

Al-Anon Service Meeting Minutes

Date: 2/14/26

10 am-ELECTRONIC ONLY

Electronic sign in on AIS website

Opening:

Serenity Prayer

Reading of:

- 12 Traditions - Maggie
- 12 Concepts of Service - Mary Ann
- Warranties - Harriet
- Expanded Concept of the Month - Kathy

Roll Call First Names Only

Present: Julie B., Ann S., Brenda L., Carol G., Carolyn C., Dennis C., Ellen V., Harriet, Jean, Jess B., John F., Kathleen, Maggie E., Mary Ann, Stevan R., Teresa W., Terry D.

Welcome all to the AIS Rochester monthly meeting.

We hope you will find in this fellowship:

- Growth in your program and understanding of how AIS works.
- A welcoming environment where members feel safe and can express opinions and ideas freely, w/o interruption or criticism.
- Discussion and actions that benefit the Al-Anon groups in the Rochester area and beyond. (We welcome feedback, especially ideas for improvement).
- Contact information for Officers and AIS members, and an orientation for new members.
- Thank you for your service; rotation of service is important for our group's health.
- [If you need orientation for a new service role, please reach out to Julie.](#)

Chair - Julie

- No report
- We have 2 open positions, Vice Chair & Activities
- Only ISRs vote at this meeting
- This meeting uses Knowledge Based Decision Making instead of Robert's Rules

Vice Chair - position vacant - contact Julie if interested

Secretary - Jess

- Attendees read last week's minutes and suggested no changes/corrections
- Motion to approve minutes: Ann
- Seconded by: Mary Ann
- Minutes passed as written: Carried unanimously

Treasurer - Kathy

- [Banking Summary January 2026](#)
- [Transactions January 2026](#)
- [Citizens Bank Checking and Savings January 2026](#)
- The uncategorized income shown on the January Banking Summary was a balance adjustment for previous month. It represents an error in last month's report that was found and corrected
Motion to approve: Harriet
- Seconded: Ann
- Passed? Yes

Finance - Stevan - [Prudent Reserve Policy](#)

Stevan Ramirez, AIS Rochester Finance Chair

February 14, 2026

Proposal for a prudent reserve and moving savings funds and prudent reserve to ESL

Prudent Reserve

- Presently we do not have a prudent reserve
- Set aside 1 year of key expenses that would allow AIS Rochester to operate
 - Includes insurance, rent, phone, supplies & postage and zoom
- Total amount is \$8800

Moving savings funds and prudent reserve to ESL

- Presently our Citizens Band Savings account pays virtually no interest
- Close Citizens Bank Savings Account and open a certificate account with ESL
- Open two different 7-month certificates earning 3.5%
- Certificate 1: \$15k which would earn ~\$308
- Certificate 2: \$12k which would earn ~\$241

Upon approval the AIS Treasurer would open an ESL account in the local Rochester area.

- Clarification: last line above reads “Upon approval the AIS Treasurer would open an ESL account in the local Rochester area.”
- Ellen shared that on Monday night at 6 pm online there is a NYN Trusted Servant meeting to discuss this topic. All are welcome to attend.
- Next step after the Prudent Reserve plan approved would be to close the savings account at Citizens Bank. It is not earning noticeable interest for us.
- Stevan mentioned that most banks require a large amount to open a CD.
- ESL has many branches, which makes it easier for future Treasurers to visit one. They offer Certificates of Deposit for lower up front investments. We could earn 3.5% interest through their CDs.
- Brenda shared that the WSO terminology is “ample reserve” rather than prudent reserve.
- Question: Why split the money into 2 certificates? If we have to pull money out, having two different CDs would serve us because one would remain untouched. The recommendations are open for discussion. The proposal involves opening one account with ESL, and then setting up the two separate CDs. Separate account? The \$8,800 comes from the Citizens Bank checking account, leaving a checking balance of roughly \$3,000. As money comes in, we’ll have a little more in the checking account.
- Kathy added that this amount is enough to cover average monthly expenses.
- Motion:
 - Harriet motioned to take one month to think about this and vote on it next time. If people are able to attend the Trusted Servant meeting that would be helpful.
 - Jean seconded the motion.
 - Passed? Yes, unanimously
- Thanks to Stevan for tackling this, it’s a great idea.

Newsletter – Teresa

- Articles/content needed by the end of the day on 2/18
- Please send submissions to newsletter@aisrochester.org

Alateen - Muffy (Maureen)

- No report

Activities

Activities person sought, contact Julie if interested. We have a volunteer to run Tureen supper this year.

Book Depot - John

- New service manual available online, can be downloaded. John will order a case for the office shortly.
- John placed a \$350 literature order a couple weeks ago
- He will help Dennis with the Flower City Fellowship Convention

Intergroup Rep - Brenda L. - [February Report](#)

AIS Rochester
Intergroup Representative Report
February 3, 2026

Since our January AIS meeting my main focus is on encouraging local service participation above the group level.

- I reached out to the 3 District Representatives (DRs) in our AIS region to offer my support.
- I attended the February 3 meeting of District 2 to talk about our AIS and the Intergroup Representative role. Several people were very engaged and asked a lot of questions. A couple of them were not aware of the Information Service Representative position.
- I'm scheduled to attend the February 7 meeting of District 25 which does not currently have a DR, but plans to continue meeting. ([Zoom ID: 897 2264 8932](#) [Passcode: 25](#))
- I'm compiling a list of contacts in the 3 Districts which do not meet or have DRs.
- I'm suggesting our AIS hold a Service Workshop in early spring. I'm willing to take the lead on planning and carrying out a simple event to showcase what our AIS is and does and where we'd most appreciate more participation. I've talked with Julie and Terry about this and both are onboard. Terry and I propose holding it from 10 to noon on Saturday, March 21 at the AIS office.

Upcoming NY North (NYN) Area events (<https://nynafg.com/calendar.html>):

- NYN Trusted Servant Monthly Meetup, Topic: Finances
Monday, February 16, 6:00-7:00pm -- [Zoom ID: 829 5131 1512](#) [Passcode: 341891](#)
This is an informal online event at which all members are welcome!

As always, let me know if you have any suggestions or requests regarding how I can contribute!

Office Coordinator - Terry D.

- Terry is looking for someone to update the flyer she found from when the office was on Blossom.
- She worked with Ellen to correct some information Google searches return that wasn't correct. If you see anything incorrect about AIS in your searches let her know.
- Terry is visiting meetings to drum up support for the office.
- ISR's please publicize the Upcoming Service Workshop & other service opportunities.

Public Outreach - Dennis - [February Report](#)

Public Outreach Update
02/14/2026

Committee members continue to follow through with individual projects; Libraries, Post Offices, Community Centers, Health Centers and Coffee Shops. Follow up and restocking of materials as needed.

Al-anon meeting at the Monroe County Jail continues in process. Three men have been cleared and approved to provide Al-anon services at the Monroe County Jail. No hand carried literature is allowed into the Jail. I have packaged and mailed literature necessary for conducting the meeting. First men's meeting is scheduled for February 19, 2026 at 1:00pm. Women applicants must complete fingerprinting and attend Orientation session.

John L. Norris Clinic meetings are suspended at this time.

Beginner's meetings in the Rochester area continue to meet regularly, Wednesday at 11:00am and Saturday at 11:30am.

Newcomer packets continue to be sent as requests come into AIS.

Al-anon volunteer visits Jennifer House second Monday of the month.

Next meeting of the Outreach Committee is scheduled for March 18, 2026 at 6:00pm. Access to this meeting may be gained through aisrochester.org website.

** Be advised, my term as Chair of this committee will expire on December 31, 2026. Anyone interested in this position, please identify yourself. I am happy to share my experience with this position and mentor as is necessary.

- Dennis contacted the Public Outreach Coordinator for NYN for help changing tear-offs on flyers to QR codes.
- He shared that 3 men will be holding the first Al-Anon meeting at the Monroe County Jail soon. They are seeking Al-Anon women to join this effort.
- Dennis will help at the Flower City Convention at the literature table and is interested in bringing Spanish language literature. Dennis and John will meet to review & order what's needed in Spanish.

Website: Ellen V. - [February Report](#)

AIS Rochester Web Committee Report
February 2026

Hello Fellow AIS members,

- Keep sending updates and anniversary flyers!
- Gentle reminder - If you are using our AIS Rochester zoom account - please do not enter the zoom room outside of your scheduled meeting time. Other meetings can not get in if you are in the room. Thanks!

Overview Report

Export PDF Report

Last 30 days: January 5 - February 3, 2026

Sessions

2,291

Pageviews

3,458



Stats at a Glance

All Time Stats

| | |
|--------------------|---------|
| Total Page Views | 139,361 |
| Total Sessions | 65,199 |
| Number of Posts | 0 |
| Number of Pages | 14 |
| Number of Comments | 0 |

Most Popular Times

Top days

| Thu | Wed | Sat |
|----------------|----------------|----------------|
| 22.9% of Views | 16.8% of Views | 15.6% of Views |

Top hours

| | | |
|-----------------|----------------|----------------|
| 4 PM | 8 AM | 3 PM |
| 10.08% of Views | 8.35% of Views | 8.03% of Views |

Top 10 Countries



| | |
|-----------------------|-------|
| 1. United States | 2,003 |
| 2. China | 244 |
| 3. Germany | 31 |
| 4. Iran | 9 |
| 5. Canada | 4 |
| 6. Russian Federation | 4 |
| 7. France | 2 |
| 8. Vietnam | 1 |
| 9. Brazil | 0 |
| 10. Singapore | 0 |
| Total / Average | 2298 |

Top 10 Referrals



| | |
|------------------------------|----|
| 1. websterny.gov | 11 |
| 2. ai-anon.org | 5 |
| 3. lm.facebook.com | 4 |
| 4. ntp.msn.com | 3 |
| 5. m.facebook.com | 2 |
| 6. chatgpt.com | 1 |
| 7. conferenceofthelakes.org | 1 |
| 8. l.facebook.com | 1 |
| 9. cvtblog.online | 0 |
| 10. kee.live | 0 |
| Total / Average | 28 |

Top Posts/Pages



| | |
|--|-------|
| 1. Find A Meeting (scroll down for list) - Greater Rochester AI-Anon | 1,623 |
| 2. AI-Anon Information Service Rochester, NY 585-288-0540 - Greater Rochester AI-Anon | 1,110 |
| 3. Events & Activities - Greater Rochester AI-Anon | 215 |
| 4. Welcome Newcomer! We are glad you are here - Greater Rochester AI-Anon | 113 |
| 5. Districts - Greater Rochester AI-Anon | 62 |
| 6. Contact AIS - Greater Rochester AI-Anon | 61 |
| 7. AI-Anon Literature - Greater Rochester AI-Anon | 45 |
| 8. AIS Rochester Newsletter - Greater Rochester AI-Anon | 43 |
| 9. Public Outreach - Greater Rochester AI-Anon | 37 |
| 10. Alateen - Greater Rochester AI-Anon | 34 |
| 11. About AI-Anon - Greater Rochester AI-Anon | 33 |
| 12. AIS Rochester Committee Meeting Minutes, Treasurer Corner & Bylaws - Greater Rochester AI-Anon | 23 |
| 13. Donations - Greater Rochester AI-Anon | 17 |
| 14. Archived Reports - Greater Rochester AI-Anon | |

- If you're using AIS Zoom, please don't use it outside of your normal meeting time to avoid conflicts
- Based on Dennis' note that he's making far fewer newcomer packets, she'll add a form to request one on the website.

Group Announcements

- Districts that are active can get a Zoom time from AIS Rochester very affordably.
- D2 is holding a Day of Sharing on 4/18 from 1-3 pm at the Lawson Road Church of Christ Rochester. The theme is Fellowship & Recovery. The event includes Al-Anon & AA speakers.
- Conference of the Lakes will be held in Penn Yan 4/24-4/26. Volunteers are sought for literature table and greeters. To volunteer, please contact Jess or Polly M.
- Those interested in helping at the literature table at the Flower City Fellowship should contact Dennis.

Unfinished Business

New Business

Closing - Al-Anon Declaration