

Al-Anon Service Meeting Agenda/Minutes

August 8/8/25

10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

1. **Opening:** Pat - Serenity Prayer
2. **Reading of:**
 - 12 Traditions: Julie B
 - 12 Concepts of Service: John F
 - Warranties: Ellen V
 - Expanded Concept of the Month: Concept 8 Stevan
3. **Roll Call** (First Names Only)
 - See Excel spreadsheet.
4. **Welcome:** Pat - Welcome all to the AIS Rochester monthly meeting.

We hope you will find this fellowship:

- Growth in your program and understanding of how AIS works.
- A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.

5. **Reports from Officers and Coordinators**

- **Chair:** Pat H.
 - Fundraiser for AIS - Tureen Supper - Sunday, Oct. 19th
 - Positions that we will be voting on in November, please consider:
 1. Chairperson,
 2. Vice Chair
 3. Secretary,
 4. Activities (or one event at a time),
 5. Book Depot,
 6. Intergroup Rep,
 7. Office Coordinator.

- **Vice Chair:** Open
- **Secretary:** Maggie
 - Review of last month's meeting minutes
 - Motion to approve minutes: Stevan
 - Seconded by: Julie
 - Minutes passed as written: Yes
- **Treasurer:** Kathy S

Stevan reviewed the treasurer's reports in Kathy's absence

- There are some issues with the current financial reports in Quicken which will need to be deleted from Quicken and replaced with new reports. Until the new reports are set up, only the Monthly Budget Report will be included in the AIS Monthly Meeting Minutes.
- Motion to approve: Harriet
- Second: Julie
- Passed
- **Finance:** Stevan.
 - See above
- **Alateen:** Maureen
 - No update
- **Activities:** See Tureen Supper Flyer
- **Book Depot:** Cassandra P.

NYN Area Assembly Book Sales totaled \$844.25.

1. Books with the highest sales
 - a. B-32 How Al-Anon Works \$98.00
 - b. P-91 Blueprint for Progress \$54.00
 - c. P-24/27 Al-Anon/Alateen Service Manual \$44.00
 - d. B-15 In All Our Affairs. \$42.00
 - e. K-10 Newcomer Packet \$42.00

2. Books with the highest purchases

- a. K-10 Newcomer Packer (30)
- b. B-32 How Al-Anon Works (14)
- c. M-81 Just for Tonight (10)
- d. P-24 Groups at Work (9)
- e. P-31 Sponsorship. What It's All About

3. AIS Basket Donation with Literature. \$149.65

General Stats on Book Sales by AIS YTD

○ Books that are our largest moneymakers

- a. B-32 How Al-Anon Works \$1,365.00
- b. B-16 Courage to Change \$864.00
- c. B-34 A Little Time for Myself \$663
- d. B-27 Hope for Today \$544
- e. B-06 One Day at a Time in Al-Anon \$273
- f. B-24 Paths to Recovery \$273

○ Books with the highest purchase volume

- a. B-32 How Al-Anon Works (195)
- b. K-10 Newcomer Packet (183)
- c. M-81 Just for Tonight, Al-Anon Bookmark (151)
- d. S-19 Detachment (141)
- e. M-12 Just for Today, Al-Anon Bookmark (118)

WSO is still out of stock of B-07 Lois Remembers. We do not currently have any of these books in stock. WSO has not had these in for a couple of months. I will continue checking each week and will order them as soon as they are available.

A book that has long been out of print is now available as an e-book. **Having Had a Spiritual Awakening** features member sharing's, photographs and artwork from around the globe reflecting the diversity of Al-Anon's spiritual experiences.

In the preface of the book, Al-Anon co-founder, Lois W., said: *"The word spirituality means so much it is hard to define.... I think that spirituality is living a life that has a deeper meaning than the search for daily necessities. If we live spiritually in our daily life, then we find deeper fulfillment for ourselves.... Every activity can have a spiritual motive."*

You may access this e-book on the WSO site at <https://al-anon.org/for-members/membersresources/literature/feature-publications/having-had-a-spiritual-awakening-eb25/>

- **Intergroup Rep:** Loron O.

Below is the report Loron will be sharing at the AWSC later this month:

We will be electing new ½ of our officers at Rochester AIS in November

We are looking for Chairperson, Vice Chair, Secretary, Activities, Book Depot, Intergroup Rep and Office Coordinator.

We have new software to help organize our finances. This has helped consolidate information from other sources and share reports with members. Come visit us at our newer offices where we have help 4 days a week at the office!

Book depot sales are brisk and sales at Day of Sharing and Anniversary Meetings are helpful

Outreach includes display at Overdose Awareness Event held 8/28 in Rochester

Outreach at ROCovery Fitness Run/Walk and X-trail Challenge on September 14th. We met with Wayne County Community Assistance "United We Stand". And had displays at Wayne County libraries to spread the word. We have been asked to bring a meeting to the Monroe County Jail. This is a complex process which we will need to learn more about before we respond. Ongoing outreach at treatment centers and sober houses occur two times a month.

Other events include Day of sharing in June and 4 other anniversary meetings this summer!

We are looking forward to virtual AWSC in September and will encourage group meetings to watch, listen, and vote.

Your Intergroup Rep will visit meetings to answer questions and ideas from members for AIS.

Respectfully Submitted,
Loron Oster Intergroup Rochester AIS

- **Newsletter:** Teresa

Articles for the newsletter due by Wednesday August 13th

- **Office Coordinator:** Terry D.

- Volunteers are needed to help staff at the AIS office
- The AIS Office will be hosting a second annual Open House at the AIS office location, 2507 Browncroft Blvd, and the tentative date is 12/6/25. I will be sending a doc for Teresa to add to the newsletter for distribution.

○ **Outreach:** Dennis

Committee members continue to follow through with individual projects, Libraries, Post Offices, Community Centers, Health Centers and Coffee Shops. Follow up and restocking of materials as needed. Upcoming events this committee is aware of:

- 10th Annual Scotty B Overdose Awareness Day-August 28, 2025, 3:00pm to 7:00pm
MLK Memorial Park
353 Court Street, Rochester, NY
- Newark Public Library-Al-anon Informational Sessions- Hosted by Maggie E. September 3, 2025, September 10, 2025, September 17, 2025, and September 24, 2025, 12:00pm to 3:30pm
- ROCovery Fitness Run/Walk & X-Challenge-September 14th Mendon Ponds Park Stewart Lodge-Starting Time 10:00am
- Delphi Rise has requested a return presentation to staff about Al-Anon
To be scheduled sometime in the Fall

Al-Anon meeting at the Monroe County Jail continues in process. Dennis has asked for volunteers at several meetings he attends. Response has been scarce. Dennis has spoken with the Director of the program, initial request was for Men's rehab unit. Most of respondents have been women. If this continues to be true, Jail will accept this. What needs to be clear to anyone volunteering to help with this endeavor is commitment to this project must be steadfast. There are processes volunteers will need to go through and Jail schedules cannot be manipulated to suit individual needs.

John L. Norris Clinic informational meeting continues to meet bi-weekly. There are four Al-anon members who have supported this meeting for the last three years.

Beginner's meetings in the Rochester area continue to meet regularly, Wednesday at 11:00am and Saturday at 11:30am.

Newcomer packets continue to be sent as requests come into AIS. It has been observed that newcomer packet requests have been much fewer than last year (2024). For this same period 65 packets were mailed out, and this year 21 packets have been mailed.

Al-Anon volunteer visits Jennifer House on the second Monday of the month. Cathy KP is currently the Volunteer, our thanks for her service.

Next meeting of the Outreach Committee is scheduled for July 16, 2025, at 6:00pm.
Access to this meeting may be gained through the aisrochester.org website.

Submitted in Service,
Dennis C.

Next Public Outreach Meeting 6 pm Wednesday September 17th, 2025

Check out our page on the AIS website: [AIS Outreach Webpage](#)

Contact us at: [Email Public Outreach](#)

- **Website:** Ellen V: see attached website reports

4. **Group Announcements**

Mark your calendars!

View events list and Flyers on AIS website Events and Activities page: [AIS Events and Activities](#)

- Monday, Aug 11 Noon – 1 pm Canandaigua Monday Noon 42nd Anniversary
- Monday, Aug 11 8 pm – Monday Night St Louis AFG 41st Anniversary Meeting
- Saturday Aug 16 9 am-1 pm Virtual Summer AWSC
- Tues, September 23 7pm -8 pm Spencerport 12 & 12 48th Anniversary Celebration
- Sat, September 20 9 am-4 pm Fall Assembly on Zoom
- Sun, October 19 1:30 pm – 5 pm – Tureen Supper – “A Little Time for Ourselves”

5. **Unfinished Business**

6. **New Business:**

Dennis shared his observation that several meetings he attends do not have printed meeting lists and asked if anyone has noticed this as well.

Others added comments and questions which the group used the traditions to answer:

- The printed copy can be outdated very quickly due to frequent changes of meeting status, location, and whether they are in person only, hybrid, or online only.
 - Suggestion to print just a few paper copies
- Who is responsible for providing the printed copies?
 - AIS does not supply printed copies to home groups
 - Each home group can decide if want to provide printed lists, how many copies to provide, and if the home group would reimburse the printing cost to the member that prints them.

3 MONTHLY BUDGET REPORT - Jul 2025

7/1/2025 through 7/31/2025 Using 2025 Budget AIS Rochester

8/8/2025

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Category	7/1/2025 Actual	- Budget	7/31/2025 Difference
INCOME	2,471.10	229.39	2,241.71
Bank Interest	0.00	0.13	-0.13
Book Depot Income	1,309.05	91.76	1,217.29
Fundraiser	36.00	77.50	-41.50
Group Donations	1,126.05	60.00	1,066.05
EXPENSES	667.49	21,050.00	20,382.51
AIS Office	619.99	11,500.00	10,880.01
Alateen	0.00	200.00	200.00
Computer	0.00	0.00	0.00
Electronic Meetings	0.00	1,050.00	1,050.00
Fundraiser	0.00	500.00	500.00
Insurance	0.00	550.00	550.00
Outreach	0.00	1,000.00	1,000.00
Phone	44.99	800.00	755.01
Rent	575.00	6,900.00	6,325.00
Supplies and postage	0.00	500.00	500.00
Website	0.00	0.00	0.00
Book Depot Expense	47.50	9,000.00	8,952.50
Chairperson - Inter Group Rep	0.00	300.00	300.00
WSO Donation from AIS	0.00	250.00	250.00
Net Difference:	1,803.61	-20,820.61	22,624.22