

## AI-Anon Service Meeting Minutes

May 10<sup>th</sup>, 2025

10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

1. **Opening:** Pat - Serenity Prayer
2. **Reading of:**
  - 12 Traditions: Ann S
  - 12 Concepts of Service: John F
  - Warranties: Kathy S
  - Expanded Concept of the Month: John F
3. **Roll Call** (First Names Only)
  - See Excel spreadsheet
4. **Welcome:** Pat - Welcome all to the AIS Rochester monthly meeting.

We hope you will find in this fellowship:

- Growth in your program and understanding of how AIS works.
- A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- Discussion and actions that benefit the AI-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

### 5. **Reports from Officers and Coordinators**

- **Chair:** Pat H.
  - Finance Committee Chair - Stevan
  - Tureen Supper - Sunday, Oct. 19th from 1-4 pm
  - Baskets needed and greeters for the NYN 2025 Spring Assembly/Convention - May 30th, 31st, June 1st (any literature in the baskets should be CAL (Conference approved Literature), this event is open to everyone.
- **Vice Chair:** Open

- **Secretary:** Maggie
  - Review of last month's meeting minutes
  - Motion to approve minutes: Harriett
  - Seconded by: Phyllis
  - Minutes passed as written: Yes
- **Treasurer:**
  - All documents saved at end of report
  - Motion to approve: Loron
  - Seconded: Terry
  - Passed? Yes
- **Finance:** Stevan
  - Stevan was introduced to the group
- **Alateen:** Maureen
- **Activities:** Tureen Supper Planning update from Deb.
  - Cost for venue \$200
  - Time frame adjusted to 1:30pm to 5pm
  - Volunteers will be needed
  - Theme: "Little Time for Myself"
- **Book Depot:** Cassandra P.
  - Met with Brenda & John from the 2025 Spring NYN Assembly/Convention Literature Committee to review the literature we have in stock and what they anticipate selling. We have been able to bring in the literature we anticipate selling except for a couple of workbooks that WSO has been out of stock for several weeks right now which are P-92 Reaching for Personal Freedom: Living the Legacies and P-93 Paths to Recovery Workbook.
  - The workbook packets that we had for the special sale in December & January have been separated and put in regular stock after checking with the LDC on AFG Connects if we could do that since the sale ended several months ago. We have a message in with the Literature Distributions Center on AFG Connects inquiring as to when we expect these to be in stock. We do currently have the workbooks in stock at the Book Depot. I do not have the details from the sales at the Conference of the Lakes yet. I will have that available next month.

- **Intergroup Rep:** Loron O.
  - Loron will be attending the AWSC and NYN Assembly/Convention at the end of the month
- **Newsletter:** Teresa
  - Articles for newsletter due the second Wednesday of the month
- **Office Coordinator:** Terry D.
- **Outreach:** Dennis
  - Committee members continue to follow through with individual projects; Libraries, Post Offices, Community Centers, Health Centers and Coffee Shops. Follow up and restocking of materials as needed.
  - John L. Norris Clinic informational meeting continues to meet bi-weekly. There are four Al-anon members who have maintained this meeting for the last three years.
  - Beginner's meetings in the Rochester area continue to meet regularly, Wednesday at 11:00am and Saturday at 11:30am
  - Newcomer packets continue to be sent as requests come into AIS. To date, 14 packets have been mailed. In the same time period of 2024, 46 packets were mailed out.
  - Al-anon volunteer visits Jennifer House second Monday of the month.
  - The literature table at the Flower City AA Convention was covered all three days and a variety of different shifts by Al-anon members who volunteered. Book sales were successful over the three days of the event. As Chairperson of this committee I am very grateful for the number of people who unselfishly volunteered for service.
  - Next meeting of the Outreach Committee is scheduled for May 21, 2025 at 6:00pm. Access to this meeting may be gained through [aisrochester.org](http://aisrochester.org) website.
- **Website:** Ellen V.
  - See attached web site reports

6. **Group Announcements**

7. **Unfinished Business**

8. **New Business**

- AIS positions that will be open at the end of the year:
  - Chairperson
  - Vice Chair
  - Secretary
  - Book Depot
  - Office Coordinator
  - Intergroup Representative
  - Activities

# April 2025 MONTHLY BUDGET REPORT - Last month

4/1/2025 through 4/30/2025 Using 2025 Budget AIS Rochester

5/6/2025

Page 1

| Category                      | Actual          | April 2025 Budget | Difference       |
|-------------------------------|-----------------|-------------------|------------------|
| <b>INCOME</b>                 | <b>2,160.67</b> | <b>229.39</b>     | <b>1,931.28</b>  |
| Bank Interest                 | 0.00            | 0.13              | -0.13            |
| Book Depot Income             | <b>1,540.86</b> | <b>91.76</b>      | <b>1,449.10</b>  |
| Fundraiser                    | <b>0.00</b>     | <b>77.50</b>      | <b>-77.50</b>    |
| Group Donations               | <b>619.81</b>   | <b>60.00</b>      | <b>559.81</b>    |
| <b>EXPENSES</b>               | <b>1,698.18</b> | <b>21,050.00</b>  | <b>19,351.82</b> |
| AIS Office                    | <b>619.99</b>   | <b>11,500.00</b>  | <b>10,880.01</b> |
| Alateen                       | 0.00            | 200.00            | 200.00           |
| Computer                      | 0.00            | 0.00              | 0.00             |
| Electronic Meetings           | 0.00            | 1,050.00          | 1,050.00         |
| Fundraiser                    | 0.00            | 500.00            | 500.00           |
| Insurance                     | <b>0.00</b>     | <b>550.00</b>     | <b>550.00</b>    |
| Outreach                      | 0.00            | 1,000.00          | 1,000.00         |
| Phone                         | 44.99           | 800.00            | 755.01           |
| Rent                          | 575.00          | 6,900.00          | 6,325.00         |
| Supplies and postage          | 0.00            | 500.00            | 500.00           |
| Website                       | 0.00            | 0.00              | 0.00             |
| Book Depot Expense            | <b>1,078.19</b> | <b>9,000.00</b>   | <b>7,921.81</b>  |
| Chairperson - Inter Group Rep | 0.00            | 300.00            | 300.00           |
| WSO Donation from AIS         | 0.00            | 250.00            | 250.00           |
| <b>Net Difference:</b>        | <b>462.49</b>   | <b>-20,820.61</b> | <b>21,283.10</b> |

# 1 BANKING SUMMARY - LAST MONTH - Last month

4/1/2025 through 4/30/2025 (Cash Basis)

5/6/2025

Page 1

| Category                        | 4/1/2025-<br>4/30/2025 | OVERALL<br>TOTAL |
|---------------------------------|------------------------|------------------|
| <b>INCOME</b>                   |                        |                  |
| Book Depot Income               | 471.76                 | 471.76           |
| "Book Depot via Pay Pal"        | 0.00                   | 0.00             |
| Canadaiqua AFG                  | 198.25                 | 198.25           |
| District 25                     | 205.00                 | 205.00           |
| Hamlin Sunday AFG               | 35.00                  | 35.00            |
| Now Is The Time                 | 67.40                  | 67.40            |
| Penn Yan                        | 26.90                  | 26.90            |
| Saturday Serenity               | 34.80                  | 34.80            |
| Serenity On Saturday            | 195.00                 | 195.00           |
| Spiritual Awakening             | 21.00                  | 21.00            |
| Spiritual Awakening AFG # 27134 | 107.75                 | 107.75           |
| Stepping into Recovery          | 32.00                  | 32.00            |
| Stepping Stones                 | 89.00                  | 89.00            |
| Webster Monday                  | 57.00                  | 57.00            |
| TOTAL Book Depot Income         | 1,540.86               | 1,540.86         |
| Group Donations                 | 73.06                  | 73.06            |
| 7th Tradition                   | 0.25                   | 0.25             |
| Batavia Thursday Noon           | 50.00                  | 50.00            |
| Canandaigua AFG                 | 50.00                  | 50.00            |
| Courage To Change Sat. Mornings | 135.00                 | 135.00           |
| Eastside AFG                    | 37.50                  | 37.50            |
| Member's 7th Tradition          | 100.00                 | 100.00           |
| Now Is The Time AFG             | 50.00                  | 50.00            |
| Webster Monday                  | 124.00                 | 124.00           |
| TOTAL Group Donations           | 619.81                 | 619.81           |
| <b>TOTAL INCOME</b>             | <b>2,160.67</b>        | <b>2,160.67</b>  |
| <b>EXPENSES</b>                 |                        |                  |
| AIS Office                      |                        |                  |
| Phone                           | 44.99                  | 44.99            |
| Rent                            | 575.00                 | 575.00           |
| TOTAL AIS Office                | 619.99                 | 619.99           |
| Book Depot Expense              |                        |                  |
| WSO                             | 1,078.19               | 1,078.19         |
| TOTAL Book Depot Expense        | 1,078.19               | 1,078.19         |
| <b>TOTAL EXPENSES</b>           | <b>1,698.18</b>        | <b>1,698.18</b>  |
| <b>OVERALL TOTAL</b>            | <b>462.49</b>          | <b>462.49</b>    |

## 2 TRANSACTIONS LAST MONTH - Last month

4/1/2025 through 4/30/2025

5/6/2025

Page 1

| Date      | Account  | Num  | Description    | Memo                  | Category                                      |
|-----------|----------|------|----------------|-----------------------|---|
| 4/3/2025  | Checking |      | Paypal Tran... | Online Transfer       | Book Depot Income                             |
| 4/3/2025  | Checking |      | Paypal Tran... | Online Transfer       | Book Depot Income                             |
| 4/3/2025  | Checking | S    | Paypal Tran... |                       | Book Depot Income                             |
|           |          |      |                |                       | Group Donations                               |
| 4/8/2025  | Checking | 1734 | Al-Anon Fam... | invoice 627118        | Book Depot Expense:WSO                        |
| 4/8/2025  | Checking | 1735 | Rich Sam Pr... | May 2025 Rent         | AIS Office:Rent                               |
| 4/8/2025  | Checking | 1733 | Al-Anon Fam... | invoice 627203        | Book Depot Expense:WSO                        |
| 4/9/2025  | Checking | S    | Dda Deposit    |                       | Book Depot Income:Stepping Stones             |
|           |          |      |                |                       | Group Donations:Now Is The Time AFG           |
|           |          |      |                |                       | Group Donations:Member's 7th Tradition        |
|           |          |      |                |                       | Book Depot Income:Spiritual Awakening AFG ... |
|           |          |      |                | 7th Tradition         | Book Depot Income:"Book Depot via Pay Pal"    |
|           |          |      |                | 7th Tradition         | Book Depot Income                             |
|           |          |      |                | Progress Not Perf...  | Group Donations                               |
|           |          |      |                |                       | Group Donations:Webster Monday                |
|           |          |      |                |                       | Group Donations:Courage To Change Sat. Mo...  |
|           |          |      |                |                       | Group Donations:Canandaigua AFG               |
|           |          |      |                |                       | Book Depot Income:Spiritual Awakening AFG ... |
|           |          |      |                | NYN 2025 Spring ...   | Book Depot Income                             |
|           |          |      |                |                       | Book Depot Income:Stepping into Recovery      |
|           |          |      |                | 7th Tradition         | Book Depot Income                             |
|           |          |      |                |                       | Book Depot Income:District 25                 |
|           |          |      |                |                       | Group Donations:Eastside AFG                  |
|           |          |      |                | S. Buffalo            | Book Depot Income                             |
|           |          |      |                |                       | Group Donations:Webster Monday                |
| 4/21/2025 | Checking |      | Spectrum       | April 2025 4/1/25-... | AIS Office:Phone                              |
| 4/22/2025 | Checking | S    | Dda Deposit    | Cash                  | Book Depot Income:Serenity On Saturday        |
|           |          |      |                | Check #1369           | Book Depot Income:Canadaiqua AFG              |
|           |          |      |                | Check # 1257          | Book Depot Income:Penn Yan                    |
|           |          |      |                | Check # 109           | Book Depot Income:Hamlin Sunday AFG           |
|           |          |      |                | Check # 218           | Book Depot Income:Now Is The Time             |
|           |          |      |                | Check # 218           | Book Depot Income:Saturday Serenity           |
|           |          |      |                | Check # 217           | Group Donations:Batavia Thursday Noon         |
|           |          |      |                | Check # 566           | Book Depot Income:Spiritual Awakening         |
|           |          |      |                | Cash                  | Book Depot Income:Webster Monday              |
|           |          |      |                | Cash/Member 7th...    | Book Depot Income                             |
|           |          |      |                | Cash                  | Group Donations:7th Tradition                 |
| 4/29/2025 | Checking | 1736 | Al-Anon Fam... | invoice 628009        | Book Depot Expense:WSO                        |
| 4/29/2025 | Checking | 1737 | Al-Anon Fam... | invoice 628075        | Book Depot Expense:WSO                        |

**4/1/2025 - 4/30/2025**

## 2 TRANSACTIONS LAST MONTH - Last month

4/1/2025 through 4/30/2025

5/6/2025

Page 2

| Tag                  | Clr | Amount    |
|----------------------|-----|-----------|
| Personal Liter...    | R   | 15.81     |
| Personal Liter...    | R   | 25.20     |
| Personal Liter...    | R   | 130.00    |
| Personal Don...      | R   | 48.06     |
|                      | c   | -366.67   |
|                      |     | -575.00   |
|                      | c   | -105.20   |
|                      | c   | 89.00     |
|                      | c   | 50.00     |
|                      | c   | 100.00    |
|                      | c   | 77.00     |
|                      | c   | 0.00      |
|                      | c   | 32.00     |
|                      | c   | 25.00     |
|                      | c   | 76.00     |
|                      | c   | 135.00    |
|                      | c   | 50.00     |
|                      | c   | 30.75     |
|                      | c   | 52.00     |
|                      | c   | 32.00     |
|                      | c   | 44.00     |
|                      | c   | 205.00    |
|                      | c   | 37.50     |
|                      | c   | 168.00    |
|                      | c   | 48.00     |
|                      | c   | -44.99    |
|                      | c   | 195.00    |
|                      | c   | 198.25    |
|                      | c   | 26.90     |
|                      | c   | 35.00     |
|                      | c   | 67.40     |
|                      | c   | 34.80     |
|                      | c   | 50.00     |
|                      | c   | 21.00     |
|                      | c   | 57.00     |
|                      | c   | 4.75      |
|                      | c   | 0.25      |
|                      |     | -408.10   |
|                      |     | -198.22   |
| 4/1/2025 - 4/30/2025 |     | 462.49    |
| TOTAL INFLOWS        |     | 2,160.67  |
| TOTAL OUTFLOWS       |     | -1,698.18 |
| NET TOTAL            |     | 462.49    |

## 4/1/2025 through 4/30/2025

4/1/2025 through 4/30/2025

5/6/2025

Page 5/6/2025

| Date                 | Account  | Num  | Description          | Memo                  | Category                                      | Tag                  | Clr | Amount  |
|----------------------|----------|------|----------------------|-----------------------|---|----------------------|-----|---------|
| 4/3/2025             | Checking |      | Paypal Tran...       | Online Transfer       | Book Depot Income                             | Personal Liter...    | R   | 15.81   |
| 4/3/2025             | Checking |      | Paypal Tran...       | Online Transfer       | Book Depot Income                             | Personal Liter...    | R   | 25.20   |
| 4/3/2025             | Checking | S    | Paypal Tran...       |                       | Book Depot Income                             | Personal Liter...    | R   | 130.00  |
|                      |          |      |                      |                       | Group Donations                               | Personal Don...      | R   | 48.06   |
| 4/8/2025             | Checking | 1734 | AI-Anon Fam...       | invoice 627118        | Book Depot Expense:WSO                        |                      | c   | -366.67 |
| 4/8/2025             | Checking | 1735 | Rich Sam Pr...       | May 2025 Rent         | AIS Office:Rent                               |                      |     | -575.00 |
| 4/8/2025             | Checking | 1733 | AI-Anon Fam...       | invoice 627203        | Book Depot Expense:WSO                        |                      | c   | -105.20 |
| 4/9/2025             | Checking | S    | Dda Deposit          |                       | Book Depot Income:Stepping Stones             |                      | c   | 89.00   |
|                      |          |      |                      |                       | Group Donations:Now Is The Time AFG           |                      | c   | 50.00   |
|                      |          |      |                      |                       | Group Donations:Member's 7th Tradition        |                      | c   | 100.00  |
|                      |          |      |                      |                       | Book Depot Income:Spiritual Awakening AFG ... |                      | c   | 77.00   |
|                      |          |      | 7th Tradition        |                       | Book Depot Income:"Book Depot via Pay Pal"    |                      | c   | 0.00    |
|                      |          |      | 7th Tradition        |                       | Book Depot Income                             |                      | c   | 32.00   |
|                      |          |      | Progress Not Perf... |                       | Group Donations                               |                      | c   | 25.00   |
|                      |          |      |                      |                       | Group Donations:Webster Monday                |                      | c   | 76.00   |
|                      |          |      |                      |                       | Group Donations:Courage To Change Sat. Mo...  |                      | c   | 135.00  |
|                      |          |      |                      |                       | Group Donations:Canandaigua AFG               |                      | c   | 50.00   |
|                      |          |      |                      |                       | Book Depot Income:Spiritual Awakening AFG ... |                      | c   | 30.75   |
|                      |          |      | NYN 2025 Spring ...  |                       | Book Depot Income                             |                      | c   | 52.00   |
|                      |          |      |                      |                       | Book Depot Income:Stepping Into Recovery      |                      | c   | 32.00   |
|                      |          |      | 7th Tradition        |                       | Book Depot Income                             |                      | c   | 44.00   |
|                      |          |      |                      |                       | Book Depot Income:District 25                 |                      | c   | 205.00  |
|                      |          |      |                      |                       | Group Donations:Eastside AFG                  |                      | c   | 37.50   |
|                      |          |      | S. Buffalo           |                       | Book Depot Income                             |                      | c   | 168.00  |
|                      |          |      |                      |                       | Group Donations:Webster Monday                |                      | c   | 48.00   |
| 4/21/2025            | Checking |      | Spectrum             | April 2025 4/1/25-... | AIS Office:Phone                              |                      | c   | -44.99  |
| 4/22/2025            | Checking | S    | Dda Deposit          | Cash                  | Book Depot Income:Serenity On Saturday        |                      | c   | 195.00  |
|                      |          |      |                      | Check #1369           | Book Depot Income:Canadaigua AFG              |                      | c   | 198.25  |
|                      |          |      |                      | Check # 1257          | Book Depot Income:Penn Yan                    |                      | c   | 26.90   |
|                      |          |      |                      | Check # 109           | Book Depot Income:Hamlin Sunday AFG           |                      | c   | 35.00   |
|                      |          |      |                      | Check # 218           | Book Depot Income:Now Is The Time             |                      | c   | 67.40   |
|                      |          |      |                      | Check # 218           | Book Depot Income:Saturday Serenity           |                      | c   | 34.80   |
|                      |          |      |                      | Check # 217           | Group Donations:Batavia Thursday Noon         |                      | c   | 50.00   |
|                      |          |      |                      | Check # 566           | Book Depot Income:Spiritual Awakening         |                      | c   | 21.00   |
|                      |          |      |                      | Cash                  | Book Depot Income:Webster Monday              |                      | c   | 57.00   |
|                      |          |      | Cash/Member 7th...   |                       | Book Depot Income                             |                      | c   | 4.75    |
|                      |          |      | Cash                 |                       | Group Donations:7th Tradition                 |                      | c   | 0.25    |
| 4/29/2025            | Checking | 1736 | AI-Anon Fam...       | invoice 628009        | Book Depot Expense:WSO                        |                      |     | -408.10 |
| 4/29/2025            | Checking | 1737 | AI-Anon Fam...       | invoice 628075        | Book Depot Expense:WSO                        |                      |     | -198.22 |
| 4/1/2025 - 4/30/2025 |          |      |                      |                       |   | 4/1/2025 - 4/30/2025 |     | 462.49  |

# AIS Rochester Web Committee Report

## May 2025

Hello Fellow AIS members,

I keep updating the website as I become aware of changes that need to be made. I would like to remind you that it is YOUR website - so if you see something that could be changed to be more helpful for members - please let me know! I can make the changes - I like it when we all get to decide what it should look like.






Keep sending updates and anniversary flyers!

Thank you-  
Respectfully submitted,  
Ellen V



## Stats at a Glance

### All Time Stats

|  |         |
|--|---------|
|  Total Page Views   | 110,811 |
|  Total Sessions     | 47,028  |
|  Number of Posts    | 0       |
|  Number of Pages    | 13      |
|  Number of Comments | 0       |

### Most Popular Times

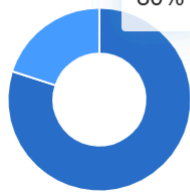
#### Top days

| Thu             | Wed            | Sat             |
|-----------------|----------------|-----------------|
| 25.98% of Views | 17.9% of Views | 15.53% of Views |

#### Top hours

| 4 PM            | 3 PM           | 8 AM           |
|-----------------|----------------|----------------|
| 10.02% of Views | 8.14% of Views | 7.75% of Views |

### New vs. Returning Visitors



|             |     |
|-------------|-----|
| ● New       | 80% |
| ● Returning | 20% |

### Device Breakdown





|           |     |
|-----------|-----|
| ● Desktop | 43% |
| ● Tablet  | 3%  |
| ● Mobile  | 54% |

### Top 10 Countries

|     |                |       |
|-----|----------------|-------|
| 1.  | United States  | 1,816 |
| 2.  | China          | 8     |
| 3.  | Indonesia      | 6     |
| 4.  | Canada         | 4     |
| 5.  | France         | 1     |
| 6.  | India          | 1     |
| 7.  | Brazil         | 0     |
| 8.  | Germany        | 0     |
| 9.  | United Kingdom | 0     |
| 10. | Ireland        | 0     |

[View Countries Report](#)

### Top 10 Referrals

|     |   |    |
|-----|---|----|
| 1.  |  conferenceofthelakes.org          | 12 |
| 2.  |  tthd.aitrcus.online               | 1  |
| 3.  |  chatgpt.com                       | 0  |
| 4.  |  facebook.com                      | 0  |
| 5.  |  lm.facebook.com                   | 0  |
| 6.  |  m.baidu.com                       | 0  |
| 7.  |  m.facebook.com                    | 0  |
| 8.  |  sites.google.com                  | 0  |
| 9.  |  us.search.yahoo.com               | 0  |
| 10. |  usc-word-edit.officeapps.live.com | 0  |

[View All Referral Sources](#)

## Top Posts/Pages



|     |  |       |
|-----|--|-------|
| 1.  | (not set)  | 2,160 |
| 2.  | Find A Meeting (scroll down for list) - Greater Rochester AI-Anon                              | 1,318 |
| 3.  | AI-Anon Information Service Rochester, NY 585-288-0540 - Greater Rochester AI-Anon             | 882   |
| 4.  | Events & Activities - Greater Rochester AI-Anon  | 160   |
| 5.  | Welcome Newcomer! We are glad you are here - Greater Rochester AI-Anon                         | 61    |
| 6.  | AI-Anon Literature - Greater Rochester AI-Anon   | 36    |
| 7.  | Districts - Greater Rochester AI-Anon  | 30    |
| 8.  | AIS Rochester Committee Meeting Minutes, Treasurer Corner & Bylaws - Greater Rochester AI-Anon | 26    |
| 9.  | About AI-Anon - Greater Rochester AI-Anon  | 24    |
| 10. | Contact AIS - Greater Rochester AI-Anon  | 23    |

[View Full Posts/Pages Report](#)

Show

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