



Greater Rochester Area Al-Anon Information Service Newsletter

May 2026

EVENTS

AIS Monthly Meetings 2025 @10 am Upcoming Meetings:

June 13	October 10
August 8	November 14
September 12	December 12

Meetings are held online
Electronic sign-in on website

Link to AIS Rochester meeting minutes:
<http://aisrochester.org/minutes.html>

Link to upcoming Events and Activities:
<https://www.aisrochester.org/events-activities/>

From our Chairperson – Julie B.

As the AIS Rochester chairperson, I am beginning to understand the scope of this role. When I first was asked to consider taking the service commitment, I immediately thought no way. I was frightened I would fail and, I have failed. I fail at every meeting in some small way, and it is through these failings that I get closer to my higher power, my fellow members and grow in my Al-Anon program.

I invite you all to come fail with us at AIS Rochester. We need you to be in service and you'll be grateful you've joined. We can only keep what we have by giving it away.

Current positions include:

- volunteers to help in the bookstore please contact Terry D -Office Coordinator for AIS Rochester
- Activities committee chair
- Alateen coordinator

If stepping into Al-Anon Information Service is too much or sounds too scary, many of our districts lack district representatives. Many meetings do not have group representatives or information service representatives. Information Service Representatives (ISR) can be dual members.



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If all this sounds like a foreign language, great! Please come join us as we collectively learn the language of love.

In loving service
Julie B-Chairperson
AIS Rochester

Bullet Points from the May AIS meeting

- Please announce the following open AIS Committee Positions at your meetings: co-chair, Alateen Coordinator, and Activities Coordinator.
- Julie is looking for people to review and revise AIS bylaws to align with the new Service Manual. If you're interested, please contact her.
- Tureen Supper report: Deb needs a couple volunteers for the Planning Committee. Please share this opportunity with your groups. The most urgent need is a co-chair to learn this year and lead next year's Tureen Supper. In a unanimous vote, the group opted to return to the United Church of Christ and hold this year's Tureen Supper on 10/25.
- Prudent Reserve Policy:
 - Proposal 1: Establish an ample reserve for AIS Rochester (\$23,648 for 2026) passed in a unanimous vote.
 - Proposal 2: Start the transfer of checking and savings accounts from Citizens Bank to ESL passed in a unanimous vote.
 - Proposal 3: Open a 7-month Certificate of Deposit at ESL for our ample reserve also passed.
- Groups At Work (P24) is part of the service manual.
- Public Outreach will be working with a printer to order 100 copies of the three most commonly used flyers. Black & White copies are also available.



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From the Newsletter Editor – Teresa W.

We are starting our search for a new newsletter editor starting this coming December. This is a two-year term. I have now served two, two-year terms, so it's time for me to "pass the torch". I am happy to answer any questions you may have. We have a supportive AIS group that makes this job easy to do! I will train you and provide you with templates and more!

If you are interested, please email me at: newsletter@aisrochester.org. Thank you!

Treasurer's Report – April 2026

1 BANKING SUMMARY - LAST MONTH - Apr 2026 4/1/2026 through 4/30/2026 (Cash Basis)

Category	4/1/2026- 4/30/2026	OVERALL TOTAL
INCOME		
Book Depot Income	1,947.75	1,947.75
Group Donations	911.55	911.55
Zoom	36.00	36.00
TOTAL INCOME	2,895.30	2,895.30
EXPENSES		
Uncategorized	213.67	213.67
AIS Office		
Phone	71.32	71.32
TOTAL AIS Office	71.32	71.32
AIS Office Rent	1,160.00	1,160.00
Book Depot Expense		
WSO	1,853.09	1,853.09
TOTAL Book Depot Expense	1,853.09	1,853.09
TOTAL EXPENSES	3,298.08	3,298.08
OVERALL TOTAL	-402.78	-402.78



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From our Intergroup Representative

It's time for all groups to prepare for the NY North (NYN) Area Spring Assembly on May 30. This Assembly will be online only.

Concept One tells us "The ultimate responsibility and authority for Al-Anon world services belongs to the Al-Anon groups." Does your group have a Group Representative (GR) to attend Area Assemblies? If not, there's no time like the present to elect one! When a GR cannot attend, another member (other than a dual member) can do this service in order to better connect your group with the links of service. Don't know how to prepare? Here are some things members in your group can do:

- Attend any (or all) of the NYN Area meetings in the list below!
- Visit the NYN Area Assembly and AWSC Information page at <https://nynafg.com/assembly-and-awsc-info/>
- Visit our AIS Districts page at <https://www.aisrochester.org/districts/>
- Attend your District meeting (listed at <https://www.aisrochester.org/events-activities/>)
- If your District is not active, attend a different District's meeting – They'll welcome you!
- Make sure your group has at least one copy of the 2026 to 2029 Al-Anon/Alateen Service Manual. You can also access it at <https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>
- Email me, Brenda L, at intergroupprep@aisrochester.org and arrange for me to visit your group and help you get started!

Upcoming NY North Area events (<https://nynafg.com/event-calendar/>):

- **Thursday, May 21, 7:30-8:30pm: New GR meeting**
Online only. All members are welcome.
- **Saturday, May 30, 9:00am-4:30pm (with breaks): Spring Assembly**
Online only. All members are welcome.
- **Monday, June 8, 7:00-8:00pm: Trusted Servant Monthly Meetup**
Topic: Service above the Group Level
Online only. An informal online event at which all members are welcome!



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 **NYN AFG**

Fall Election Assembly & Convention

with AA participation

Learning from the Past

75
Years

Contributing to the Future

September 18-20, 2026
Holiday Inn Binghamton Downtown
2-8 Hawley Street Binghamton, NY 13901

Questions? Interested in volunteering?
presentation@nynafg.com

1/9/26



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 **NYN AFG**
**Fall Election Assembly
& Convention**
with AA participation

*Interested in volunteering?
Become a part of our celebration!*

Your skills and service are needed for a few hours to make our event a success!

Help is needed in the following areas:

- Hospitality Room
- Greeters
- Registration
- Basket Raffle
- Literature

To volunteer or for more information
contact alateen@nynafg.com

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01/10/26



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*Interested in volunteering?
Help is needed in the following areas:*

Lunch/Banquet Liaison

- Facilitate communication between the registration, hospitality, and decorating committees and the hotel catering manager regarding the meals provided by the hotel.

Program Committee Members

- Meet virtually or in person with the Program Chair to create a schedule of meetings, speakers, or panels.
- Find speakers and choose topics for meetings and panels.
- Design a printed program.

To volunteer or for more information about the responsibilities of these positions contact:
alateen@nynafg.com or presentation@nynafg.com

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