
						Book Depot Income:Womans 12 & 12		R	130.00
						Book Depot Income		R	5.00
3/11/2025	Checking		De	posit	cash	Book Depot Income	FCFC	R	193.00
3/18/2025	Checking	1729	Ric	h Sam Pr	April 2025 Rent	AIS Office:Rent		R	-575.00
3/18/2025	Checking	ATM	Spe	ectrum M	. March 2025 phon	AIS Office:Phone		R	-44.99
3/20/2025	Checking	S		a Deposit		Book Depot Income	Monday Night	R	83.00
					Cash	Group Donations	MonMonday	R	25.00
					Check # 3597	Book Depot Income	Faith & Hope	R	219.50
					Cash	Group Donations:7th Tradition		R	5.00
					Check # 1199	Book Depot Income	Personal Don	R	13.00
					Check # 2005	Book Depot Income	12 at 12 Step	R	129.20
3/20/2025	Checking		Spe	ectrum	Feb 2025 phone	AIS Office:Phone			-44.99
3/27/2025	Checking	1730	Al-A	Anon Fam	.invoice 626073	Book Depot Expense:WSO		R	-509.98
3/27/2025	Checking	1731	Al-A	Anon Fam	invoice 625017	Book Depot Expense:WSO		R	-443.72
3/27/2025	Checking	1732			.invoice 624278	Book Depot Expense:WSO		R	-233.32
3/28/2025	Checking		Tra	ansfer Fro	Paypal movement T	ransfer Savings to Checking			219.07
3/3/2025	Savings		Int	Earned Cr		Bank Interest		R	0.15
3/5/2025	Savings		Pay	ypal Tran		[Savings]		R	178.06
3/10/2025	Savings		Pay	ypal Tran	3 10 25	[Savings]		R	15.81

### 2 TRANSACTIONS LAST MONTH March 2025 - Last month

3/1/2025 through 3/31/2025

4/8/2025		3/1/2023 tillough 3/3/1/2023							
.,,	Date	Account	Num	Description	Memo	Category	Tag	Clr	Page 2 Amount
_	3/11/2025	Savings		Paypal Tran 3	3 11 25	[Savings]		R	223.06
	3/28/2025	Savings		Paypal Tran 3	3 28 25	[Savings]		R	25.20

359.66

TOTAL INFLOWS 2,286.66

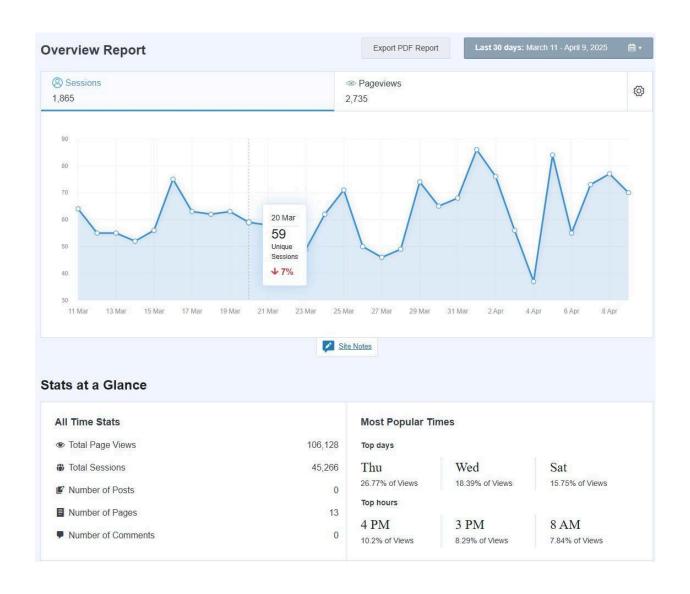
TOTAL OUTFLOWS -1,927.00

NET TOTAL 359.66

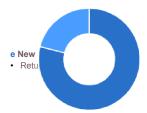
3/1/2025 - 3/31/2025

# AIS Rochester Web Committee Report April 2025

Hello Fellow AIS members, Keep sending updates and anniversary flyers! Thank you-Respectfully submitted, Ellen V



### New vs. Returning Visitors



### Device Breakdown



#### Mobile

То	p 10 Countries	©	Top 1 O Referr als	C
1.	United States	1,834	1. 0 m.facebook.com	12
2.	China	14	2. <b>a</b> conferenceonhelakes.org	4
3.	Can ada	7	3.	
4	Germany	5	4 <b>0</b> facebook_com	;
5.	Ireland	3	5 G sites google com	
6.	Brazil		6. I;] us.search.yahoo.com	2
7.	United Kingdom		7 @ chatgpt com	
8.	France	0	8 <b>0</b> usc-word-edit.officeapps.live.com	
9.	Portugal	0	9. leadsgo.io	
			10. <b>5-</b> m.baidu.com	
	View Countries Repor		View All Referral Sources	

### Top Posts fPages

Find A Meeting (scroll down for list) - G reater Rochester At-Anon

Al-Anon Information Service Rochester, NY 585-288-0540 - Greater Rochester At-Anon

 $3\_$  Events & Activities - Greater Rochester Al-Anon

4 Welcome Newcome We are glad you are here - Greater Rochester Al-Anon

5 Districts - Greater Rochester Al-Anon

6. Al-Anon Literature - Greater Rochester Al-Anon

. Al-Allon Literature - Greater Rochester Al-Allo

 $7\_$  Contact AIS - Greater Rochester Al-Anon

8. About Al-Anon - Greater Rochester Al-Anon

9\_ AIS Rochester Newsletter - Greater Rochester Al-Anon

1,329

10. AIS Rochester Committee Meeting Minutes, Treasurer Corner & Byla ws - Greater Rochester Al-Anon

916		42		
160		39		
82		27		
53		20		
		16		
View Full Posts/Pages Repor	Show	10	25	50