

Opening:

Serenity Prayer

Reading of:

- 12 Traditions - Kathleen S.
- 12 Concepts of Service - Loron O.
- Warranties - Ann S.
- Expanded Concept of the Month - Stevan R.

Roll Call First Names Only

- See Google Doc contact list and update your info as needed
- Present: Julie, Jess, John, Stevan, Brenda, Teresa, Terry, Kathy, Harriet, Carol, Mary Ann, Ann, Carolyn, Dave, Loron

Welcome all to the AIS Rochester monthly meeting.

We hope you will find in this fellowship:

- Growth in your program and understanding of how AIS works.
- A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.
- [If you need orientation for a new service role, please reach out to Julie.](#)

Chair - Julie

- Two positions remain open, Vice Chair and Activities
- 2026 budget is now on the website
- Brenda L. offered to proofread the newsletter and will coordinate with Teresa.

Discussion: Are groups allowed to earmark funds directly for Alateen?

- WSO said the goal is for Alateen groups to become self-supporting as quickly as possible. Since we have a \$200 budget for Alateen there's no need for groups to earmark funds, the Area can support Alateen.
- Kathy - for 2025 she sent the Alateen group a \$50 check for supplies and \$130 in literature (may need to send them the money and have them pay for the books to keep our accounting transparent)..

- Brenda clarified that there is no mechanism to donate directly to an Alateen group. People/groups can donate books to Alateen but there's no tracking of monetary gifts and that's important for AFGs.
- Ann (p 97 Service Manual) Local Al-Anon groups or districts can support Alateen. A district can provide literature to help start an Alateen group. Why not just have the district support Alateen. Julie responded that in her district, only one group financially supports the district, therefore, they can't financially support Alateen.
- John drew our attention to p 103 in the Service Manual which says "no earmarked funds", his interpretation was that we can contribute to AIS but not earmark donations for Alateen.
- Carol asked how we know if a group contributes to Alateen. All funds should go through AIS.
- Both Julie and Mary Ann (ISR) are from the group that made a gift earmarked for Alateen.

Motion: Accept the \$110 earmarked for Alateen as a donation to AIS - Loron

2nd: Mary Ann

Carried

Action item: Mary Ann will tell the group to make sure they're okay with the outcome.

Vice Chair

Position vacant

Secretary - Jess

- Review of last month's [meeting minutes](#)
- Motion to approve minutes: Stevan
- Seconded by: Loron
- Minutes passed as written: Yes

Treasurer - Kathy

- [Banking Summary December 2025](#)
- [Transactions December 2025](#)
- [Citizens Bank Checking and Savings December 2025](#)
- Kathy noted that this year there was more profit from books and less income from donations. The profit resulted from fundraisers.
- Motion to approve: Jess
- Seconded: Terry
- Passed? Carried

Finance - Stevan - [Final 2026 AIS Budget](#)

- Stevan is looking into moving money to an ESL account from Citizens Bank for better interest rates
- Next month, they'll share a prudent reserve. \$11,000 is under consideration

Final budget: See below

Income	2026	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total to Date Year End
Book Depot	\$13,500	0	0	3375	0	0	3375	0	0	3375	0	0	3375	\$13,500
Donations	\$7,500	625	625	625	625	625	625	625	625	625	625	625	625	\$7,500
Fundraisers	\$1,500						750							\$1,500
Zoom Reimbursement	\$300	25	25	25	25	25	25	25	25	25	25	25	25	\$300
Total Income	\$22,800	650	650	4025	650	650	4775	650	650	4025	650	650	4775	\$22,800
Expenses														
State Farm Insurance	\$428	0	0	0	0	0	0	0	0	0	0	428	0	\$428
Spectrum Phone	\$660	55	55	55	55	55	55	55	55	55	55	55	55	\$660
Rent	\$6,960	580	580	580	580	580	580	580	580	580	580	580	580	\$6,960
Supplies and Postage	\$384			96			96			96			96	\$384
WSO Donation	\$500	0	0	125	0	0	125	0	0	125	0	0	125	\$500
Quicken Software	\$132	132	0	0	0	0	0	0	0	0	0	0	0	\$132
Total Virus Protection	\$99	99	0	0	0	0	0	0	0	0	0	0	0	\$99
Microsoft Software	\$39	0	0	0	0	0	0	39	0	0	0	0	0	\$39
Zoom Workplace Pro	\$319	0	0	0	0	0	0	319	0	0	0	0	0	\$319
Domaine Name	\$18	18	0	0	0	0	0	0	0	0	0	0	0	\$18
Standard SSL Certificate	\$80	80	0	0	0	0	0	0	0	0	0	0	0	\$80
.COM Domain Registration	\$17	0	0	0	0	17	0	0	0	0	0	0	0	\$17
.Net Domain Registration	\$17	0	0	0	0	17	0	0	0	0	0	0	0	\$17
.ORG Domain Registration	\$17	0	0	0	0	17	0	0	0	0	0	0	0	\$17
Web Hosting Economy	\$108	0	0	0	0	0	0	0	0	0	108	0	0	\$108
Web upgrades, edits, integration	\$120	0	0	0	0	120	0	0	0	0	0	0	0	\$120
Public Information/Outreach	\$500			\$125			\$125			\$125			\$125	\$500
Book Depot Expense	\$11,500	0	0	2875	0	0	2875	0	0	2875	0	0	2875	\$11,500
Activities/ Fundraising	\$250			125						125				\$250
Intergroup Rep Assembly Exp	\$300	25	25	25	25	25	25	25	25	25	25	25	25	\$300
Alateen	\$200	0	0	50	0	0	50	0	0	50	0	0	50	\$200
Total Expenses	\$22,648	\$989	\$660	\$4,056	\$660	\$831	\$3,931	\$1,018	\$660	\$4,056	\$768	\$1,088	\$3,931	\$22,648
Total Income - Total Expenses	\$152													

Newsletter – Teresa

Please submit articles to Teresa by the end of the day on 1/14/26.

Alateen - Muffy (Maureen)

Activities

The position is currently vacant. If unable to fully commit currently, please consider planning just one event. Deb, who planned the recent Tureen Supper has signed on to plan the next one.

Book Depot - John

- WSO is looking to make more books available electronically.
 - A Little Time for Myself and Courage to Be Me (Alateen) are available as ebooks.
 - In All My Affairs is coming soon as an ebook.
- WSC Summary 2025 will be available soon
- 2026 Service Manual should be available on the website this month
- John can be reached at bookdepot@ais.org

Intergroup Rep - Brenda L. - [December report](#)

- Brenda's role is a liaison position between groups and the Area
- If your group is struggling with a challenge, please reach out. Brenda may be able to share some

helpful wisdom.

Office Coordinator - Terry D.

- There are currently no orders waiting to be filled, but AIS has ample inventory
- Volunteers are needed for the office, particularly for Saturday shifts. Please announce this in your groups.

Public Outreach - Dennis - [December report](#)

- Next outreach meeting is 1/21 at 6 pm via Zoom

Website: Ellen V. - [Website Traffic Report](#)

- Keep sending updates and anniversary flyers!
- Coordinators - take a look at the website and see if there are any additions, deletions or changes you would suggest.

Group Announcements

- District 2 Day of Sharing Sunday 4/18 from 1-3 pm, please save the date. Theme = Fellowship in recovery. Festivities include both AA & Al-Anon speakers/fellowship. Look for flyer on AIS website
- A possible new Alateen meeting in planning stages was mentioned, but no one on the call had details.

Unfinished Business

New Business

- Conference of the Lakes: 4/24, 4/25, 4/26 COTL is an AA Conference with Al-Anon participation, volunteers are needed to work two hour shifts during the conference to sell books at the literature table. The conference is held in Penn Yan.
- Loron seeking free print options for community events like "Westside News" please contact her if you're aware of any publications that print meetings/events at no charge.
- Question: Where can we donate an extra Forum subscription? Bring copies to AIS, Outreach loves them.

Closing - Al-Anon Declaration