



Greater Rochester Area Al-Anon Information Service Newsletter

January 2026

EVENTS

AIS Monthly Meetings 2025; 10 am Upcoming Meetings:

February 14	August 8
March 14	September 12
April 11	October 10
May 9	November 14
June 13	December 12

Meetings are held online
Electronic sign-in on website

Link to AIS Rochester meeting minutes:
<http://aisrochester.org/minutes.html>

Link to upcoming Events and Activities:
<https://www.aisrochester.org/events-activities/>

Chairperson's Report – Julie B.

Welcome to all our new and returning officers. Thank you for your service!
Two positions remain open from 2025:

1. Vice Chair
2. Activities Chair

The 2026 AIS budget is now on the website.
Thank you, Stevan, and the entire finance committee.

OLD Business from last meeting:

Are groups allowed to earmark funds to Alateen directly?

After a conversation with WSO, and review if the Service Manual the following is suggested:

1. The AIS Rochester has a line item in the 2026 budget for Alateen of \$200
2. The goal is for Alateen to become self-supporting in accordance with the seventh tradition
3. There is no mechanism in place right now to allow earmarked funds for Alateen from a group, and it would be difficult to track these donations.
4. Pages 97 and 103 of the Service Manual provide further details.

The final decision was made by a motion to accept the earmarked Alateen monies as a donation to AIS Rochester. The motion carried.

Let's have a great 2026 as we continue to carry the message of Al-Anon and Alateen to AIS Rochester and NYN!

Julie B.
AIS Rochester Committee Chairperson

Bullet Points from January AIS meeting

- **Chair:** Two positions remain open, Vice Chair and Activities. The 2026 budget is now on the website
- **Question:** Are groups allowed to earmark funds directly for Alateen? **Answer:** Per WSO & Service Manual, No. Groups can support AIS, and AIS will help Alateen groups as necessary.



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- **Treasurer's report** 12/25 Income \$2,716.30, Expenses: \$2,040.84, Overall total \$675.86. Current balance in checking \$12,540.21, savings balance \$17,894.87
- **Book Depot:** WSO is looking to make more books available electronically. A Little Time for Myself and Courage to Be Me (Alateen) are available as ebooks. In All My Affairs is coming soon as an ebook. The WSC Summary 2025 will be available soon, and the 2026 Service Manual will be published to the website this month.
- **Outreach:** Next outreach meeting is 1/21 at 6 pm via Zoom
- **Group Announcements:** Watch the AIS website for a flyer for District 2's Day of Sharing Sunday on 4/18 from 1-3 pm.
- **New Business:** Registration is open for Conference of the Lakes, an AA Conference with Al-Anon participation. It begins 4/24, Volunteers are needed to work two hour shifts during the conference to sell books at the literature table in Penn Yan.
- Loron seeking free print options for community events like "Westside News" please contact her if you're aware of any publications that print meetings/events at no charge.
- **Question:** Where can we donate an extra Forum subscription? Bring copies to AIS, Outreach loves them.

Treasurer's Report – December 2025

1 BANKING SUMMARY - LAST MONTH - Last month 12/1/2025 through 12/31/2025 (Cash Basis) 1/7/2026 Page 112/1/2025- OVERALL Category 12/31/2025 TOTAL

INCOME

Book Depot Income	1,330.65	1,330.65
Fundraiser	36.00	36.00
Group Donations	1,274.65	1,274.65
7th Tradition	75.00	75.00
TOTAL Group Donations	1,349.65	1,349.65
TOTAL INCOME	2,716.30	2,716.30

EXPENSES

AIS Office	Uncategorized	54.00	54.00
	Phone	55.00	55.00
	TOTAL AIS Office	55.00	55.00
	AIS Office Rent	580.00	580.00
Book Depot Expense	WSO	1,111.84	1,111.84
	TOTAL Book Depot Expense	1,111.84	1,111.84
	Web Site Maintenance-updates, security	240.00	240.00
	TOTAL EXPENSES	2,040.84	2,040.84

OVERALL TOTAL 675.46 675.46



******The following pages include important flyers for upcoming events. Please take a look!******



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44th Annual Flower City Fellowship Convention

ROCKETED

**INTO A 4TH
DIMENSION**

With Al-Anon Participation

save the date
MARCH 6-8, 2026

Wyndham Hotel • Downtown Rochester, NY
FOR UPDATES VISIT: ROCHESTERAA.ORG



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38th Annual Conference of the Lakes

“SHORE OF FAITH”
April 24 - 26, 2026

Use one registration form for each registrant.
Register early — banquet seating is limited.

Friday Night Buffet
Baby artisan lettuce salad
Salmon florentine
Garlic roasted pot roast w/pan gravy
Rigatoni w/marinara
Ratatouille
Oven roasted red bliss potatoes
Apple strudel

Saturday Banquet Buffet
Antipasto salad
Beef tenderloin tips
New England style haddock & shrimp
Cheese ravioli
Garlic mashed Yukon gold potatoes
Maple butternut squash
Italian lemon cake

For more info and to register online visit www.conferenceofthelakes.org

HAMPTON INN • 110 MACE STREET • PENN YAN, NY 14527 • 800-426-7866 OR 315-536-8202

Contact hotel directly by phone only for room rates (must mention Conference of the Lakes when making reservation)

Name _____
Address _____
City _____ Zip _____ Phone _____
Email _____

ADULT: Please check ☐ AA or ☐ Al-Anon
☐ \$35.00 Registration* & Entertainment
YOUTH (19 & under): Please check ☐ AA or ☐ Alateen
☐ \$15.00 Registration* & Entertainment
Prepaid Friday Night Buffet: ☐ \$51
Saturday Banquet** Buffet: ☐ \$51

Buffet price includes beverage, dessert, taxes and gratuity.
For those who want to sit at the same table please register together.

Your Check Total: \$ _____

*** Note: There is no option for purchasing banquet ticket without registering.

Send Check and Registration To:
CONFERENCE OF THE LAKES: P.O. Box 982 • Canandaigua, NY 14424

☐ Deaf / HOH

* All attending MUST register.

** Meal ticket is required for banquet. Fire safety regulations require that only meal ticket holders be allowed in the grand ballroom during the banquet and evening speaker event.

SPECIAL NEEDS _____

Name _____
Address _____
City _____ Zip _____ Phone _____
Email _____

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☐ \$35.00 Registration* & Entertainment
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SPECIAL NEEDS _____



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Friday - April 24, 2026

Registration 1:00 p.m. - 7:00 p.m.

4:00 p.m. Al-Anon Kick Off Speaker *
Sue L., Philadelphia, PA
5:00 p.m. - 6:00 p.m. Friday Night Buffet
7:00 p.m. Opening of Conference *
A.A. Opening Speaker
Ali H., Toronto, CA
8:30 p.m. - 11:00 p.m. Entertainment
10:00 p.m. - 11:00 p.m. Al-Anon/A.A. Joint Meeting

Saturday - April 25, 2026

Registration 8:00 a.m. - 5:30 p.m.

9:00 a.m. - 12:30 p.m. A.A., Al-Anon, Alateen Panels **
1:00 p.m. A.A. Speaker *
Marion M., Ft. Lauderdale, FL
2:30 p.m. Al-Anon Speaker *
Stephanie B., Granite Shoals, TX
5:30 p.m. Banquet
6:45 p.m. A.A. Banquet Speaker *
Peter M., Ft. Lauderdale, FL
8:00 p.m. - 11:00 p.m. Entertainment
10:00 p.m. - 11:00 p.m. Al-Anon/A.A. Joint Meeting

Sunday - April 26, 2026

9:00 a.m. Spiritual Panel *
A.A. and Al-Anon
11:15 a.m. A.A. Closing Speaker *
Bob D., Las Vegas, NV
Closing of Conference

For more information and to register online visit www.conferenceofthelakes.org

Please feel free to call Linda C. at (585) 455-0907 or Andy S. at (585) 230-5282
with any questions or concerns regarding registrations.

** Interpreted for deaf / hard-of-hearing*

*** Limited Interpretation*

If you wish to have a written confirmation of your registration, please enclose a self-addressed stamped envelope.



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 **NYN AFG**
**Fall Election Assembly
& Convention**
with AA participation

***Interested in volunteering?
Become a part of our celebration!***

Your skills and service are needed for a few hours to make our event a success!

Help is needed in the following areas:

- Hospitality Room
- Greeters
- Registration
- Basket Raffle
- Literature

**To volunteer or for more information
contact alateen@nynafg.com**

September 18-20, 2026
Holiday Inn Binghamton Downtown
2-8 Hawley Street Binghamton, NY 13901

01/10/26



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Fall Election Assembly & Convention
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*Interested in volunteering?
Help is needed in the following areas:*

Lunch/Banquet Liaison

- Facilitate communication between the registration, hospitality, and decorating committees and the hotel catering manager regarding the meals provided by the hotel.

Program Committee Members

- Meet virtually or in person with the Program Chair to create a schedule of meetings, speakers, or panels.
- Find speakers and choose topics for meetings and panels.
- Design a printed program.

To volunteer or for more information about the responsibilities of these positions contact:
alateen@nynafg.com or presentation@nynafg.com

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01/10/26



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 **NYN AFG**

**Fall Election/Assembly
& Convention**
with AA participation

Learning from the Past

75
Years

Contributing to the Future

September 18-20, 2026
Holiday Inn Binghamton Downtown
2-8 Hawley Street Binghamton, NY 13901

Questions? Interested in volunteering?
presentation@nynafg.com