

District 25 Meeting Minutes- DRAFT
August 2, 2025 at 10 AM

1. Opening

Moment of silence and Serenity Prayer: Led by Brenda

Attendance: Kathy V, Maggie E, Natalie E, Brenda, Carolyn, Dennis C. Genia, Tonilynn

Introductions:

Carolyn- Alternate GR for Monday Sunshine Group

Dennis- Public Outreach Chairperson for Rochester AIS

Reading of Twelve Concepts of Service: read by Maggie
& General Warranties (even months)-read by Kathy

Dennis- report on outreach ongoing projects:

- John L. Norris Informational Meetings 2x/month. The meetings are for patients. Norris has not opened the meetings up to family and friends.
- 2 beginners meetings Wed. 11:00 & Saturday 11:30. Requests for newcomer packets has decreased. Both meetings are only on zoom.
- Al-Anon volunteer goes to Jennifer House monthly. Jennifer House is for women recently released from prison. Groups were asked to donate literature to Jennifer House & did.
- There has been a request from the Monroe County Jail to have Al-Anon members volunteer to go into the jail to share. Volunteers will go undergo a background check, orientation etc. This volunteer opportunity requires a solid commitment on the part of the volunteer due to the depth of the approval process. The Al-Anon volunteers could choose the time of day to do this. The jail is in the Public Safety building in downtown Rochester. This may be ideal for dual members. Please help spread the word.

2. District reports

Secretary (Kathleen V): July minutes were prepared by Brenda in Kathy's absence. July minutes were distributed and read by members prior to the meeting.

Carolyn made a motion to accept the July minutes as read. Tonilynn 2nd the motion.

Treasurer (Maggie E):

Opening balance	\$1,532.05
Additions	+ 75.00 (Courage to Change donation)
Payments	- <u>50.00</u> (Stipend to Maggie toward attendance at the 2025 Assembly)
Ending Balance	\$1557.05

Vera will become the new Treasurer, and she is searching for a bank that has free checking. Maggie will transition Treasurer responsibilities to Vera when a bank is located. *CNB assists with Al-Anon accounts

Tonilynn motioned to keep Maggie on the Treasury account as another signer. Carolyn 2nd.

District Representative (DR) (Brenda L)

Nothing of significance to report

E-meeting Host (Maggie E)

Maggie has agreed to maintain this position until September.

Tonilynn is willing take over this role.

3. District topics

- Confirm next District 25 meeting date Sept. 6: Kathy will not be available this date.
- District Officer nominations: no updates
- Monday, Aug 11 Noon: Canandaigua Monday Noon 42nd Anniversary Meeting, face to face meeting
- Monday, Aug 11 8PM: Monday night St Louis AFG 41st Anniversary Meeting, face to face
- Saturday, Aug 16 9AM: Summer Area World Service Conference (AWSC) - electronic only, Brenda to attend and others are welcome
- Saturday, Sep 20: 2025 NY North Area Fall Assembly – electronic only, Brenda unable to attend. Maggie will be the Alternate DR for this meeting.

- WSO In the Loop newsletter- several article links shared
 - o Al-Anon copyrights are Worthy of Protecting
 - o Sponsorship Writing Guide-WSO was looking for people to write about it
 - o The Role of Al-Anon LDCs
 - o Tradition Seven -- Not (Just) About the Money!
 - o Understanding the “Report a Problem” with a Meeting Process

4. Group reports & topics

- Group updates and projects
 - o Natalie- 1 or 2 new people each week @ the Webster Monday meeting. Feeling good about the group at this time. AA meeting near the same time and place.
- Brenda- Eastside AFG has started having a monthly Group Conscience. They have had success in getting people to do service and lead meetings. 1st step meetings are offered when needed. There is more engagement and participation in the meeting currently.
- Carolyn-Monday Sunshine group is growing. When a difficult situation arose, they held a group conscience and rewrote some meeting notes. Reminders about length of time of sharing and respectful behavior etc.(no eye rolling) were addressed in the rewritten notes.
It was mentioned that there are some meetings that have a designated timer.
- Maggie- meeting attendance has declined at the Newark Sunday Serenity meeting. Possibly due to summer months? They offer 1st step meetings to newcomers but some would decline and choose to just listen in on the regular meeting.

5. Close with the Al-Anon Declaration

Please send donations to: District 25, c/o Maggie E, [REDACTED]
[REDACTED]