

May District 25 Approved Minutes

May 2, 2026 at 10 am

<https://zoom.us/join>

Meeting Id: 897 2644 8932

Passcode: 25

Open the meeting:

- a. Moment of Silence followed by the Serenity Prayer
- b. Attendance/Introductions: Name/Group/Position: Maggie E. D25 [Alt.DR](#), Vera M -D25 Treasurer, Susan M. Interim Secretary, Brenda L. AIS IntergroupRep, Linda D. GR Monday Sunshine, Kathleen S. Webster Mon. AFG and AIS Treasurer, Genia-Newark Sunday Serenity TS.
- c. Reading of the Twelve Traditions - (odd) Maggie E
- d. Concepts of Service (even) _____ General Warranties _____

District reports:

e. **Secretary's report:**

Discussion of April minutes: Did everyone get to read them?

Any Changes/additions: the 4 corrections/changes Brenda mentioned: Removal of her name in random place on p. 1, the removal of Delegates home address and last name in section for WSO cards of thanks, and an old flyer from 2025.

Motion made to accept April meeting notes (with the above changes)

by Vera M.

Seconded by Linda D

Motion carried _____

f. **Treasurer Report:** (Vera M.)

Previous Balance:	\$1674.00
Donations received: Webster AFG	46.00
Serenity Seekers	50.00
No checks written since last report	
Current Balance:	\$1770.00

- Old Business: Discussion of Ample Reserve and what to do with excess money.

After much discussion and information shared by Kathleen S. (who is AIS Treasurer) regarding the calculation of an ample prudent reserve, it was decided that it would be tabled at this time. Vera would like to talk 1 on 1 with Kathleen before discussing at a future District meeting so she has a better understanding.

- Vera submitted this report following the District meeting. She spoke with Kathy S. following the District meeting for more clarification of how to calculate the ample reserve.

Kathy S. shared the following with her: This is yearly calculation
Checking Account Balance at the end of 2025 (District)
Less the total monthly expenses
Leaving the money left to distribute.

She also shared the ample reserve can be considered as our savings account
District 25 distributed donations for 2025 totalling \$292.05

This formula for yearly donations is understood and followed.

- Vera would like to table the Ample Reserve until a later date. More clarification is needed.

Discuss [budget for 2026](#) (looking at budgeted line amounts) and possibly increasing ample reserves and what to do with surplus.

- g. District Representative (no DR) (position open) Please continue to encourage members to step up for the position of DR25 (see G-37 on guidelines for this position) also District Secretary. (Sue has offered to help for 6 months).see p. 57-58 in the Service manual for the responsibilities.
- h. NYN D25 Email Contact: Maggie E. (until DR position filled)
- i. E-meeting Host: Tonilynn taking over for Maggie E. who will fill in as back-up E-meeting host when needed.
- j. Alternate DR: Maggie E. was voted in at the April District meeting so the District will have a vote in matters where DR vote is necessary.

4/11/26 AIS monthly meeting report :

Bullet points:

It's time to review and revise the AIS Rochester By Laws. Significant changes are needed.
Julie is looking for interested people who want to help in this work group. If you're interested, please reach out to her at jab.111662@gmail.com

- Deb is planning the Tureen Supper and forming a planning committee. Meetings will be held via Zoom. The top priority need is a co-chair to help this year and take over next year. Please take this to your groups. Interested volunteers should contact Deb at activities@aisrochester.org
- Prudent reserve proposal was tabled until next month. Considerations from the Concepts, Traditions, and Service Manual were raised for the Finance Committee's next meeting. Following that discussion, an ad hoc committee of Mary Ann, Carolyn, Dave T. and Terry D. will be formed for additional deliberation.

- Brenda thanked everyone who participated in the AIS Service workshop last month. She's seeking feedback on what went well, what we could improve, and what info to cover if we hold a future service workshop.
- Just a reminder that monthly Trusted Servant Meetups are occurring. See the AIS event calendar for details.
- Terry D. is seeking more volunteers at the AIS office. To volunteer please email office@aisrochester.org
- John has placed 3 literature orders in the last month. Paths to Recovery and the Groups That Work pamphlet are both on the way.

4/12/26 Trusted Servant meeting. Ellen V Topic: My Responsibilities as an Al-Anon member, GR or DR

Outreach report:

Nazareth Health Fair 4/7/26 11-1

April 18th Outreach at East High from 11-4

Maggie from Newark Sunday Serenity will be volunteering at United We Stand (in Lyons, NY) 1-2x a month. They are seeing a broad group of people coming out of the jail who could benefit from Al-Anon who don't know how to find us. I will be hosting Outreach at Newark Public Library for the 3rd year, every Wed. in September 1130-4 for Recovery month. All welcome to help with either.

Fall Assembly/ Convention in Binghamton this Sept. in person only. Theme: Learning from the Past...Contributing to the Future. Looking for volunteers to fill the many positions.

To Register for Assembly and/or to volunteer at : www.nynafg.com webpage.

Deadline for pre-registration to Assembly, hotel registration and banquet is August 7, 2026.

***So groups can plan for the cost to send GR to the Assembly. Also, additional group expenses for meals and mileage.

For room reservations call: 607-722-1212,(mention NYNAFG for room rate)

Single or Double (2 Queen beds) \$139 plus \$25.02 tax = \$164.02

Triple or Quad (2 Queen beds) \$169 plus \$30.42 tax = \$199.42

King \$139 plus \$25.02 tax = \$164.02

King studio \$199 plus \$35.82 tax = \$234.82

Room reservation deadline is August 7, 2026.

*****Link to District 25 Proposed Budget 2026*****

https://docs.google.com/spreadsheets/d/1NKOXh-1LYq3pv4cGQezACP_r4xat1og35vkwm4S4J08/edit?usp=sharing

*****District topics*****

- Confirm next District 25 meeting date of June 6 **Note that the Rochester AIS website lists our meetings on the first Saturday by default until further notice.
- District leadership transition plan: Discuss approach for continuing to fulfill District purposes given multiple unfilled officer positions:
 - As Alternate DR, Maggie will prepare District meeting agendas and facilitate the meetings. She is starting to receive NYN D25 emails and also attending the AWSC, Assemblies and AIS meetings so she can pass on information to D25 groups.

Next NY North Trusted Servant meetups (formerly GR/DR meetups) on Zoom Meeting ID: 829 5131 1512 Passcode: 341891

- May 4, 2026 6pm Topic: What happens at an AWSC meeting and Assembly?

Spring AWSC meeting: Fri. May 15th 7pm-830PM Zoom only

May 21st 7-8pm Spring New GR Meeting zoom only

May 21st 730-830pm Spring Alateen Interest meeting Zoom only

Spring Assembly: Sat. May 30th 9-4pm Zoom only

Monday June 8th 6pm All welcome Topic: Service above the group level

Summer AWSC meeting: Sat. Aug. 15th 9-1PM Zoom only

Fall AWSC meeting; Thurs. Sept. 10th 7-830 pm Zoom only

Fall New GR meeting Date: TBD Zoom only

Fall Alateen Interest meeting Date: TBD Zoom only

Fall Election/Assembly/Convention: Fri. Sept 18 3pm-Sunday Sept 20 till noon.
in person only at Holiday Inn in Binghamton, NY. (see attached flyer)

- Other Meetings:
- Monthly AIS Meeting May 9 10am Zoom only
- AIS Roch. Public Outreach Meeting May 20th 6pm Zoom only
- May 12 Faith and Hope groups Anniversary at Noon. St. Ann's Church on Mt Hope Avenue Rochester.
- May 18 - 45th Anniversary Meeting at Mary Magdalene Church at Noon for regular attendees. Only holds 15-18 people.

Rochester AIS news/newsletter:

- NY North Area Northern Hi Lights newsletter
Vera M. volunteered to report
- WSO In the Loop
Susan M will report

Maggie reported there is an article “ In the Loop” suggesting each group designate a person who could be a WSO contact for their meeting. WSO maintains meeting lists and they take calls from newcomers looking for meetings. If your group has such a person on file, the newcomer could be contacted to talk with them prior to attending your meeting . This makes newcomers more comfortable knowing someone will be looking for them and understanding how your meeting works.

*****Group reports and topics*****

Group updates: Group needs, problems and solutions based on the Traditions, projects:

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*****Close with the Al-Anon Declaration*****

Let It Begin With Me.
When anyone, anywhere, reaches out for help
let the hand of Al-Anon and Alateen always be there
and Let It Begin With Me.

*****Flyers*****

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-  **Fall Assembly volunteer flyer**

- **Link to My Responsibilities as an Al-Anon member, GR or DR**
https://docs.google.com/document/d/1KpUUUaGpkBQHkfk4m8u6E_HB5r-80zH9q5IJ4wFxf4/edit?ta=bt.0

*****Donations*****

Please send donations to: District 25, c/o Vera M. District Treasurer
For the address Contact: Susan M. D25 Secretary or Maggie E. NYN D25 email contact.
[Remember to note the WSO/Group number when making Group donations!](#)

FOR REFERENCE:

*****District 25 Groups*****

Sunday 7:00 pm – Newark Sunday Serenity AFG (electronic only)

Monday 12 noon – Monday Sunshine AFG

7:00 pm Webster Monday AFG

Wednesday 1:00 pm – Serenity Seekers AFG

Thursday 7:30 pm – Eastside AFG

8:00 pm – Men's AFG

Saturday 12 noon – Courage to Change AFG

***** District Meeting Purposes (from G-15)*****

- Uniting groups within the District
- Informing groups of news from the Area World Service Committee (AWSC), Area Assembly, & World Service Office (WSO)
- Encouraging members to become involved in service
- Planning program-related events for fun, fellowship, and sometimes fundraising
- Coordinating service and public outreach projects

***** Where to find information and newsletters about our links of service *****

Links of Service pamphlet (S-28)

<https://www.aisrochester.org/>
<https://www.aisrochester.org/newsletter/>
<https://nynafg.com/>
https://nynafg.com/northern_hi_lights.html
<https://al-anon.org>

In the Loop: <https://al-anon.org/for-members/wso/news-from-the-wso/>