



Greater Rochester Area Al-Anon Information Service Newsletter April 2026

EVENTS

AIS Monthly Meetings 2025; @10 am Upcoming Meetings:

| | |
|--------------|-------------|
| May 9 | October 10 |
| June 13 | November 14 |
| August 8 | December 12 |
| September 12 | |

Meetings are held online
Electronic sign-in on website

Link to AIS Rochester meeting minutes:
<http://aisrochester.org/minutes.html>

Link to upcoming Events and Activities:
<https://www.aisrochester.org/events-activities/>

From our Chairperson – Julie B.

Happy Spring to all AIS committee members and guests!

As sunshine and warmth returns to western New York so too does our vigorous energy for service in the miraculous program of Al-Anon.

We've got the new service manuals in stock. Please come by the AIS office to pick yours up. With the new manual comes a need to review and revise the AIS Rochester By Laws. I will be looking for interested people who want to help in this work group.

There are lots of exciting opportunities going on here in the Rochester AIS community. The

Finance and Technology subcommittees met and have expanded their efforts by welcoming Cait and Julie.

Bullet Points from the April AIS meeting

- It's time to review and revise the AIS Rochester By Laws. Significant changes are needed. Julie is looking for interested people who want to help in this work group. If you're interested, please reach out to her at chairperson@aisrochester.com
- Deb is planning the Tureen Supper and forming a planning committee. Meetings will be held via Zoom. The top priority need is a co-chair to help this year and take over next year. Please take this to your groups. Interested volunteers should contact Deb at activities@aisrochester.org
- Prudent reserve proposal was tabled until next month. Considerations from the Concepts, Traditions, and Service Manual were raised for the Finance Committee's next meeting.



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Following that discussion, an ad hoc committee of Mary Ann, Carolyn, Dave T. and Terry D. will be formed for additional deliberation.

- Brenda thanked everyone who participated in the AIS Service workshop last month. She's seeking feedback on what went well, what we could improve, and what info to cover if we hold a future service workshop.
- Just a reminder that monthly Trusted Servant Meetups are occurring. See the AIS event calendar for details.
- Terry D. is seeking more volunteers at the AIS office. To volunteer please email office@aisrochester.org
- John has placed 3 literature orders in the last month. Paths to Recovery and the Groups At Work pamphlet are both on the way.



Treasurer's Report – March 2026



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1 BANKING SUMMARY - LAST MONTH - Last month

3/1/2026 through 3/31/2026 (Cash Basis)

| Category | 3/1/2026- 3/31/2026 | OVERALL TOTAL |
|---------------------------------|------------------------|------------------|
| INCOME | | |
| Book Depot Income | 1,179.00 | 1,179.00 |
| Group Donations | 926.84 | 926.84 |
| Zoom | 54.00 | 54.00 |
| TOTAL INCOME | 2,159.84 | 2,159.84 |
| EXPENSES | | |
| Uncategorized | 82.58 | 82.58 |
| AIS Office | | |
| Phone | 71.37 | 71.37 |
| Rent | 580.00 | 580.00 |
| TOTAL AIS Office | 651.37 | 651.37 |
| Book Depot Expense | | |
| WSO | 938.28 | 938.28 |
| TOTAL Book Depot Expense | 938.28 | 938.28 |
| Outreach Expenses | 71.15 | 71.15 |
| Seed Money | 0.00 | 0.00 |
| TOTAL EXPENSES | 1,743.38 | 1,743.38 |
| OVERALL TOTAL | 416.46 | 416.46 |

******The following pages include important flyers for upcoming events. Please take a look!******



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38th Annual Conference of the Lakes

“SHORE OF FAITH” April 24 - 26, 2026

Use one registration form for each registrant.
Register early – banquet seating is limited.

Friday Night Buffet

- Baby artisan lettuce salad
- Salmon florentine
- Garlic roasted pot roast w/pan gravy
- Rigatoni w/marinara
- Ratatouille
- Oven roasted red bliss potatoes
- Apple strudel

Saturday Banquet Buffet

- Antipasto salad
- Beef tenderloin tips
- New England style haddock & shrimp
- Cheese ravioli
- Garlic mashed Yukon gold potatoes
- Maple butternut squash
- Italian lemon cake

For more info and to register online visit www.conferenceofthelakes.org

HAMPTON INN • 110 MACE STREET • PENN YAN, NY 14527 • 800-426-7866 OR 315-536-8202

Contact hotel directly by phone only for room rates (must mention Conference of the Lakes when making reservation)

Name _____
 Address _____
 City _____ Zip _____ Phone _____
 Email _____

ADULT: Please check AA or Al-Anon
 \$35.00 Registration* & Entertainment
 YOUTH (19 & under): Please check AA or Alateen
 \$15.00 Registration* & Entertainment
 Prepaid Friday Night Buffet: \$51
 Saturday Banquet** Buffet: \$51
 Buffet price includes beverage, dessert, taxes and gratuity.
 For those who want to sit at the same table please register together.

Your Check Total: \$ _____

*** Note: There is no option for purchasing banquet ticket without registering.

Send Check and Registration To:
CONFERENCE OF THE LAKES: P.O. Box 982 • Canandaigua, NY 14424

Deaf / HOH

* All attending MUST register.
** Meal ticket is required for banquet. Fire safety regulations require that only meal ticket holders be allowed in the grand ballroom during the banquet and evening speaker event.

SPECIAL NEEDS _____

Name _____
 Address _____
 City _____ Zip _____ Phone _____
 Email _____

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SPECIAL NEEDS _____



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Schedule for Conference of the Lakes...

Friday - April 24, 2026

Registration 1:00 p.m. - 7:00 p.m.

- 4:00 p.m. Al-Anon Kick Off Speaker *
Sue L., Philadelphia, PA
- 5:00 p.m. - 6:00 p.m. Friday Night Buffet
- 7:00 p.m. Opening of Conference *
A.A. Opening Speaker
Ali H., Toronto, CA
- 8:30 p.m. - 11:00 p.m. Entertainment
- 10:00 p.m. - 11:00 p.m. Al-Anon/A.A. Joint Meeting

Saturday - April 25, 2026

Registration 8:00 a.m. - 5:30 p.m.

- 9:00 a.m. - 12:30 p.m. A.A., Al-Anon, Alateen Panels **
- 1:00 p.m. A.A. Speaker *
Marion M., Ft. Lauderdale, FL
- 2:30 p.m. Al-Anon Speaker *
Stephanie B., Granite Shoals, TX
- 5:30 p.m. Banquet
- 6:45 p.m. A.A. Banquet Speaker *
Peter M., Ft. Lauderdale, FL
- 8:00 p.m. - 11:00 p.m. Entertainment
- 10:00 p.m. - 11:00 p.m. Al-Anon/A.A. Joint Meeting

Sunday - April 26, 2026

- 9:00 a.m. Spiritual Panel *
A.A. and Al-Anon
- 11:15 a.m. A.A. Closing Speaker *
Bob D., Las Vegas, NV
Closing of Conference

For more information and to register online visit www.conferenceofthelakes.org

Please feel free to call Linda C. at (585) 455-0907 or Andy S. at (585) 230-5282
with any questions or concerns regarding registrations.

** Interpreted for deaf / hard-of-hearing ** Limited Interpretation*

If you wish to have a written confirmation of your registration, please enclose a self-addressed stamped envelope.



Greater Rochester Area Al-Anon Information Service Newsletter
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 **NYN AFG**

Fall Election Assembly & Convention

with AA participation

Learning from the Past

75
Years

Contributing to the Future

September 18-20, 2026
Holiday Inn Binghamton Downtown
2-8 Hawley Street Binghamton, NY 13901

Questions? Interested in volunteering?
presentation@nynafg.com

1/9/26



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 **NYN AFG**
**Fall Election Assembly
& Convention**
with AA participation

*Interested in volunteering?
Become a part of our celebration!*

Your skills and service are needed for a few hours to make our event a success!

Help is needed in the following areas:

- Hospitality Room
- Greeters
- Registration
- Basket Raffle
- Literature

To volunteer or for more information contact alateen@nynafg.com

September 18-20, 2026
Holiday Inn Binghamton Downtown
2-8 Hawley Street Binghamton, NY 13901

01/10/26



▲ NYN AFG
Fall Election Assembly & Convention
with AA participation

*Interested in volunteering?
Help is needed in the following areas:*

Lunch/Banquet Liaison

- Facilitate communication between the registration, hospitality, and decorating committees and the hotel catering manager regarding the meals provided by the hotel.

Program Committee Members

- Meet virtually or in person with the Program Chair to create a schedule of meetings, speakers, or panels.
- Find speakers and choose topics for meetings and panels.
- Design a printed program.

To volunteer or for more information about the responsibilities of these positions contact:
alateen@nynafg.com or presentation@nynafg.com

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