Al-Anon Service Meeting Agenda/Minutes Date: November 8th. 2025

10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

Opening:

Serenity Prayer

Reading of:

• 12 Traditions: Brenda L.

• 12 Concepts of Service: Julie B

• Warranties: John F

• Expanded Concept of the Month: Kathy S

Roll Call First Names Only

• See excel spreadsheet

Welcome all to the AIS Rochester monthly meeting.

We hope you will find in this fellowship:

- Growth in your program and understanding of how AIS works.
- A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

Chair

- We will be voting on the following positions today. So far, these members are willing to serve. Service starts January 1st, 2026 2-year term
 - o Chairperson Julie B.
 - o Vice Chair
 - Secretary Jessica P.
 - Activities (or one event at a time like the Tureen Supper)
 - o Intergroup Rep Brenda L.
 - Office Coordinator Terry D.

Contact chairperson@aisrochester.org for questions and information.

During the meeting each member standing for the positions listed above shared their prior experience in Al Anon service. Members were given the opportunity to ask questions, then Pat asked the ISRs to vote. All were unanimously voted in for the next term which starts January 2026.

The positions of Vice Chair and Activities remain vacant. Please consider stepping up. Service is 1/3 of recovery.

- Meetings that need help: Tuesday, Scottsville AFG @ 8 pm, zoom only and Thursday Good Old Gang AFG @7 pm in person, East Avon.
- Anonymity: Reminder of the importance of anonymity in our program.

Tradition 12 states: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

Page 19 of the Al Anon Service Manual has a Reading on Anonymity:

When newcomers or visitors are present, the group may want to read an explanation of anonymity, such as: "Members use their full names within the fellowship when they wish. The degree of anonymity a member chooses (first name, pseudonym, or full name) is not subject to criticism. Each member has the right to decide. "Regardless of our personal choice, we guard the anonymity of everyone else in the fellowship, Al-Anon/Alateen, and A.A. This means not revealing to anyone—even to relatives, friends, and other members—whom we see and what we hear at a meeting. "Anonymity goes well beyond mere names. All of us need to feel secure in the knowledge that nothing seen or heard at a meeting will be revealed. We feel free to express ourselves among our fellow Al-Anons because we can be sure that what we say will be held in confidence."

- Zoom accounts
 - o 10 meetings paying \$3 a month, \$360 a year income cost of having this account for AIS is \$319.80
 - Keep the cost per meeting the same or make a change?
 Zoom accounts discussion included in Finance report

Vice Chair

Secretary

- Review of last month's meeting minutes: Not Available-will review next month
- Motion to approve minutes:
- Seconded by:
- Minutes passed as written:

Treasurer Documents attached

- Motion to approve: Loron O.
- **Seconded**: Maureen C.
- Approved

Finance

Finance Preliminary 2026 AIS Budget (also attached)

						20	26 Prelin	inary AIS	Budget							
Income		2026	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total to Date Year End	
	Book Depot	\$13,500	0	0	3375	. 0	0	3375	0	0	3375	0	0	3375	\$13,500	per John
	Donations	\$7,500	625	625	625	625	625	625	625	625	625	625	625	625	\$7,500	
	Fundraisers	\$1,500						750						750	\$1,500	
	Zoom Reimbursement	\$300	25	25	25	25	25	25	25	25	25	25	25	25	\$300	
Total	Income	\$22,800	650	650	4025	650	650	4775	650	650	4025	650	650	4775	\$22,800	
Expenses	1															
	State Farm Insurance	\$428	0	0	0	0	0	0	0	0	0	0	428	0	\$428	
!	Spectrum Phone	\$660	55	55	55	55	55	55	55	55	55	55	55	55	\$660	
1	Rent	\$6,960	580	580	580	580	580	580	580	580	580	580	580	580	\$6,960	
1	Supplies and Postage	\$384			96			96			96			96		per Terry
i	WSO Donation	\$500	0	0	125	0	0	125	0	0	125	0	0	125	\$500	Discussion needed
;	Quicken	\$132	132	0	0	0	0	0	0	0	0	0	0	0	\$132	
•	Total Virus Protection	\$99	99	0	0	0	0	0	0	0	0	0	0	0	\$99	
;	Microsoft	\$39	0	0	0	0	0	0	39	0	0	0	0	0	\$39	
)	Zoom Workplace Pro	\$319	0	0	0	0	0	0	319	0	0	0	0	0	\$319	
)	Domaine Name	\$18	18	0	0	0	0	0	0	0	0	0	0	0	\$18	
	Standard SSL Certificate	\$80	80	0	0	0	0	0	0	0	0	0	0	0	\$80	
!	.COM Domain Registrat	\$17	0	0	0	0	17	0	0	0	0	0	0	0	\$17	
	.Net Domaine Registrat	\$17	0	0	0	0	17	0	0	0	0	0	0	0	\$17	
	.ORG Domain Registrat	\$17	0	0	0	0	17	0	0	0	0	0	0	0		
i	Web Hosting Economy	\$108	0	0	0	0	0	0	0	0	0	108	0	0	\$108	
j	Web upgrades, edits, in	\$120	0	0	0	0	120	0	0	0	0	0	0	0	\$120	
1	Public Information/Out	\$500	\$42	\$83	\$83	\$83	\$83	\$83	\$83	\$83	\$83	\$83	\$83	\$83	\$955	No record of spending in 20
3	Book Depot Expense	\$11,500	0	0	2875	0	0	2875	0	0	2875	0	0	2875	\$11,500	Per John
)	Activities/ Fundraising	\$250			125						125				\$250	
)	Chair Person-Inter Grou	\$300	25	25	25	25	25	25	25	25	25	25	25	25	\$300	
!	Alateen	\$100	0	0	50	0	0	50	0	0		0	0		\$100	Discussion needed
Total	Expenses	\$22,548	\$1,031	\$743	\$4,014	\$743	\$914	\$3,889	\$1 101	\$7/12	\$3,964	\$851	\$1,171	\$3,839	\$23,003	
Total	Expenses	φ22,040	φ1,031	\$743	φ4,014	\$143	\$314	φ3,009	φ1,101	φ/43	φა,964	\$001	\$1,1/1	\$3,039	\$23,003	

Stevan shared the preliminary 2026 budget and the process that he and the Treasurer, Kathy S, used to create it. This included reviewing data from past years along with input from officers and coordinators. Items to follow up on prior to approving the proposed budget:

- Cost of literature used for Outreach in 2025 (not included in past budgets)
- Zoom account cost
 - Yearly cost of zoom accounts=\$319
 - Home groups and districts that use the AIS zoom account pay \$3 month=\$360 yr
 - Question to the group: should the cost to home groups/districts be changed
- Alateen Budget
 - Robin B is an AMIAS for the Tuesday night Alateen meeting and she shared details from that meeting which include:
 - Attendance varies but usually 3 returning members with occasional 1-3 others joining
 - Typically, the teens do not contribute. Only Robin and Maureen, who lead the group, contribute and often pay out of their own pockets for extra's like their anniversary meeting held each March.
 - Typical needs are literature, newcomer packets, subscription to the Forum.
 - They do not have to pay rent as the meeting occurs at the same time as an Al Anon mtg in the building.
 - The group is in favor of a \$200 Alateen budget to cover the costs associated with maintaining Rochester's only Alateen meeting.

Kathy S requests that anyone sending money to AIS to please include on the check:

- Group Name and ID
- What the funds are for:
 - Group donation
 - o Zoom Account
 - Literature purchase

These details support the treasurer's ability to provide accurate treasurer reports and future budget creation.

Alateen

See Finance report.

A special thank you to Robin and Maureen for all you do to ensure Alateen meeting is available in Rochester

Activities

Tureen supper held last month was a HUGE success!

Over 100 attended the event

This activity raised over \$900 for AIS

Thank you to Deb and all that worked to put on this event.

Book Depot

John is getting ready to support upcoming group and district events by having literature available.

Intergroup Rep

Hot tips from Loron

Find a Meeting from the WSO website

https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/
 best to use city or "my location" rather than zip code to find meeting

Reminder for groups to subscribe to the LOOP through the WSO

https://al-anon.org/for-members/wso/news-from-the-wso/

Link to the quarterly appeal letter below, would highlight the second page noting what the WSO does with our funds:

• https://al-anon.org/pdf/Quarterly-Appeal-Letter-November-2025.pd

Did your group discuss the naming policy that the WSO will vote on in 2026?

WSO Board of Trustees' selection-the shortened process or present process? See link below

- https://www.nynafg.com/pdf/2025/0920-delegatePresentation.pdf
- Open house for Alanon WSO April 25, 2026, 2 hours to Celebrate Al-Anon 75 years!

Respectfully Submitted and hope to see you soon at your meetings! Loron O

Office Coordinator

AIS ROCHESTER ANNUAL OPEN HOUSE (Flyer attached)

2507 Browncroft Blvd., Ste #101, Rochester, NY 14625 Saturday, December 6, 2025 1PM – 3PM

Pizza, Cookies & Coffee Door Prize Literature for Sale Fellowship

Public Outreach

- Committee members continue to follow through with individual projects, Libraries, Post Offices, Community Centers, Health Centers and Coffee Shops. Follow up and restocking of materials as needed.
- Al-anon meeting at the Monroe County Jail continues in process. Dennis is encouraged by the number of Al-anon members who have agreed to complete applications, both men and women.
 *Jail has updated applications and will NOT accept previously completed applications. Volunteers have been informed of this and updates are in process.
- John L. Norris Clinic informational meeting continues to meet bi-weekly. There are four Al-anon members who have maintained this meeting for the last three years. It has been reported that it is time to recruit new members to take on this bi-weekly meeting. Flyer has been prepared to ask for volunteers, this added to website. Awaiting identification of volunteers and orientation of same. To date, one member has expressed interest in this position.
- Beginner's meetings in the Rochester area continue to meet regularly, Wednesday at 11:00am and Saturday at 11:30am.
- Newcomer packets continue to be sent as requests come into AIS. Requests continue to be fewer this year than last year. It has recently become apparent that there is a problem with the website forwarding newcomer requests to Outreach Chair. Website Chair has been made aware of this, awaiting correction of problem.
- Al-anon volunteer visits Jennifer House on the second Monday of the month. Cathy KP is currently Volunteer, our thanks for her service. Looking for volunteers to step into service positions as current volunteers are asking for relief. Flyer has been prepared asking for volunteers, this has been added to website. Awaiting identification of volunteers and orientation of same. To date, two members have expressed interest in this position.

Next meeting of the Outreach Committee is scheduled for January 21, 2026, at 6:00pm. Access to this meeting may be gained through aisrochester.org website.

** Be advised, my term as Chair of this committee will expire on December 31, 2026. Anyone interested in this position, please identify yourself. I am happy to share my experience with this position and mentor as is necessary.

Submitted in Service, Dennis C.

Website: Website Traffic Report Attached

Hello Fellow AIS members,

If you have not already noticed the calendar of events looks different - it is now based off our AIS Rochester google calendar. On the back end this will save a lot of time entering information, and in the spirit of rotation of service it is much easier to manage. When you are on the events page, you can change the calendar view from "Schedule" to "month" or "week". You can also change the view to only the AIS Rochester events, holidays and/or NYN events

Keep sending updates and anniversary flyers!

Thank you-Respectfully submitted,

Ellen V

Group Announcements see AIS website events and activities page for up to date details /events

22 NOV, SAT	• 11:45am – 3pm	District 29 Day of Sharing St. Patrick's Church, 115 Maple Ave, Victor, NY 14564
24 NOV, MON	• 7:30 – 8:30pm	Henrietta AFG 56th Anniversary Meeting

Save the date: District 2 will be hosting a day of Sharing April 18th, 2026. Mark your calendars!

Unfinished Business

New Business

						20	26 Prelir	ninary AIS	Rudget								
							20110111	illiary 7410	Duaget						Total to		
															Date Year		
Income		2026	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	End		
moonic	Book Depot	\$13,500	0	0	3375	0	0	3375	0	0	3375	0	0	3375		per John	
	Donations	\$7,500	625	625	625	625	625	625	625	625	625	625	625	625	\$7,500	ł • • • • • • • • • • • • • • • • • • •	
	Fundraisers	\$1,500	020	020	020	020	020	750	020	020	020	020	020	750	\$1,500	1	
	Zoom Reimbursement	\$300	25	25	25	25	25	25	25	25	25	25	25	25	\$300	1	
	Zoom nombaroomone	φοσσ	20	20	20						20		20	20	ΨΟΟΟ		
Total	Income	\$22,800	650	650	4025	650	650	4775	650	650	4025	650	650	4775	\$22,800		
Expenses																	
	State Farm Insurance	\$428	0	0	0	0	0	0	0	0	0	0	428	0	\$428		
	Spectrum Phone	\$660	55	55	55	55	55	55	55	55	55	55	55	55	\$660		
	Rent	\$6,960	580	580	580	580	580	580	580	580	580	580	580	580	\$6,960	1	
	Supplies and Postage	\$384			96			96			96			96		per Terry	
	WSO Donation	\$500	0	0	125	0	0	125	0	0	125	0	0	125		Discussion	needed
	Quicken	\$132	132	0	0	0	0	0	0	0	0	0	0	0	\$132		
	Total Virus Protection	\$99	99	0	0	0	0	0	0	0	0	0	0	0	\$99		
	Microsoft	\$39	0	0	0	0	0	0	39	0	0	0	0	0	\$39		
	Zoom Workplace Pro	\$319	0	0	0	0	0	0	319	0	0	0	0	0	\$319		
	Domaine Name	\$18	18	0	0	0	0	0	0	0	0	0	0	0	\$18	!	
	Standard SSL Certificate	\$80	80	0	0	0	0	0	0	0	0	0	0	0	\$80		
	.COM Domain Registration	\$17	0	0	0	0	17	0	0	0	0	0	0	0	\$17		
	.Net Domaine Registration	\$17	0	0	0	0	17	0	0	0	0	0	0	0	\$17		
	.ORG Domain Registration	\$17	0	0	0	0	17	0	0	0	0	0	0	0	\$17		
	Web Hosting Economy	\$108	0	0	0	0	0	0	0	0	0	108	0	0	\$108		
	Web upgrades,edits, integ		0	0	0	0	120	0	0	0	0	0	0	0	\$120		
	Public Information/Outrea	\$500	\$42	\$83	\$83	\$83	\$83	\$83	\$83	\$83	\$83	\$83	\$83	\$83			of spending in 2025
	Book Depot Expense	\$11,500	0	0	2875	0	0	2875	0	0	2875	0	0	2875		Per John	
	Activities/ Fundraising	\$250			125						125				\$250	1	
	Chair Person-Inter Group I	\$300	25	25	25	25	25	25	25	25	25	25	25	25	\$300	1	
	Alateen	\$100	0	0	50	0	0	50	0	0		0	0		\$100	Discussion	needed
Total	Expenses	\$22,548	\$1,031	\$743	\$4,014	\$743	\$914	\$3,889	\$1,101	\$743	\$3,964	\$851	\$1,171	\$3,839	\$23,003		
Total	Income - Total Expenses	\$252															
	Mich Liet																
	Wish List																
	Color Printer & Ink																

AIS Expenses

Estimate 2026

				Every 2	l Year		
Category	Tag	Monthly	Yearly	Years	Budget	Due Date	
	`						
AIS Office							
State Farm Insurance	AIS Office:Insurance		428.3			11/16/2026	
Spectrum Phone	AIS Office:Phone	44.99	539.88			18th of Month	
Rent	AIS Office:Rent	580	6960		1	Month in Advance	
Supplies and Postage	AIS Office:Supplies and Postage						
WSO Donation from AIS	AIS: WSO Donations from AIS		500			Year End	
Quicken	AIS: Software/Licenses		131.88			1/7/2026	
Total Virus Protection	AIS: Software/Licenses		99			1/8/2026	
Microsoft	AIS: Software/Licenses		38.88			7/17/2026	
Zoom Workplace Pro	AIS Office:Website		319.38			7/23/2026	
Domaine Name	AIS Office:Website		18		18		
Standard SSL Certificate	AIS Office:Website		79.94	159.98	79.94	1/26/2027	
.COM Domain Registration	AIS Office:Website		16.99	33.98	16.99	5/2/2027	
.Net Domaine Registration	AIS Office:Website		16.99	33.98	16.99	5/2/2027	
.ORG Domain Registration	AIS Office:Website		16.99	33.98	16.99	5/2/2027	
Web Hosting Economy	AIS Office:Website		107.88	215.76	107.88	10/3/2027	
Web upgrades, edits, integration	AISOffice:Website		120			Upon Receipt	
Public Information/Outreach	AISOffice:Outreach		1000			Upon Receipt	
Book Depot Expense						Upon Receipt	
Activities/ Fundraising			500			Upon Receipt	
Chair Person-Inter Group Rep			300			Upon Receipt	
Outreach			1000				includes mailing, regist
Alateen			200				
Pilferage							
Total		624.99	12394	477.68			

Items in blue listed YEARLY are half of those paid every other year.

Per Ellen: It is up to Finance as to how to account in the budget.

Computer Software Licenses are paid every year

Web Licenses, Certificates and Registrations highlighted are paid every 2 years

Page 1

1 BANKING SUMMARY - Oct 2025 - Last month

1	∩/1	/2025	through	10/31	/2025	(Cash	Rasis	١
	U/I	/とひとひ	unouun	10/51	/ZUZ	(Casii	Dasis	1

Category	10/1/2025- 10/31/2025	OVERALL TOTAL
INCOME		
Book Depot Income	1,037.65	1,037.65
Fundraiser	1,200.00	1,200.00
Group Donations	708.40	708.40
FROM Savings	36.00	36.00
TOTAL INCOME	2,982.05	2,982.05
EXPENSES AIS Office		
Phone	55.00	55.00
Website	215.76	215.76
TOTAL AIS Office	270.76	270.76
AIS Office Rent	580.00	580.00
WSO Donation from AIS	250.00	250.00
Zoom Communications	-319.80	-319.80
TO Savings	319.80	319.80
TOTAL EXPENSES	1,100.76	1,100.76
OVERALL TOTAL	1,881.29	1,881.29

2 TRANSACTIONS LAST MONTH - Last month

10/1/2025 through 10/31/2025

2025 Date	Account	Num	Description	Memo	Category	Tag	Clr	F Amount
Date	Account	INUITI	Description	Wemo	Category	ray	CII	Amount
10/3/2025	Checking	S	Deposit	Check # 4665	Group Donations	Batavia AFG	R	25.0
				Cash	Book Depot Income	Penn Yan AF	R	18.0
				Cash	Book Depot Income	Stepping Into	R	60.0
				Check # 3039	Group Donations	Faith & Hope	R	100.0
				Cash	Book Depot Income	Serenity Seek	R	14.2
				Check # 257	Group Donations	Saturday Sere	R	50.0
10/6/2025	Checking		Domains		AIS Office:Website	Domains	R	-215.7
10/8/2025	Checking	S	Deposit	Check # 571	Book Depot Income	Serenity On S	R	222.0
				Check # 571	Group Donations	Serenity On S	R	5.2
				Cash	Group Donations	Member 7th T	R	2.0
				Check # 1047	Book Depot Income	Hope for Toda	R	123.7
				Check # 1048	Group Donations	Hope for Toda	R	285.
				Check # 0228734	. Group Donations	Victor Parents	R	50.0
10/8/2025	Checking		Dda Credit		[Savings]	Personal Liter	R	36.0
10/8/2025	Checking	29801	Dda Debit	Invoice # INV314	Zoom Communications		R	319.
10/8/2025	Checking		Dda Debit	Invoice # INV314	[Savings]		R	-319.
10/15/2025	Checking	1753	Rich Sam Pr	. Nov. Rent	AIS Office Rent		R	-580.0
10/15/2025	Checking	1754	Al-Anon Fam.	AIS WSO 2025	WSO Donation from AIS		R	-250.0
10/16/2025	Checking	S	Deposit	Check # 1386	Group Donations	Canandaigua	R	50.0
				Cash	Book Depot Income	Member 7th T	R	49.0
				Cash	Group Donations	Member 7th T	R	11.0
				Check # 502	Group Donations	Courage to C	R	130.0
				Check # 518	Book Depot Income	Progressing N	R	42.0
				Check # 229	Book Depot Income	Hamlin Sunda	R	173.0
				Cash	Book Depot Income	Webster Mon	R	25.
10/18/2025	Checking	ATM	Spectrum M	. Oct Phone	AIS Office:Phone		R	-55.0
10/29/2025	Checking	S	Deposit	Cash	Book Depot Income	Member 7th T	R	11.0
				Cash	Book Depot Income	Member 7th T	R	19.0
				Cash	Book Depot Income	Member 7th T	R	17.0
				Cash	Book Depot Income	Member 7th T	R	21.0
				Check #612	Book Depot Income	Spencerport 1	R	137.0
				Cash	Book Depot Income	Member 7th T	R	3.2
				Check #0000329	Fundraiser	AIS Tureen S	R	1,175.0
				Check #3047	Fundraiser	AIS Tureen S	R	25.0
				Cash	Book Depot Income	Webster Mon	R	102.0

10/1/2025 - 10/31/2025 1,881.29

2 TRANSACTIONS LAST MONTH - Last month

10/1/2025 through 10/31/2025

					10/1/2020 1111048	gii 10/01/2020		
11/6/2	025							Page 2
	Date	Account	Num	Description	Memo	Category	Tag Clr	Amount
							TOTAL INFLOWS	3,301.85
							TOTAL OUTFLOWS	-1,420.56
							NET TOTAL	1,881.29

Citizens Bank Checking and Savings Oct-25

Checking	<u>Savings</u>
----------	----------------

Previous Balance	\$ 10,891.21	Previous Balance	\$ 17,424.62
Checks	\$ 2,169.58	Withdrawals & Debits	\$ 36.00
Debits	\$ 590.56	Deposits & Credits	\$ 332.80
Deposits & Credits	\$ 2,982.05	<u>Interest Paid</u>	\$ 0.15
Current Balance	\$ 11,113.12	Current Balance	\$ 17,721.57

----- ANNUAL OPEN HOUSE -----AIS ROCHESTER

2507 Browncroft Blvd., Ste #101, Rochester,NY 14625

Saturday, December 6, 2025

1PM – 3PM

- --- Pizza, Cookies & Coffee ---
 - --- Door Prize ---
 - --- Literature for Sale ---
 - --- Fellowship ---



Join in this Celebration!!!!