



Greater Rochester Area Al-Anon Information Service Newsletter March 2026

EVENTS

AIS Monthly Meetings 2025; 10 am Upcoming Meetings:

April 11	September 12
May 9	October 10
June 13	November 14
August 8	December 12

Meetings are held online
Electronic sign-in on website

Link to AIS Rochester meeting minutes:
<http://aisrochester.org/minutes.html>

Link to upcoming Events and Activities:
<https://www.aisrochester.org/events-activities/>

From our Chairperson – Julie B.

Please take a look at this flyer found on page 4 of this newsletter. It's all about Fellowship! Come join District 2!



More agenda notes from our Chairperson:

- A review of the Bylaws.

- A discussion regarding the AIS computer, reminding all users that it is not for personal use and that nothing should be loaded onto the system without prior permission from the AIS Office Manager, Terry D, and the AIS chairperson.

-Additionally, the chairperson asked the committee to vote on allowing AIS to update the system and create user profiles for Volunteers, Book Depot, Finance, and the Treasurer. The estimated cost for this work is approximately \$150.00. The actual costs are likely to be higher.

Bullet Points from March AIS meeting

* Questions about AIS Rochester-see the bylaws on the website.



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*AIS Computers systems to be updated-estimate to follow.

*Vice Chair and Activities service positions open-see website-<https://www.aisrochester.org/>

*AIS Rochester developing guidelines for "ample and prudent reserve" Finance committee continues research and will present to members.

*WSO literature-service handbook will be available in print the end of April. Please destroy/recycle old books and the companion "How groups Work", Current up to date volume is online at WSO.

*AIS Intergroup Representative is available to help organize district meetings.

*Office volunteers needed-Call the office if interested!

*Outreach has begun at the Monroe County Jail with Al-Anon meetings. Outreach Meeting held every other month, come and visit. Upcoming Health Fair 4/7/26 at Nazareth University.

Respectfully submitted
Loron O.





Greater Rochester Area Al-Anon Information Service Newsletter
March 2026

Treasurer's Report – February 2026

1 BANKING SUMMARY - LAST MONTH - Last month

2/1/2026 through 2/28/2026 (Cash Basis)

Category	2/1/2026- 2/28/2026	OVERALL TOTAL
INCOME		
Book Depot Income	596.80	596.80
Group Donations	291.50	291.50
Zoom Income	36.00	36.00
TOTAL INCOME	924.30	924.30
EXPENSES		
AIS Office		
Computer	-103.68	-103.68
Internet Security	-51.72	-51.72
Phone	55.00	55.00
Supplies and postage	11.80	11.80
TOTAL AIS Office	-88.60	-88.60
AIS Office Rent	580.00	580.00
Balance Adjustment	341.40	341.40
TOTAL EXPENSES	832.80	832.80
OVERALL TOTAL	91.50	91.50

******The following pages include important flyers for upcoming events. Please take a look!******



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March 2026



District 2 Day of Sharing
Topic: Fellowship in Recovery

**Join us for light refreshments, raffle baskets,
50/50 raffle, and speakers!**

Event Details

- Date: Saturday, April 18, 2026
- Time: 1:00 PM – 3:00 PM
- Location: Lawson Road Church of Christ – 15 Lawson Road,
Rochester, NY 14616

Activities Include

- Al-Anon Speaker
- AA Speaker
- Light Refreshments
- Basket and 50/50 Raffles
- Admission is free- Suggested \$5.00 donation at the door

**If possible, we are asking groups to provide baskets for
our Basket Raffle.**

For questions please contact: Julie B. at DRO2@nynfg.com



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38th Annual Conference of the Lakes

“SHORE OF FAITH” April 24 - 26, 2026

Use one registration form for each registrant.
Register early – banquet seating is limited.

Friday Night Buffet

Baby artisan lettuce salad
Salmon florentine
Garlic roasted pot roast w/pan gravy
Rigatoni w/marinara
Ratatouille
Oven roasted red bliss potatoes
Apple strudel

Saturday Banquet Buffet

Antipasto salad
Beef tenderloin tips
New England style haddock & shrimp
Cheese ravioli
Garlic mashed Yukon gold potatoes
Maple butternut squash
Italian lemon cake

For more info and to register online visit www.conferenceofthelakes.org

HAMPTON INN • 110 MACE STREET • PENN YAN, NY 14527 • 800-426-7866 OR 315-536-8202

Contact hotel directly by phone only for room rates (must mention Conference of the Lakes when making reservation)

Name _____
Address _____
City _____ Zip _____ Phone _____
Email _____

ADULT: Please check AA or Al-Anon
 \$35.00 Registration[†] & Entertainment
YOUTH (19 & under): Please check AA or Alateen
 \$15.00 Registration[†] & Entertainment
Prepaid Friday Night Buffet: \$51
Saturday Banquet^{**} Buffet: \$51
Buffet price includes beverage, dessert, taxes and gratuity.
For those who want to sit at the same table please register together.

Your Check Total: \$ _____

*** Note: There is no option for purchasing banquet ticket without registering.

Send Check and Registration To:
CONFERENCE OF THE LAKES: P.O. Box 982 • Canandaigua, NY 14424

Deaf / HOH

[†] All attending MUST register.
^{**} Meal ticket is required for banquet. Fire safety regulations require that only meal ticket holders be allowed in the grand ballroom during the banquet and evening speaker event.

SPECIAL NEEDS _____

Name _____
Address _____
City _____ Zip _____ Phone _____
Email _____

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 \$35.00 Registration[†] & Entertainment
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SPECIAL NEEDS _____



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Schedule for Conference of the Lakes...

Friday - April 24, 2026

Registration 1:00 p.m. - 7:00 p.m.

- 4:00 p.m. Al-Anon Kick Off Speaker *
Sue L., Philadelphia, PA
- 5:00 p.m. - 6:00 p.m. Friday Night Buffet
- 7:00 p.m. Opening of Conference *
A.A. Opening Speaker
Ali H., Toronto, CA
- 8:30 p.m. - 11:00 p.m. Entertainment
- 10:00 p.m. - 11:00 p.m. Al-Anon/A.A. Joint Meeting

Saturday - April 25, 2026

Registration 8:00 a.m. - 5:30 p.m.

- 9:00 a.m. - 12:30 p.m. A.A., Al-Anon, Alateen Panels **
- 1:00 p.m. A.A. Speaker *
Marion M., Ft. Lauderdale, FL
- 2:30 p.m. Al-Anon Speaker *
Stephanie B., Granite Shoals, TX
- 5:30 p.m. Banquet
- 6:45 p.m. A.A. Banquet Speaker *
Peter M., Ft. Lauderdale, FL
- 8:00 p.m. - 11:00 p.m. Entertainment
- 10:00 p.m. - 11:00 p.m. Al-Anon/A.A. Joint Meeting

Sunday - April 26, 2026

- 9:00 a.m. Spiritual Panel *
A.A. and Al-Anon
- 11:15 a.m. A.A. Closing Speaker *
Bob D., Las Vegas, NV
Closing of Conference

For more information and to register online visit www.conferenceofthelakes.org

Please feel free to call Linda C. at (585) 455-0907 or Andy S. at (585) 230-5282
with any questions or concerns regarding registrations.

** Interpreted for deaf / hard-of-hearing ** Limited Interpretation*

If you wish to have a written confirmation of your registration, please enclose a self-addressed stamped envelope.



Greater Rochester Area Al-Anon Information Service Newsletter
March 2026



NYN AFG

Fall Election Assembly & Convention

with AA participation

Learning from the Past

75
Years

Contributing to the Future

September 18-20, 2026

Holiday Inn Binghamton Downtown
2-8 Hawley Street Binghamton, NY 13901

Questions? Interested in volunteering?
presentation@nynafg.com

1/9/26



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March 2026

 **NYN AFG**
**Fall Election Assembly
& Convention**
with AA participation

*Interested in volunteering?
Become a part of our celebration!*

Your skills and service are needed for a few hours to make our event a success!

Help is needed in the following areas:

- Hospitality Room
- Greeters
- Registration
- Basket Raffle
- Literature

To volunteer or for more information contact alateen@nynafg.com

September 18-20, 2026
Holiday Inn Binghamton Downtown
2-8 Hawley Street Binghamton, NY 13901

01/10/26



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▲ NYN AFG
Fall Election Assembly & Convention
with AA participation

*Interested in volunteering?
Help is needed in the following areas:*

Lunch/Banquet Liaison

- Facilitate communication between the registration, hospitality, and decorating committees and the hotel catering manager regarding the meals provided by the hotel.

Program Committee Members

- Meet virtually or in person with the Program Chair to create a schedule of meetings, speakers, or panels.
- Find speakers and choose topics for meetings and panels.
- Design a printed program.

To volunteer or for more information about the responsibilities of these positions contact:
alateen@nynafg.com or presentation@nynafg.com

September 18-20, 2026
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2-8 Hawley Street Binghamton, NY 13901

01/10/26